





305 Milner Avenue, Suite 207
Toronto, ON
M1B 3V4
Phone: (416) 426-7391

President's Message of Welcome OFSAA Cross Country Championship November 4, 2023

On behalf of the Ontario Federation of School Athletic Associations, I welcome you to Etobicoke, Ontario, and the 2023 Cross Country Championship. These events are truly special and for many, rare opportunities to represent yourself, your school and your association at the highest level of school sport, and frequently you only have one opportunity. At OFSAA, we take pride in these events and hope that you have the best experience possible. It is our hope that you compete at your highest level with great sportsmanship and that when finished, you can look back on this with fond memories of a truly exceptional, educational athletic experience.

I would like to express our thanks to convenors David Tepper, Glenn Duncan, and Marco Li, as well as the members of their organizing committee from the Toronto District Secondary School Athletic Association for the countless hours of work in preparation for this Championship. Without our volunteers and our convenors, we would not be able to host these events. Thank you for your commitment to school sport, and for opening your community to welcome participants this week. OFSAA events can take on a whole community vibe and we sincerely appreciate the hospitality of our hosts, the sponsors, and the community.

A quick message to our teacher coaches...THANK YOU! I know the time commitment, hundreds of hours a year, often multiple sports and mostly, away from your own families. But you do make a difference for your athletes. Because of you, they have a richer high school experience and we hope that this week only adds to their memories. Congratulations on your success so far this season! Making it here is a great achievement in itself.

Finally, to our athletes. Congratulations to you as well. Your hard work, perseverance, and commitment to your sport and your teammates allowed you to earn the right to be here today. Please take time over the next few days to thank those who have supported you and provided this opportunity to you. I wish you the very best of luck during the competition and hope you have a memorable experience at the Championship. This is OFSAA's 75th anniversary year and we will be celebrating many years of memories throughout this year. Enjoy the competition, and go and make your own OFSAA memories this week!

Good luck and enjoy the Championship!

A handwritten signature in blue ink, appearing to read 'Scott Barr'.

Scott Barr
OFSAA President



OFSAA CROSS COUNTRY

WELCOME LETTER



2023 OFSAA CROSS COUNTRY

MESSAGE FROM THE 2023 OFSAA CROSS COUNTRY CONVENORS

OCTOBER 1ST, 2023

We would like to welcome everyone to the 2023 OFSAA Cross Country Championship on behalf of the Organizing Committee. The committee has shown tremendous commitment to striving to make this OFSAA 75th anniversary Championship a memorable experience for all participants. We are excited and hopeful for all OFSAA athletes to leave this weekend with lifelong incredible memories. We encourage everyone to attend this year's award ceremonies as our distinguished presenters represent OFSAA champions from across the past seven decades.

It has been many years since the TDSSAA has hosted an OFSAA cross country championships and we are grateful to continue the honoured tradition hosting at Centennial Park. We have annually held numerous local meets including the TDSSAA championships at this venue and are excited about this spectator friendly, fantastic course.

We would like to thank Nike Canada for their continued support of OFSAA cross country. They have shown dedication into making this a student-focused event. The Nike Experience guarantees to be different and interactive, including a retail-focused space and introducing pre-purchase merchandise for the first time.

We would also like to thank our over 250 staff and student volunteers from Toronto's Public, Catholic, and Private schools who eagerly answered the call for help to make this weekend such a success.

Finally, we are tremendously appreciative of the countless hours our Organizing Committee members have dedicated to making this championship such an incredible event. We feel privileged to have the opportunity to host OFSAA's 75th anniversary and have striven to make this year's championships one that honours tradition, while also encouraging innovation. We wish everyone competing best of luck and have a fantastic weekend.

2023 OFSAA Cross Country Convenors,

Glenn Duncan
Birchmount Park C.I.
Toronto, ON

Marco Li.
Riverdale C.I.
Toronto, ON

David Tepper
Newtonbrook S.S.
Toronto, ON

WELCOME LETTER



Message from the Mayor

It is my pleasure to extend greetings and a warm welcome to everyone participating in the Ontario Federation of School Athletic Associations' (OFSAA) Cross Country Provincial Championship hosted by the Toronto District School Board.

Best wishes to all of the students from school boards across Ontario who are participating in this competition. Thank you to the organizers for creating an opportunity for students to showcase their athleticism. I hope everyone has a wonderful time participating in today's event.

Sporting events like this one promote wellness and encourage people to stay active while taking part in friendly competitions. I am pleased that events like yours are taking place in our city.

On behalf of Toronto City Council, I extend my best wishes for a fun and memorable event.

Yours truly ,

A handwritten signature in blue ink, appearing to read 'Olivia Chow'.

Olivia Chow
Mayor of Toronto

OFFICE OF THE MAYOR
100 QUEEN STREET WEST, TORONTO, ONTARIO, M5H 2N2



OFSSA CROSS COUNTRY

WELCOME LETTER



Office of the Director of Education
5050 Yonge Street, 5th Floor, Toronto, Ontario, M2N 5N8

November 4, 2023

Subject: Welcome to the 2023 OFSSA Cross Country Running Championship

Congratulations to all the student-athletes attending the 2023 Ontario Federation of School Athletic Associations (OFSSA) Cross Country Running Championship!

It is a tremendous accomplishment to earn a spot in this provincial event and I applaud each and every one of you for your dedication and commitment to fitness and sport.

Events like this are truly celebrations of physical activity and community. There is so much learning that happens through sport – and especially on the track. Just as you put one foot in front of the other during every practice and every run (even on days when you might not have felt like it), you have achieved excellence through your teamwork, perseverance, and dedication.

I would also like to extend my appreciation for the staff, volunteers, parents, guardians, caregivers, families, friends, and partners who have contributed their time and effort to make events like this one possible. Regardless of whether you woke up early for dropoff or provided support and mentorship on- and off-season, your collective efforts contributed to the well-being, confidence, and success of our student-athletes.

To the brilliant student-athletes competing today, know that I am incredibly proud of the time, dedication, and tenacity you have put into getting here. Congratulations on all that you have already accomplished, and I wish you the best of luck in the 2023 OFSSA Cross Country Running Championship!

Sincerely,

A handwritten signature in black ink, reading 'Colleen Russell-Rawlings'.

Colleen Russell-Rawlings
Director of Education
Toronto District School Board



UNIVERSITY OF
GUELPH
HUMBER
TORONTO, ON

Your goals.
Your success.

focus
hard work
challenge
friendship
community



OFSAA CROSS COUNTRY

ORGANIZING COMMITTEE

2023 OFSAA CROSS COUNTRY ORGANIZING COMMITTEE

Convenors	
David Tepper	Newtonbrook S.S.
Glenn Duncan	Birchmount Park C.I.
Marco Li	Riverdale C.I.
Executive	
Ashley Masterson	Neil McNeil H.S.
Brad Barker	A.Y. Jackson S.S.
Chris Reid	Lawrence Park C.I.
Jason Wood	Neil McNeil H.S.
Jennifer Bell	Riverdale C.I.
Jennifer Brunner	Central Health & Phys-Ed
Katy Murphy	North Toronto C.I.
Patrick Wood	Track Database
Peter Morris	Retired – TCDSB
Tim Larry	OFSAA




