

PAST OFSAA FOOTBALL BOWL CHAMPIONS

As compiled by Campbell Blake and John Metcalfe

Northern Bowl

Year	Champ	Runner Up	Score
2022	Korah CVS (Sault Ste Marie)	Jacob Hespler (Cambridge)	52-14
2021	Korah CVS (Sault Ste Marie)	St, Ignatius (Thunder Bay)	35-7
2020	Covid 19 - no games		
2019	Korah CVS (Sault Ste Marie)	Holy Cross (Peterborough)	31-21
2018	Holy Names (Windsor)	Huron Heights (Newmarket)	24-12
2017	Sir Winston Churchill (Thunder Bay)	West Ferris (North Bay)	36-14
2016	Etobicoke CI	Superior Heights (Sault)	30-18
2015	Westdale SS (Hamilton)	St. Ignatius (Thunder Bay)	26-17
2012	St. Mary's College (Sault)	Sir Winston Churchill (Thunder Bay)	47-28
2011	Superior Heights (Sault)	Sir Winston Churchill (Thunder Bay)	34-28
2010	Superior Heights (Sault)	Westgate (Thunder Bay)	17-3
2009	Sir James Dunn (Sault)	Sir Winston Churchill (Thunder Bay)	34-7
2008	St. Mary's College (Sault)	Hammarskjold (Thunder Bay)	31-8
2007	Westgate (Thunder Bay)	St. Mary's College (Sault)	21-16
2006	St. Mary's College (Sault)	Westgate (Thunder Bay)	52-10
2005	Hammarskjold (Thunder Bay)	Widdifield (North Bay)	17-3
2004	West Ferris (North Bay)	Hammarskjold (Thunder Bay)	27-22

Golden Horseshoe Bowl

Year	Champ	Runner Up	Score
2022	Bishop Tonnos (Ancaster)	A N Myer (Niagara Falls)	30-3
2021	Westmount (Hamilton)	Chaminade College (Toronto)	17-7
2020	Covid 19 - no games		
2019	St. Thomas More (Hamilton)	W F Herman (Windsor)	27-0
2018	Lorne Park (Mississauga)	St. Paul (Niagara Falls)	21-3
2017	St. Thomas More (Hamilton)	Notre Dame College School (Welland)	57-7
2016	Nelson (Burlington)	St. Marcellinius (Mississauga)	27-6
2015	St. Thomas More (Hamilton)	Chaminade College (Toronto)	49-8
2012	Lakeshore Catholic (Port Colborne)	M.M. Robinson (Burlington)	29-28
2011	Nelson (Burlington)	St. Paul (Niagara Falls)	37-0
2010	Notre Dame (Burlington)	Lakeshore Catholic (Port Colborne)	16-14
2009	Notre Dame (Burlington)	Lakeshore Catholic (Port Colborne)	33-10
2008	Lakeshore Catholic (Port Colborne)	Notre Dame (Burlington)	8-7
2007	St. Thomas More (Hamilton)	Bishop Ryan (Hamilton)	14-7
2006	St. Thomas More (Hamilton)	Lakeshore Catholic (P Colborne)	39-33 (30t)
2005	Nelson (Burlington)	Notre Dame College School (Welland)	14-9
2004	Assumption (Burlington)	St. Jean de Brebeuf (Hamilton)	35-32
2003 East	St. Andrew's College (Aurora)	Markham DHS	7-6
2003 West	Lakeshore Catholic (Port Colborne)	Waterdown DHS	24-22
2002	De La Salle College (Toronto)	Nelson (Burlington)	21-14
2001	St. Andrew's College (Aurora)	St. Mary (Pickering)	35-21

National Capital Bowl

Year	Champ	Runner Up	Score
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2022	St Matthew (Orleans)	Northern (Toronto)	24-15
2021	Covid 19 - no game		
2020	Covid 19 - no games		
2019	Westmount SS (Hamilton)	Ashbury College (Ottawa)	44-6
2018	Korah CVS (Sault Ste Marie)	St. Peter (Orleans)	45-12
2017	Arnprior	Nantyr Shores (Innisfil)	28-10
2016	Crestwood (Peterborough)	Frontenac (Kingston)	19-18
2015	W.F. Herman (Windsor)	Frontenac (Kingston)	56-3
2012	Frontenac (Kingston)	St. Joan of Arc (Barrie)	37-30
2011	Frontenac (Kingston)	Crestwood (Peterborough)	49-11
2010	Crestwood (Peterborough)	Sydenham	16-13 (ot)
2009	St. Peter (Orleans)	Crestwood (Peterborough)	37-22
2008	Frontenac (Kingston)	Crestwood (Peterborough)	36-1
2007	Frontenac (Kingston)	Crestwood (Peterborough)	15-10
2006	St. Mark (Manotick)	Frontenac (Kingston)	10-8
2005	St. Peter (Orleans)	Sydenham	24-10
2004	Crestwood (Peterborough)	Almonte	23-5
2003	Almonte	Crestwood (Peterborough)	17-2
2002	Frontenac (Kingston)	Ashbury College (Ottawa)	56-6
2001	Frontenac (Kingston)	St. Mark (Manotick)	29-20
2000	Centennial (Belleville)	Ashbury College (Ottawa)	43-7

