

EDUCATION THROUGH SCHOOL SPORT
2024 OFSAA MEET SCHEDULE

DAY 1

TRACK

FIELD

TIME	EVENT	ORDER	TIME	EVENT
3:00 pm	2000m Steeplechase Heats	OG, OB	3:00 pm	LJ - Novice girls TJ - Senior girls PV - Novice boys
3:45 pm	400m Heats	NG, NB, JG, JB, SG, SB	3:45 pm	SP - Open boys (para) - use 2 circles DT - Junior boys JT - Novice boys
4:45 pm	1500m Heats	NG, NB, JG, JB, SG, SB	4:45 pm	
6:15 pm	4 x 100m Heats	NG, NB, JG, JB, SG, SB	6:15 pm	

DAY 2

TRACK

FIELD

TIME	EVENT	ORDER	TIME	EVENT
9:00 am	Sprint Hurdle Heats	NG, JG, SG, NB, JB, SB	9:00 am	LJ - Junior girls TJ - Junior boys HJ - Novice boys PV - Novice girls
9:15 am			9:15 am	SP - Novice girls DT - Junior girls JT - Senior girls
10:30 am	OPENING CEREMONIES		10:30 am	OPENING CEREMONIES
11:00 am	100m Heats	I.I., V.I, Amb, NG, NB, JG, JB, SG, SB	11:00 am	
12:00 pm			12:00 pm	LJ - Senior girls TJ - Novice girls PV - Junior boys HJ - Senior boys
12:15			12:15 pm	SP - Novice boys DT - Senior boys JT - Junior boys
12:30 pm	2000m Steeplechase Finals	OG, OB	12:30 pm	
1:00 pm	Sprint Hurdle Finals	NG, JG, SG, NB, JB, SB	1:00 pm	
1:30 pm	100m FINALS	I.I., V.I, Amb, NG, NB, JG, JB, SG, SB	1:30 pm	
2:15 pm	400m FINALS	NG, NB, JG, JB, SG, SB	2:15 pm	
3:00 pm	1500m FINALS	NG, NB, JG, JB, SG, SB	3:00 pm	LJ - Novice boys TJ - Senior boys HJ - Junior boys PV - Senior girls
3:15 pm			3:15 pm	SP - Junior girls and Open girls (para) 2 circles DT - Senior girls
4:00 pm	4 X 100m FINALS	SG, SB, JG, JB, NG, NB	4:00 pm	
5:15 pm	4 X 400M Heats	OG, OB	5:15 pm	

EDUCATION THROUGH SCHOOL SPORT
2024 OFSAA MEET SCHEDULE

DAY 3

TRACK

FIELD

TIME	EVENT	ORDER		TIME	EVENT
9:00 am	Intermediate Hurdles Heats	NG, JG, SG, NB, JB, SB		9:00 am	LJ - Senior boys TJ - Novice boys HJ - Novice girls PV - Junior girls SP - Junior boys DT - Novice boys JT - Senior boys
10:30 am	800m Heats	I.I, V.I, Amb, SG, SB, JG, JB, NG, NB		10:30 am	
12:00 pm	200m Heats	WC, SG, SB, JG, JB, NG, NB		12:00 pm	LJ - Junior boys TJ - Junior girls HJ - Senior girls PV - Senior boys SP - Senior girls DT - Novice girls JT - Junior girls
1:30 pm	Intermediate Hurdles FINALS	NG, JG, SG, NB, JB, SB		1:30 pm	
2:00 pm	3000m FINALS	SG, SB		2:00 pm	
2:30 pm	800m FINALS	I.I., V.I., Amb, SG, SB, JG, JB, NG, NB		2:30 pm	
3:00 pm				3:00 pm	SP - Senior boys JT - Novice girls HJ - Junior girls
3:20 pm	3000m FINALS	JG, JB		3:20 pm	
3:50 pm	200m FINALS	WC, SG, SB, JG, JB, NG, NB		3:50 pm	
4:15 pm	3000m FINALS	NG, NB		4:15 pm	
4:45 pm	4 X 400m FINALS	OG, OB		4:45 pm	
5:15 pm	Presentation of Awards	NG, NB, JG, JB, SG, SB, OVERALL BOYS & OVERALL GIRLS BANNERS		5:15 pm	Presentation of Awards