FRIDAY, NOVEMBER 3RD, 2023

COURSE OPEN FOR INSPECTION/PACKAGE PICK-UP 10:00AM – 4:00PM

SATURDAY, NOVEMBER 4TH, 2023
EVENT
TIME

NOVICE GIRLS' CHAMPIONSHIP RACE

10:15AM

PARA ATHLETE MIXED CHAMPIONSHIP RACE

11:00AM

NOVICE BOYS' CHAMPIONSHIP RACE

11:45AM

AWARDS – NOVICE GIRLS, BOYS & PARA

12:30PM

JUNIOR GIRLS' CHAMPIONSHIP RACE

12:30PM

JUNIOR BOYS' CHAMPIONSHIP RACE

1:15PM

AWARDS – JUNIOR GIRLS & BOYS

2:00PM

SENIOR GIRLS' CHAMPIONSHIP RACE

2:00PM

SENIOR BOYS' CHAMPIONSHIP RACE

2:45PM

AWARDS – SENIOR GIRLS, BOYS & OVERALL TEAMS

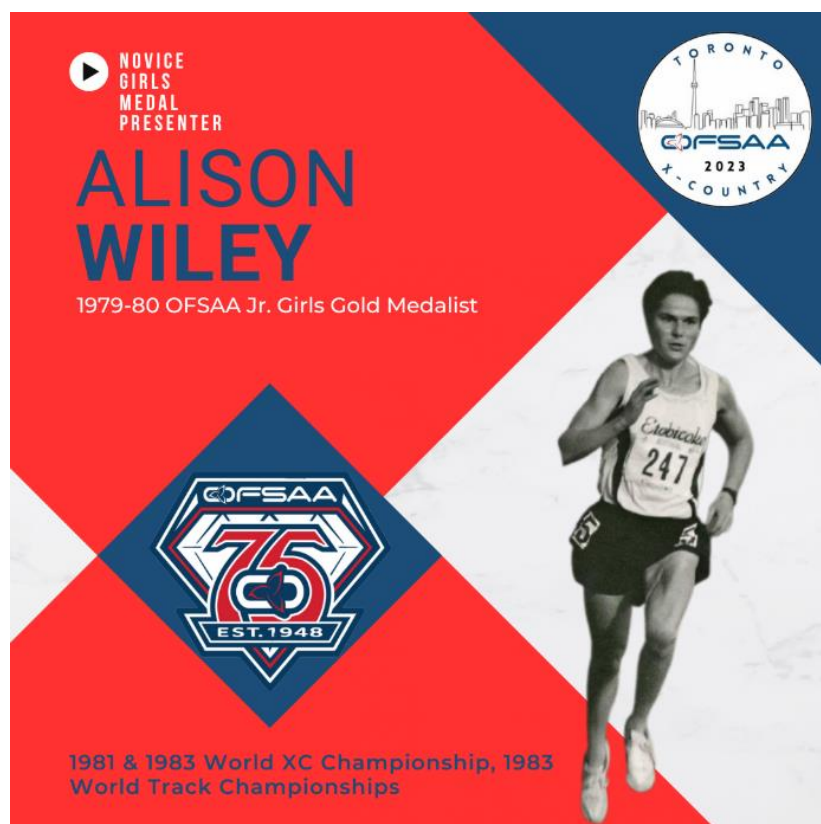
3:30PM



OFSAA CROSS COUNTRY

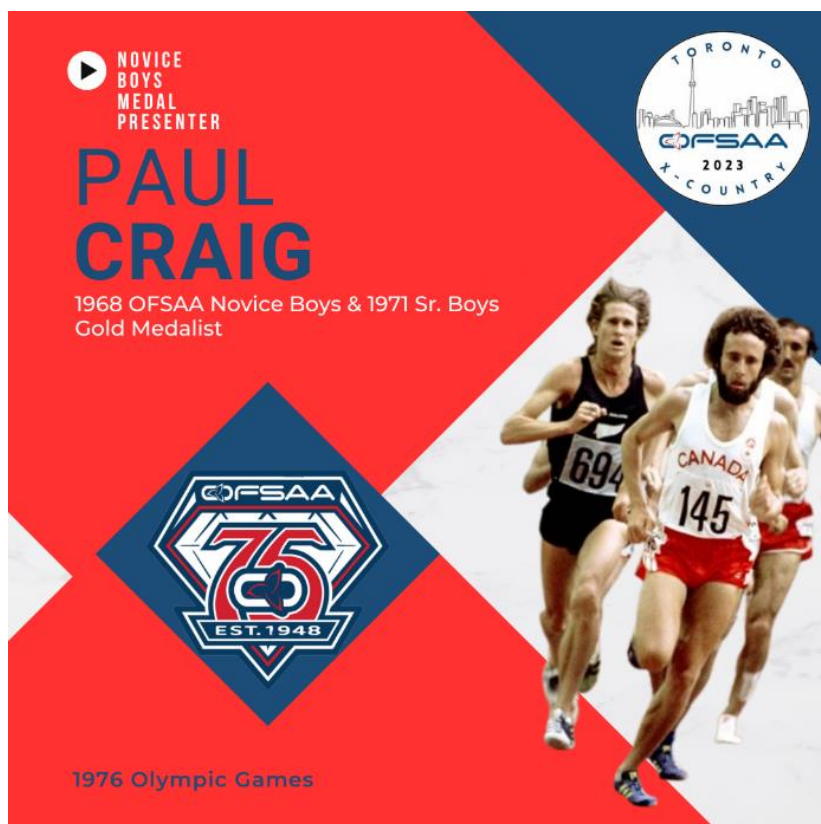
AWARD PRESENTERS NOVICE GIRLS 12:30

Alison Wiley attended Branksome Hall in Toronto. There, she went on to win the 1979-80 OFSAA Jr. Girls races. As a result of her success, she went on to attend Stanford University. There, she won the 3000m in the NCAA Outdoor Championships in 1982, amongst numerous achievements, earning her an induction into the Stanford Hall of Fame in 2006. Internationally, Alison represented Canada in the 1981 and 1983 World XC Championships and the 1983 World Track & Field Championships



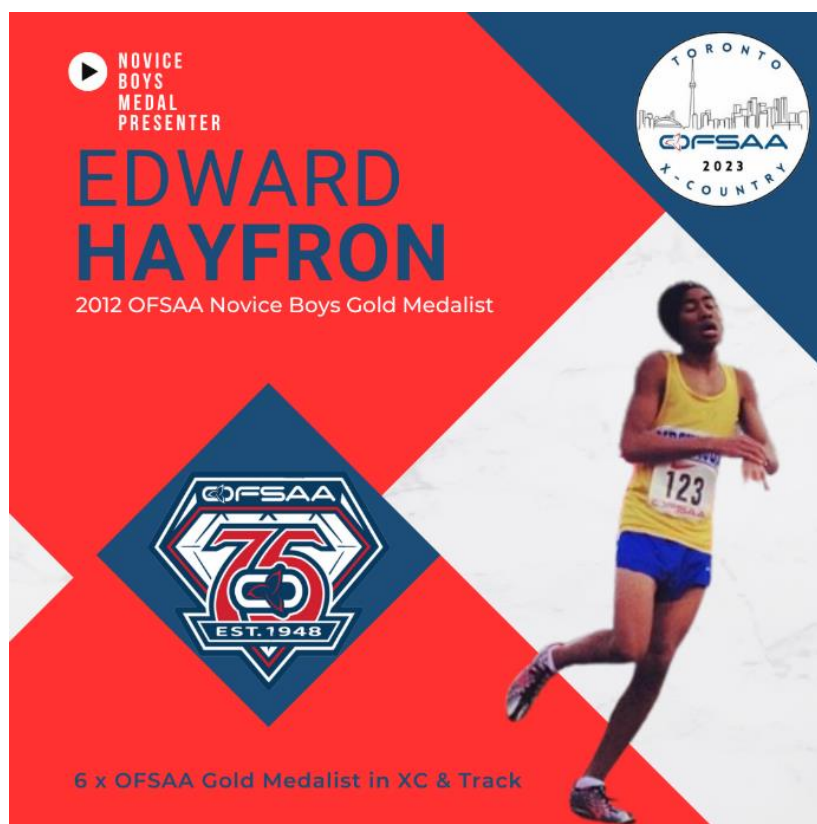
Sheila Reid attended Sacred Heart Catholic High School in Newmarket, ON. There, she went on to place second at the 2004 OFSAA XC Jr. Girls race, and the 2005-06 Sr. Girls races. As a result of her athletic achievements, Sheila earned a scholarship to the University of Villanova. There, she won the individual Division 1 National XC Championship in 2010-11 and also captured the NCAA title in the 1500m and the 5000m in 2011. These achievements were capped off by representing Canada in the 5000m at the Olympic Games in 2012.