Western Bowl

Year	Champ	Runner Up	Score
2022	Sir Wilfrid Laurier (London)	Huron Heights (Newmarket)	13-12
2021	Covid 19 - no game		
2020	Covid 19 - no games		
2019	Huron Heights (Newmarket)	A B Lucas (London)	41-19
2018	St. Thomas More (Hamilton)	Catholic Central (London)	26-9
2017	Holy Names (Windsor)	South (London)	21-17
2016	W.F. Herman (Windsor)	Huron Heights (Newmarket)	13-7
2015	Catholic Central (London)	St. Peter (Orleans)	40-7
2012	W.F. Herman (Windsor)	Assumption College (Brantford)	36-22
2011	A. B. Lucas (London)	Northern (Sarnia)	24-6
2010	W.F. Herman (Windsor)	Assumption College (Brantford)	48-23
2009	Mother Teresa (London)	Northern (Sarnia)	10-0
2008	Resurrection (Kitchener)	W.F. Herman (Windsor)	21-14
2007	Mother Teresa (London)	Holy Names (Windsor)	30-7
2006	St. Thomas Aquinas (London)	Guelph CI	40-7
2005	Catholic Central (London)	Sandwich (Lasalle)	45-6
2004	Catholic Central (London)	Bluevale (Waterloo)	33-27
2003	Sandwich (Lasalle)	A.B. Lucas (London)	27-4
2002	Sandwich (Lasalle)	Northern (Sarnia)	42-7
2001	Sandwich (Lasalle)	South (London)	24-10
2000	W.F. Herman (Windsor)	Catholic Central (London)	26-0

Metro Bowl

Year	Champ	Runner Up	Score
2022	Resurrection (Kitchener)	Chaminade College (Toronto)	56-14

2021	St. Roch CSS (Brampton)	St. Michael's College (Toronto)	48-0
2020	Covid 19 - no games		
2019	Chaminade College (Toronto)	Notre Dame College School (Welland)	47-6
2018	St. Ignatius (Thunder Bay)	Northern (Toronto)	17-10
2017	Richview (Toronto)	Michael Power St. Joseph (Etobicoke)	52-0
2016	St. Matthew (Orleans)	Michael Power St. Joseph (Etobicoke)	28-7
2015	Resurrection (Kitchener)	Etobicoke CI	31-8
2012	Huron Heights (Newmarket)	Don Bosco (Toronto)	28-14
2011	Donald A. Wilson (Whitby)	St. Andrew's College (Aurora)	21-14 (ot)
2010	Holy Trinity (Courtice)	King City	28-3
2009	Markham DHS	Birchmount Park (Scarborough)	19-0
2008	St. Michael's College (Toronto)	Donald A. Wilson (Whitby)	42-12
2007	St. Michael's College (Toronto)	Huron Heights (Newmarket)	16-14
2006	St. Michael's College (Toronto)	Pickering (Ajax)	18-0
2005	Pickering (Ajax)	Huron Heights (Newmarket)	24-19
2004	St. Michael's College (Toronto)	Pickering (Ajax)	22-15
2003	Cedarbrae (Scarborough)	Northern (Toronto)	20-14
2002	St. Michael's College (Toronto)	Etobicoke CI	42-6
2001	Richview (Toronto)	Central Technical (Toronto)	37-0
2000	Lorne Park (Mississauga)	Notre Dame (Burlington)	11-0
1999	Nelson (Burlington)	Central Technical (Toronto)	22-20
1998	St. Michael's College (Toronto)	Agincourt (Scarborough)	43-6
1997	Nelson (Burlington)	Cedarbrae (Scarborough)	14-7
1996	Clarkson (Mississauga)	St. Michael's College (Toronto)	27-0
1995	St. Patrick (Sarnia)	Mayfield (Brampton)	37-34 (ot)
1994	Northern (Toronto)	St. Patrick (Sarnia)	30-21
1993	St. Patrick (Sarnia)	St. Michael's College (Toronto)	20-5
1992	West Hill (Scarborough)	Markham DHS	24-6
1991	Richview (Toronto)	Central Technical (Toronto)	42-24
1990	Northern (Toronto)	Markham DHS	14-11
1989	Sir John A MacDonald (Scarborough)	Michael Power St. Joseph (Etobicoke)	27-8
1988	Central Technical (Toronto)	Pickering (Ajax)	21-12
1987	Central Technical (Toronto)	Paul Dwyer (Oshawa)	20-14
1986	Victoria Park (Toronto)	Markham DHS	21-12
1985	Woburn (Scarborough)	Victoria Park (Toronto)	36-7
1984	Georges Vanier SS (Richmond Hill)	Northern (Toronto)	36-5
1983	Woburn (Scarborough)	East York	21-14
1982	St. Michael's College (Toronto)	Woburn (Scarborough)	13-0