AWARD PRESENTERS NOVICE BOYS 12:30



Paul Craig attended Don Mills Collegiate Institute in Toronto with his twin brother John. There, Paul went on to win the 1968 OFSAA XC Novice Boys and 1971 Sr. Boys races. As a result of his athletic achievements, he earned an athletic scholarship to the University of Texas. In 1976, Paul represented Canada in the 1500m at the Olympic Games in Montreal. The brothers also qualified for the 1980 Olympic Games in Moscow, however, they did not go due to the Canadian Boycott. When Paul was finished competing, he taught biology at Crescent School, where he coached the XC and Track and field teams.

Edward Hayfron attended Birchmount Park Collegiate Institute in Toronto. There, he went on to win the 2012 OFSAA XC Novice Boys race. Between XC and Track, Edward won a total of 9 OFSAA medals, 6 of which were Gold. As a result of his athletic achievements, Edward received a scholarship to Iona University. In 2015, he was part of Team Canada at the World Youth Championships.





OFSAA CROSS COUNTRY

AWARD PRESENTERS PARA ATHLETES 12:30

Marissa Papaconstantinou attended Bill Crothers Secondary School in Unionville, ON. There, she made the Canadian team for the 2016 Paralympic Games. She was also a part of the 2017 World Para Athletics World Championships and won bronze at the 2023 edition in the 200m T64 event. Marissa is a Nike sponsored athlete who studied Sports Media at Toronto Metropolitan University.



Audley Salmon Associate
Director, Learning
Transformation and
Equity Toronto District
School Board

AWARD PRESENTERS JUNIOR GIRLS 2:00



Sasha Gollish attended York Mills Collegiate Institute in Toronto. There, she was a strong skier and runner where she was the Athlete of the Year in 1998 and 2000. Sasha went on to attend U of T where she found success as a rookie, only to stop competing when she transferred to Western University. In 2014 she rediscovered her love for running and went on to win a bronze in the 1500m for Canada at the 2015 Pan Am Games. From there she competed for U of T while in graduate school and won numerous OUA and U Sports medals in XC and Track. Amongst Sasha's many achievements, she won the Canadian National XC Championships in 2016, was a member of the National team at the 2017 XC World Championships, and was a member of the National team at the 2019 and 2023 World Track and Field Championships.

Lucia Stafford attended the Toronto French School. There she went on to finish 4th at the 2014 OFSAA Senior Girls race and earned numerous OFSAA track medals in her preferred distances of 800m and 1500m. After furthering her running success at the University of Toronto, Lucia is a Nike sponsored athlete who has gone on to represent Canada at the 2021 Olympic Games, the 2022 indoor and outdoor World Track and Field Championships, Commonwealth Games, and the 2023 World Track and Field Championships.

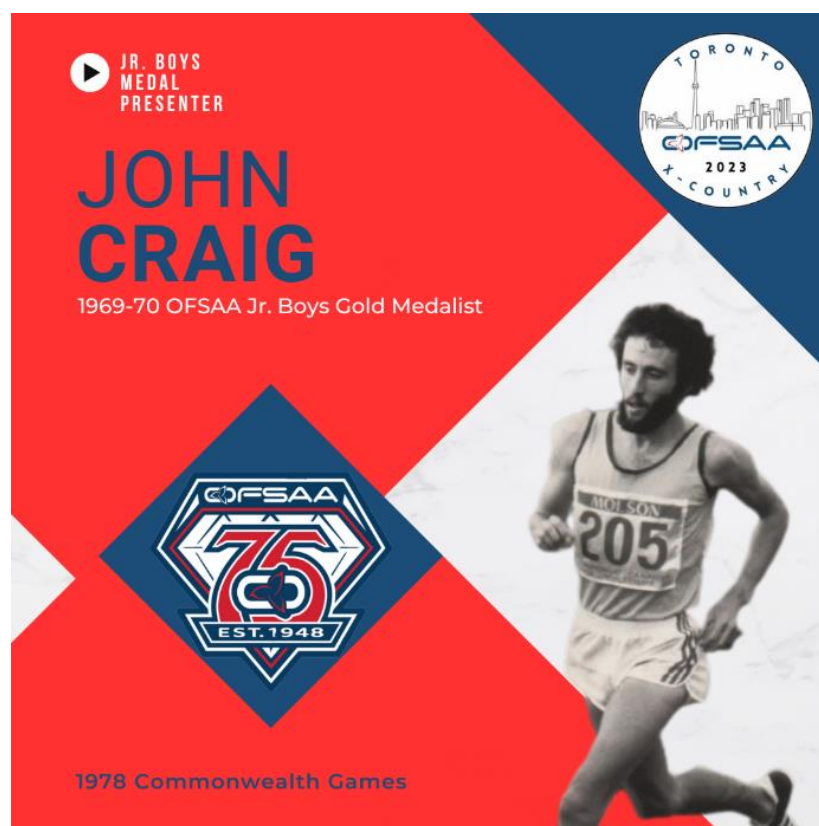




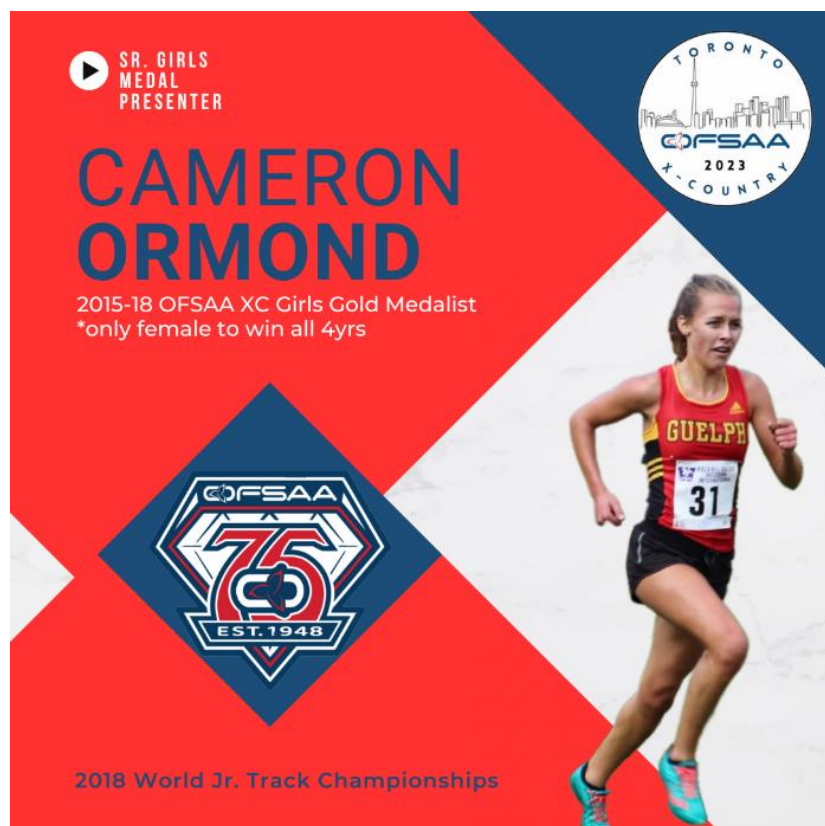
OFSAA CROSS COUNTRY

AWARD PRESENTERS JUNIOR BOYS 2:00

John Craig attended Don Mills Collegiate Institute in Toronto with his twin brother Paul. There, John went on to win the 1969-70 OFSAA XC Junior Boys races. As a result of their athletic achievements, both brothers earned athletic scholarships to the University of Texas. John represented Canada in the 1978 Commonwealth Games and the 1979 Pan Am Games. Both he and his brother qualified for the 1980 Olympic Games in Moscow, however, they did not go due to the Canadian Boycott. John decided to give back to the sport he loved and that gave him so much. When John finished competing, he became a valuable member of the Athletics Ontario staff from 1983 – 2015, holding the roles of Road and Recreation Director; Director of Marketing and administration; Editor and Contributing Writer for Athletics magazine; and finishing with the role of Executive Director.



Alex Hutchison attended the University of Toronto Schools. There, he went on to win the 1991 OFSAA XC Jr. Boys race. Alex went on to represent Canada at the World XC Championships in 2001-02, and 2008, while completing his PhD at Cambridge University in the UK. Currently, he is a National Magazine Award-winning journalist and Outside's Sweat Science columnist, covering the latest research on endurance and outdoor sports. His most recent book is the New York Times bestseller *Endure: Mind, Body, and the Curiously Elastic Limits of Human Performance*.



Cameron Ormond attended Aurora High School in Aurora, ON. There, she made history by being the only person to win OFSAA XC in every year of their high school career. In 2018 Cameron was on the national team at the World Jr. Track Championships. Currently she is in her final year at Guelph.

Jazz Shukla attended Northern Secondary School in Toronto. There, she went on to place 5th at the 2012 OFSAA Novice Girls race, 2nd in the 2016 OFSAA 1500m race and 3rd in the 2106 OFSAA 800m race. Internationally, Jazz has represented Canada at the 2016 World U20 Championships in the 800m and earned a silver medal for Canada at the 2017 Pan Am Junior Games in the 800m. Most recently she was a member of the national team at the 2023 World Track and Field Championships.

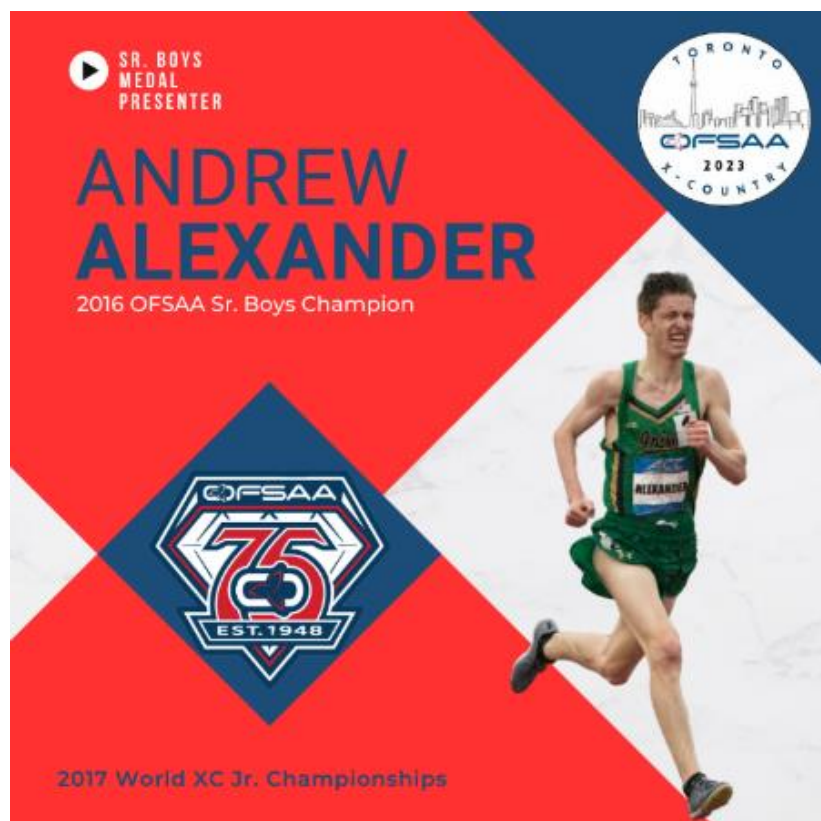
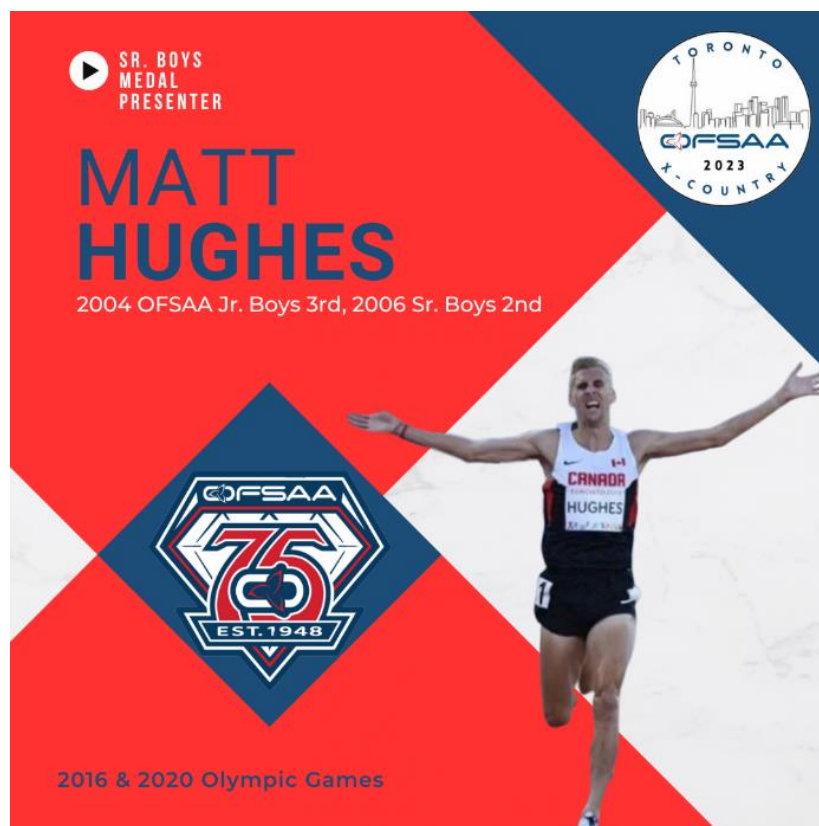