Eastern Bowl

Year	Champ	Runner Up	Score
2022	Frontenac (Kingston)	Belle River	15-9
2021	Frontenac (Kingston)	Centennial (Belleville)	37-7
2020	Covid 19 - no games		
2019	Holy Cross (Kingston)	Richview CI (Toronto)	20-18
2018	Holy Cross (Kingston)	Thomas A Stewart (Peterborough)	26-8
2017	Holy Trinity (Courtice)	Crestwood (Peterborough)	28-23
2016	St. Thomas More (Hamilton)	Paul Dwyer (Oshawa)	38-15
2015	Paul Dwyer (Oshawa)	St. Joan of Arc (Barrie)	35-7

Central Bowl

Year	Champ	Runner Up	Score
2022	St. Patrick (Thunder Bay)	St Roch CSS (Brampton)	24-13
2021	Notre Dame College School (Welland)	North Park CVS (Brantford)	50-7
2020	Covid 19 - no games		
2019	St Marcellinius (Mississauga)	Paul Dwyer (Oshawa)	48-0
2018	Jacob Hespeler (Cambridge)	Gananoque	48-0
2017	Lorne Park (Mississauga)	Jacob Hespeler (Cambridge)	29-25
2016	A.N. Myer (Niagara Falls)	Jacob Hespeler (Cambridge)	50-7
2015	St. Roch (Brampton)	Adam Scott (Peterborough)	20-7

Simcoe Bowl

Year	Champ	Runner Up	Score
2022	Holy Trinity (Courtice)	Bear Creek (Barrie)	26-24
2021	Covid 19 - no game		
2020	Covid 19 - no games		
2019	Westgate (Thunder Bay)	St. Joan of Arc (Barrie)	28-13
2018	Holy Trinity (Courtice)	St. Joan of Arc (Barrie)	38-21
2017	Huron Heights (Newmarket)	St. Matthew (Orleans)	40-6
2016	St. Ignatius (Thunder Bay)	Bear Creek (Barrie)	29-16
2015	Huron Heights (Newmarket)	Superior Heights (Sault)	48-0

Independent Bowl

Year	Champ	Runner Up	Score
2022	Thomas A Stewart (Peterborough)	St Michael's College (Toronto)	48-7
2021	Huron Heights (Newmarket)	St. Thomas More (Hamilton)	14-6
2020	Covid 19 - no games		
2019	Nelson HS (Burlington)	Assumption College (Brantford)	35-14
2018	Ashbury College (Ottawa)	Chaminade College (Toronto)	24-21
2017	St. Michael's College (Toronto)	Cardinal Newman (Stoney Creek)	21-18
2016	South (London)	McKinnon Park (Caledonia)	64-0
2015	A.N. Myer (Niagara Falls)	Cardinal Newman (Stoney Creek)	16-14

2014 at McMaster University - Hamilton

Game	Champ	Runner Up	Score
1	Chaminade College (Toronto) TDCAA	Sir Allan MacNab (Hamilton) SOSSA	35-7
2	A.N. Myer (Niagara Falls) SOSSA	Adam Scott (Peterborough) COSSA	39-31
3	Frontenac (Kingston) EOSSAA	Richview (Toronto) TDSSAA	24-20
4	Superior Heights (Sault) NOSSA	St. Joan of Arc (Barrie) GBSSA	26-7
5	Holy Trinity (Oakville) GHAC	St. Peter (Orleans) NCSSAA	50-16
6	A.B. Lucas (London) WOSSAA	Paul Dwyer (Oshawa) LOSSA	35-28
7	Lorne Park (Mississauga) ROPSSAA	St. Ignatius (Thunder Bay) NWOSSAA	37-25
8	Assumption (Burlington) GHAC	Assumption (Brantford) CWOSSA	28-9
9	W.F. Herman (Windsor) SWOSSA	Bill Crothers (Markham) YRAA	29-14

2013 at Centennial Stadium - Etobicoke

Game	Champ	Runner Up	Score
1	Lorne Park (Mississauga) ROPSSAA	Frontenac (Kingston) EOSSAA	32-1
2	Crestwood (Peterborough) COSSA	Sir Wilfrid Laurier (Ottawa) NCSSAA	17-13
3	Richview (Toronto) TDSSAA	West Ferris (North Bay) NOSSA	12-10
4	Assumption (Brantford) CWOSSA	Westdale (Hamilton) SOSSA	24-13
5	W.F. Herman (Windsor) SWOSSAA	Upper Canada College (Toronto) CISAA	42-7
6	St. Mary (Pickering) LOSSA	Westgate (Thunder Bay) NWOSSAA	20-13
7	Huron Heights (Newmarket) YRAA	Catholic Central (London) WOSSAA	29-9
8	Don Bosco (Toronto) TDCAA	Cardinal Newman (Stoney Creek) GHAC	21-11
9	St. Joan of Arc (Barrie) GBSSA	Central Technical (Toronto) TDSSAA	35-1