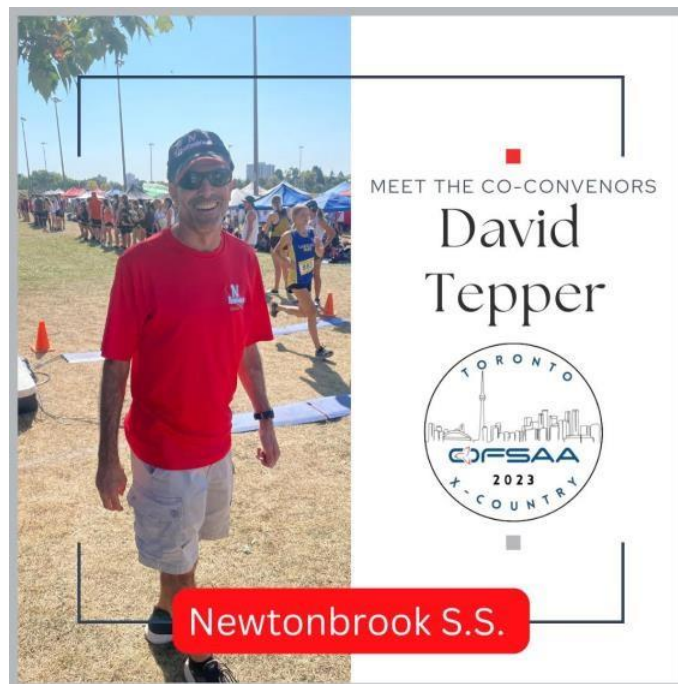
OFSAA CROSS COUNTRY

AWARD PRESENTERS SENIOR BOYS 3:30

Matt Hughes attended Paul Dwyer Catholic High School in Oshawa, ON. There, he went on to place 3rd in the 2004 OFSAA XC Jr. Boys race and 2nd in the 2006 Sr. Boys race. As a result of his athletic achievements, Matt earned an athletic scholarship to the University of Louisville. Most notably, Matt's professional career is highlighted by five track and field World Championships, two Commonwealth Games (2014 & 2018), two Olympic Games (2016 & 2020) and a 2015 Pan Am gold medal in the steeplechase in front of a Toronto home crowd.



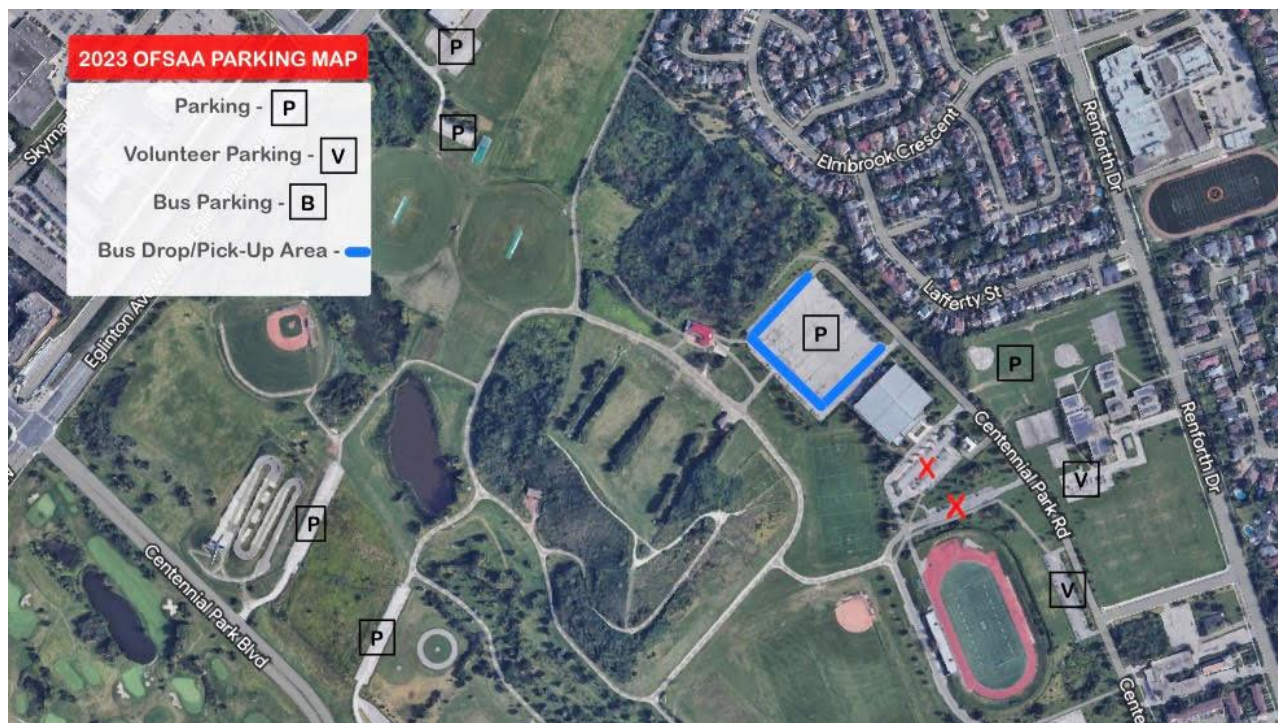
Andrew Alexander attended Neil McNeil Catholic High School in Toronto. There, he went on to win the 2016 OFSAA XC Sr. Boys race. As a result of his athletic achievements, Andrew went on to represent Canada at the World Jr. XC Championships in 2017 and earn a scholarship to the University of Notre Dame. In his time there he placed 3rd in the NCAA 10,000m finals in 2022. Most recently, Andrew was the Canadian Indoor 1500m and 3000m champion, as well as the 2023 TCS Toronto Waterfront Half Marathon winner.





OFSSAA CROSS COUNTRY

PARKING & EMERGENCY CONTACTS



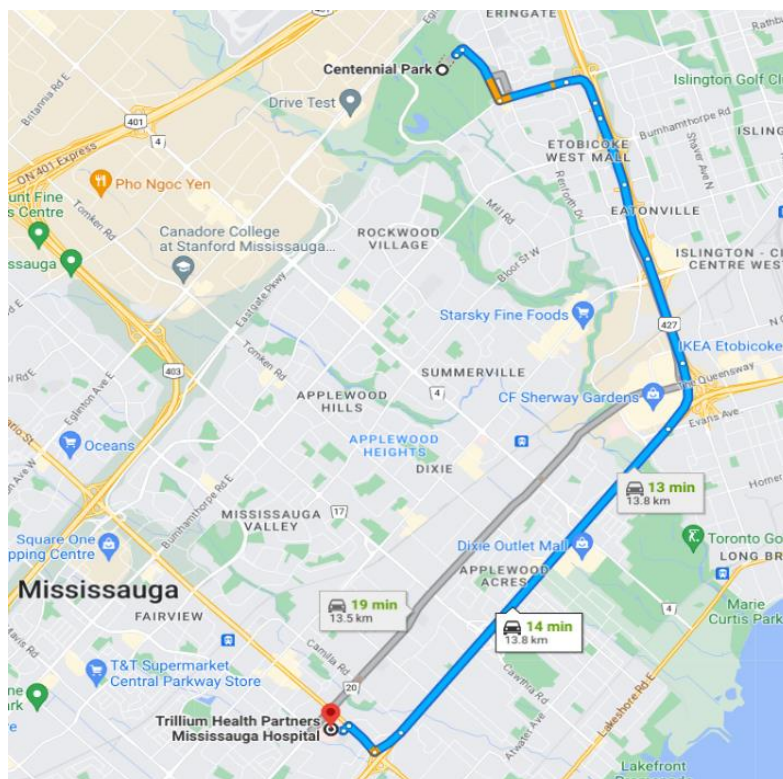
EMERGENCY CONTACTS:

There will be three paramedics on site.
One paramedic will be on a golf cart which follows the athletes.
The other paramedics will be stationed at the ambulance located near the finish line.



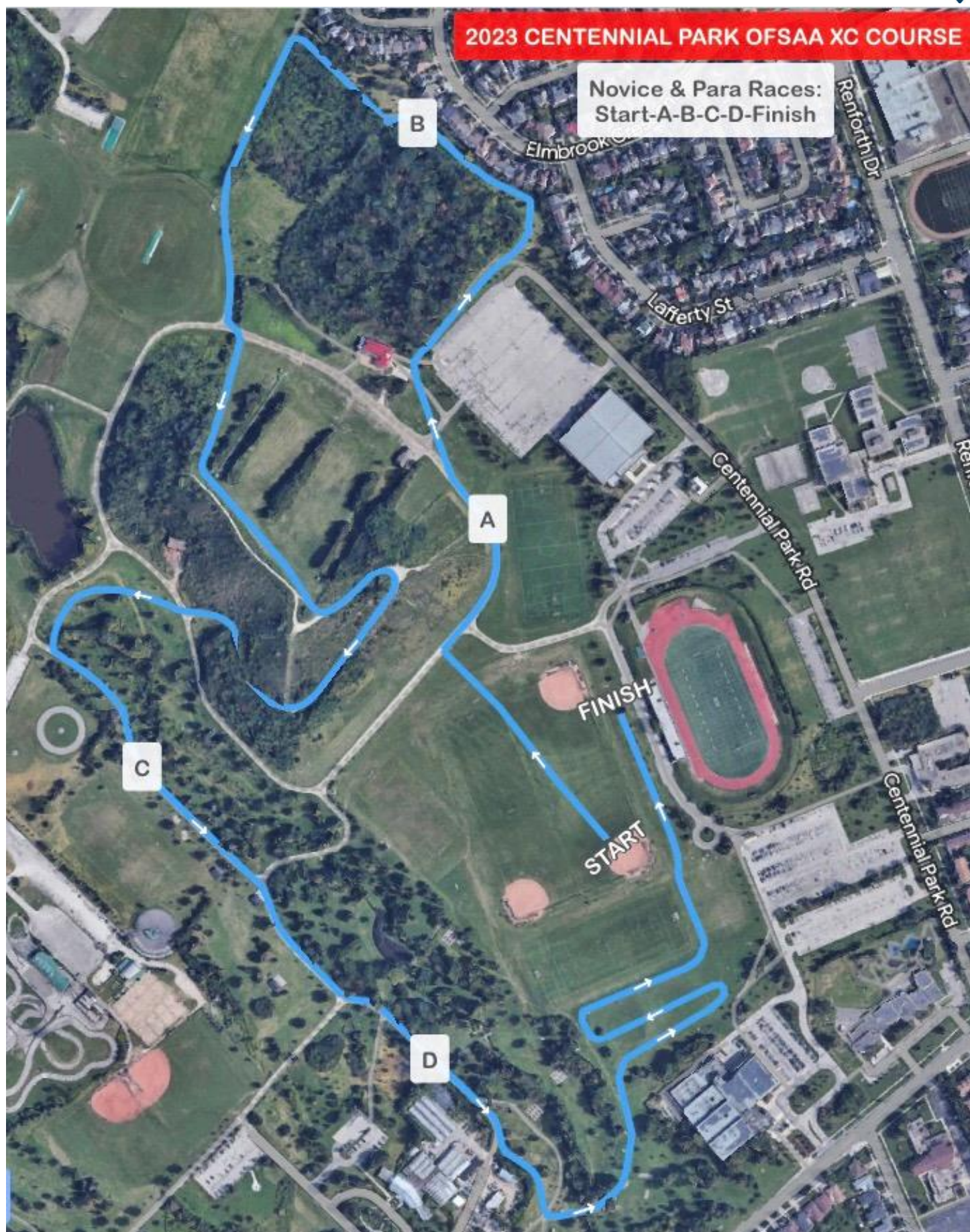
If there is an emergency requiring EMS, please call 911 and use the location:
Centennial Park: 256 Centennial Park Rd, Etobicoke, ON M9C 5N3.

The closest hospital is:
Trillium Health Partners Mississauga
Hospital: 100 Queensway W,
Mississauga, ON L5B 1B8



OFSAA CROSS COUNTRY

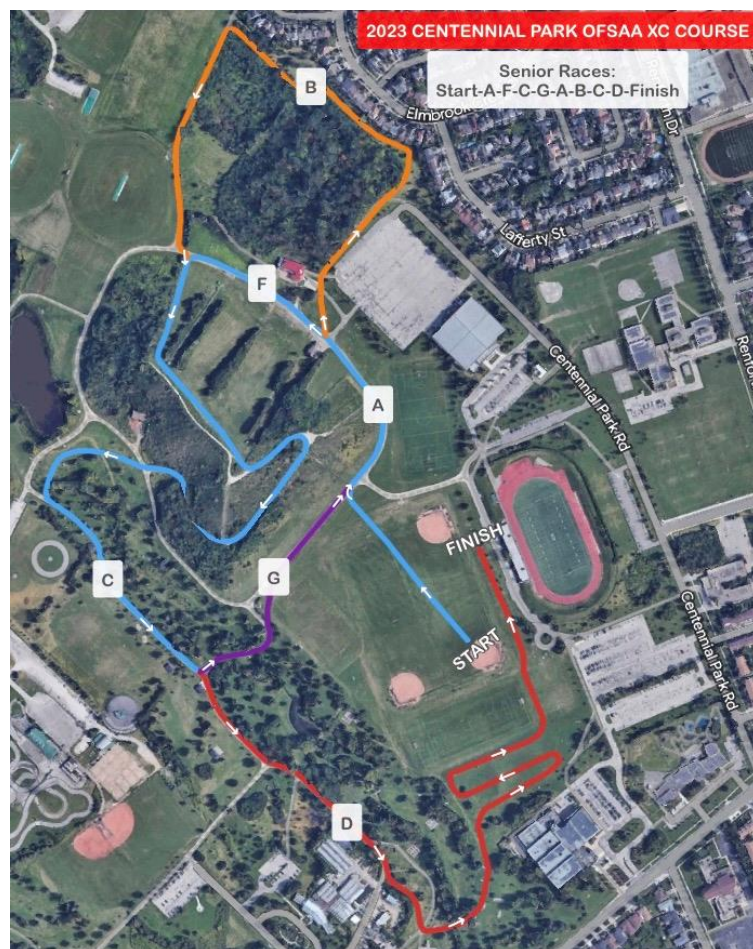
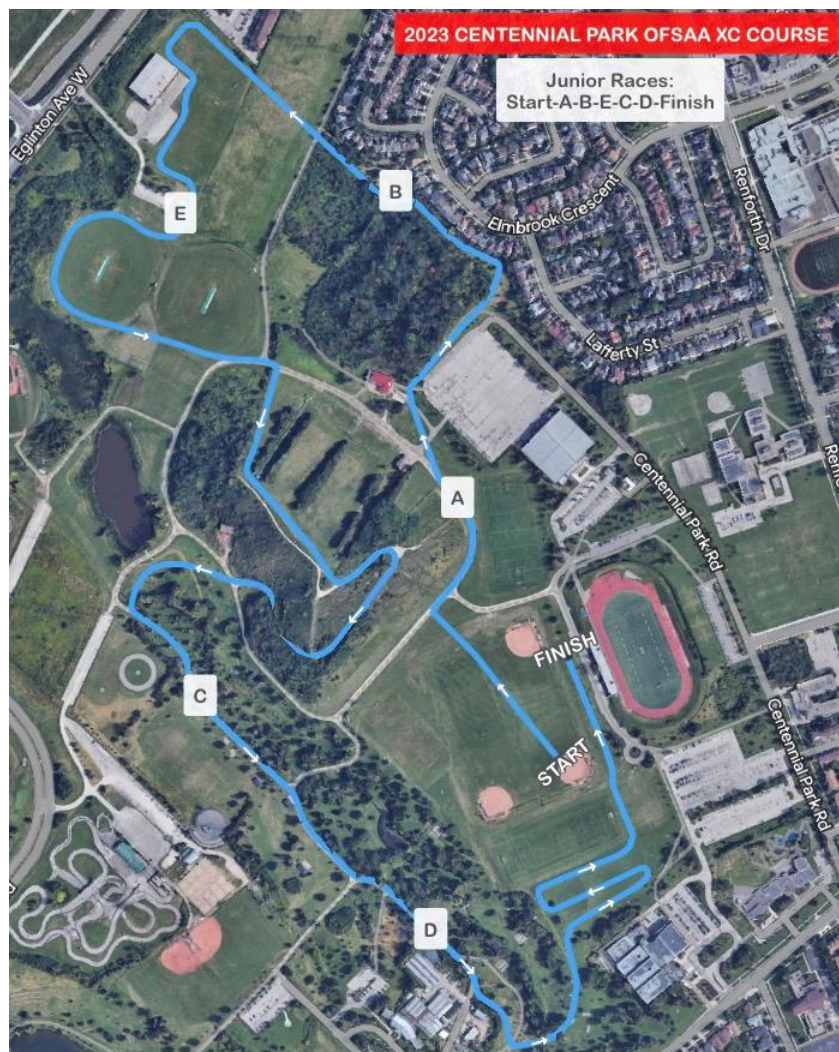
NOVICE & PARA RACES COURSE





OFSAA CROSS COUNTRY

JUNIOR AND SENIOR COURSES



OFSAA CROSS COUNTRY

LIST OF PARTICIPANTS



Novice Girls 4k

CI Appleby College

Oakville
Athena Collins 1001

CI Crestwood Preparatory

Toronto
Stella Evans 1010
Neve Murphy 1012
Ellena Stamatious 1013
Kendall Veevers 1014
Shae Veevers 1015

CI Havergal College

Toronto
Marilena McConnell 1027

CI Hillfield Strathallan

Hamilton
Alexis Elkins 1034
Anne Voss 1039

CI Holy Name of Mary CS

Mississauga
Alexandra Baillie 1040
Leanora Steele 1041

CI St Johns Kilmarnock

Breslau
Avery Ingram 1072

CI The Bishop Strachan School

Toronto
Dora Hong 1091
Betsy Kaiser 1093
Lucy Katz 1094
Valerie Poon 1095
Evelyn Zhang 1096
Claire Zhu 1098

CI The York School

Toronto
Zoe Levesque 1099

CI Villanova College

King City
Sophia Macri 1134

CO Adam Scott CVI

Peterborough
Indie Bennett 1135
Annabelle Brown 1136
Rhianon Couling Fligg 1137
Maddy Earthy 1138
Elaina Todd 1145

CO Bayside SS

Bayside
Hallie Lupton 1147

CO Centennial SS

Annika Copeland 1148
Pyper Renaud 1149

CO Nicholson CC

Belleville
Lila Healey 1203
Kaelin Hearn 1204
Olivia Jianopolous 1205
Whitney Milne 1207
Katie Morries 1208

CO St Mary CSS

Cobourg
Portia Petherick 1219

CO Thomas A Stewart

Peterborough
Penelope Voigt 1227

CW Bishop Macdonell CHS

Guelph
Sophia Anstett 1234

CW Centre Wellington DHS

Fergus
Kennedy Wyga 1250

CW ESC Père-René-De-Galinée

Cambridge
Basha Aho 1254
Micah Carswell 1255
Bella Renaud 1256
Ivy Van Reede 1257

CW Georgian Bay CS

Meaford
Isabel Spence 1259

CW Holy Trinity CHS

Simcoe
Haiden Robb 1260

CW Huron Heights SS

Kitchener
Petra Barichello 1261

CW St Benedicts CSS

Cambridge
Simone Eberhardt 1302
Oria Hayes 1303
Sophia Idzik 1304
Gracie Murray 1305
Emily Veldhuyzen 1306
Taylor Vollerling 1307

EO Kingston SS

Kingston
Lauren Dawe 1349
Sofia Frantzeskos 1352
Rachel Howe 1355
Gabby Oleschuk 1363
Payton Pitts 1366
Caitlyn Wimmer 1374

EO Napanee DSS

Napanee
Maddie Blanchard 1377
Theresa Kerr 1379
Gabriella Stacey 1380
Kaiah Weese 1381

EO Regiopolis-Notre Dame

Kingston
Georgia Dickson 1392

EO Rideau District H.S.

Elgin
Lilly Read 1395

EO Smiths Falls DCI

Smiths Falls
Ayla Griffith 1396
Codah Turcotte 1398

EO Thousand Islands SS

Brockville
Lauren Givogue 1414

GB Bracebridge & Muskoka Lakes

Bracebridge
Jolene Allair 1431
Claire Allison 1432
Madeleine Allison 1433

GB Collingwood CI

Collingwood
Beatrice Cheek 1438
Annaliese Greig 1444
Kaija Guyon 1445
Julia Lehmann 1450
Stella Lennox 1451
Rachael MacMillan 1454

GB Georgian Bay DSS

Midland
Cassie Brawn 1479
Avery Bumstead 1480
Robyn Fraser 1481
Ella Harding 1482
Sierra Jessen-Wilson 1484
Peyton Todd 1485

GB Parry Sound

Parry Sound
Sofia Smith 1498

GB Twin Lakes

Orillia
Anna Vurma 1516

GH Bishop Reding CSS

Milton
Serena Silva 1531

GH Christ the King SS

Oakville
Daniella Viduka 1548

GH Garth Webb SS

Oakville
Raiin Baliai 1553

GH Georgetown DHS

Georgetown
Ady Chatelain 1556
Annabelle Eskra 1557
Brook Marsella 1558
Sarah Nickson 1559
Katelyn Ruch 1560
Carys Williams 1561

GH Holy Trinity

Oakville
Savvy Smith 1562

GH Kings Christian Collegiate

Oakville
Cayenne Buchanan 1563

GH Notre Dame Burlington

Burlington
Audrey Daooust 1580
Natalia DeLazzari 1581
Amelia Flynn 1582
Melanie Freire 1583
Charlotte Tays 1585

LO All Saints

Whitby
Olivia Downey 1618

LO Brooklin

Whitby
Avery Graham 1631
Alexandra Jackson 1632

LO Donald A. Wilson

Whitby
Haley Williams 1643

LO Dunbarton

Pickering
Lila Hollins 1645

LO Maxwell Heights

Oshawa
Ashlynn Best 1655
Luca He 1659
Lily McLaren 1660
Charlie Powell 1662
Addison Wright 1667

LO Port Perry

Port Perry
Jolea Cicchini 1688
Maeve Haiml 1689
Cora Kent 1690
Nora Scott 1691
Sally Yeo 1692

NC Colonel By

Ottawa
Jade Amberg 1711
Zola Estabrooks 1713
Laila Lebel 1715
Rosie Lee 1716
Aany Vital Ramos 1719

NC Earl of March

Ottawa
Abbie Begbie 1721

NC Immaculata

Ottawa
Ellie MacGregor 1751

NC Nepean

Ottawa
Isla Bilcock 1774
Caroline Chadwick 1775
Rebecca Hutchens 1777
Charlotte Kelland 1778
Sydney Renfroe 1782
Beatrice Ward 1784

NC Pierre Savard

Ottawa
Dahlia Loreti 1787

NC St Pius X

Ottawa
Sofia Cesario 1792

NC The Element HS

Ottawa
Riley Daniels 1794

NE Englehart HS

Englehart
Lucy Bonney 1802
Ragan Vickery 1807

NE Kapuskasing DHS

Kapuskasing
Sydney CarriÃ"re 1810

NE O'Gorman

Timmins
Jessica Holmes 1819

NE Roland Michener

South Porcupine
Amber Ferrigan 1823
Avelyn Kring 1824
June Lucas 1826
Molly Lucas 1827

NE Theriault

Timmins
Kiana Charest 1834
Maia Kinsella 1845
Brooklyn Molnar 1852
Sydney Picard 1856
Lyla Presseault 1857
Isabelle Rivard 1859

NE Timmins High

Timmins
Aniya Szaryj 1871

NO Algonquin E.S.

North Bay
Madalynne Smith 1872



OFSAA CROSS COUNTRY

LIST OF PARTICIPANTS

NO Chippewa <i>North Bay</i> Larkyn Allen 1880 Mayssaa Belhadj 1881 Danika Brereton 1882 Grace Robertson 1885	SO Centennial <i>Welland</i> Parker Van Krimpen 2135	TC Michael Power / St. Joseph <i>Etobicoke</i> Kyla Gallagher 2379 Lily Hoysale 2382 Sofia Mourra 2386 Anna Sokyirko 2391 Natalie Varody 2392 Yara Zaia 2393	WO St Marys DCVI <i>St. Marys</i> Charlotte Richardson 2649
NO College Notre Dame <i>Sudbury</i> Adrielle Charette 1886	SO Denis Morris <i>St. Catharines</i> Candelaria Gras 2136	TC Notre Dame <i>Toronto</i> Trinity Bonhomme 2413	WO St Michael CSS <i>Stratford</i> Jayda Houben 2651
NO LoEllen Park SS <i>Sudbury</i> Savannah Paille 1920 Megan Pineau 1921 Maysoon Sakah 1923 Anna Shelswell 1925	SO Dundas Valley SS <i>Dundas</i> Jordyn Andree 2139 Molly Macnay 2147 Isla Mason 2150 Parker Metham 2151 Maggie St. Aubin 2154	TC St Joseph's College <i>Toronto</i> Isabel De Barros 2429 Blythe Dickie 2430	WO St Thomas Aquinas CSS <i>London</i> Charlotte Bothwell 2653 Megan Jean 2656 Kaitlyn Nadeau 2659 Georgia Schembri 2661 Eva Simoes 2662
NO Marymount Academy <i>Sudbury</i> Kiana Smith 1949	SO Notre Dame College <i>Welland</i> Sydney Ray 2181	TC St Patrick <i>Toronto</i> Camille Baxter 2438 Lucy Dunn 2440 Shumoor Edwards 2441 Mairead Gleeson 2442	WO Strathroy DCI <i>Strathroy</i> Avery Van Will 2665
NO St Joseph-Scollard Hall <i>North Bay</i> Haley Sebesta 1959	SO Sir Winston Churchill <i>St Catharines</i> Lauren Dunlop 2192 Jillian Godin 2193 Helena Lindley 2195 Amariah Taylor 2205 Amara van Grieken 2206 Meena van Grieken 2207	TC University of Toronto Schoo <i>Toronto</i> Shanti Huang 2450	YR Aurora <i>Aurora</i> Charlotte Zantingh 2667
NO White Pines <i>Sault Ste. Marie</i> Aspen Devries 1963	SO Westmount SS <i>Hamilton</i> Elaine Thomas 2228	TD Leaside HS <i>Toronto</i> Chloe Wilson 2486	YR Bill Crothers SS <i>Unionville</i> Maija Schmidt 2674
NW St Ignatius Falcons <i>Thunder Bay</i> Alli Kunnas 1993 Claire Whalley 1994	SW Chatham Kent SS <i>Chatham</i> Gracie Vandergrindt 2231	TD Malvern CI <i>Toronto</i> Ella Zimmerman 2496	YR Hodan Nalayah <i>Thornhill</i> Emma Tepper 2692
NW Superior Gryphons <i>Thunder Bay</i> Hanna Abbnik 1999 Lily Gillies 2005 Laine Hupka 2012 Sammy Sdao 2018 Olivia Vinet 2023 Ava Wintermute 2026	SW Leamington SS <i>Leamington, ON</i> Ellie Reiter 2243	TD Martingrove CI <i>Toronto</i> Ainsley Sherwin 2498	YR Langstaff <i>Richmond Hill</i> Alexa Petrenko 2699
RO Iona <i>Mississauga</i> Carmen Biondic 2050	SW Sandwich SS <i>LaSalle, ON</i> Claire Dwyer 2249 Lauren Howlett 2257 Tori Johnston 2258 Estelle Orlando 2260 Alexandra Pardalis 2261 Kallie Zajacz 2270	TD Monarch Park CI <i>Toronto</i> Shannon Cowling 2499 Kylie Lang 2501 Kensington McCormack 2502 Jade Valentine 2503	YR Newmarket <i>Newmarket</i> Grace Hathaway 2715 Azur Ho 2717 Kate Nagy 2719 Arabella Thomas 2723 Sabrina Verschelden 2724
RO Lorne Park <i>Mississauga</i> Ayvah Reckin 2054 Skylar Ruschpler 2055	SW Sarnia Northern <i>Sarnia, ON</i> Harper Sieders 2281 Olivia Somers 2282	TD Northern SS <i>Toronto</i> Juliana Carcasole 2507 Olivia Moore 2513 Rebecca Pribaz 2515 Isis Rebanks 2516 Addison Reynolds 2518 Heidi Schabert 2769	YR St Maximilian Kolbe <i>Aurora</i> Bridget Malcolm 2730 Grace Malcolm 2731 Fiona Marley 2732 Keira Marley 2733 Kiara Silva 2734 Emmaleigh Sun 2736
RO Our Lady of Mount Carmel <i>Mississauga</i> Madeline Murchland 2068	SW St Joseph's CHS <i>Windsor, ON</i> Avery Buckridan 2284	TD Richview CI <i>Toronto</i> Mila Szekendi 2539	YR Stouffville <i>Stouffville</i> Annalise Galati 2756
RO St Francis Xavier <i>Mississauga</i> Maya Popovic 2075 Milena Popovic 2076 Maanya Shah 2077 Adele Wong 2078 Joelle Wong 2079 Natalia Zinkiewicz 2080	SW St Thomas of Villanova <i>LaSalle, ON</i> Thea Astles 2300 Allie Bridgen 2301 Sofia Ceccacci 2302 Stella Fredriksson 2306 Lisa Greenham 2307 Olivia Hadrian 2310	TD Riverdale CI <i>Toronto</i> Alice Forsyth 2544 Molly Forsyth 2545 Zoey Sekdorian 2550 Ava Vincze 2552	
RO St Marcellinus <i>Mississauga</i> Saloni Ghosh 2100 Anaya Joseph 2102 Lauren Lebar 2105 Leanna Rodrigues 2113 Jenna Samuel 2114 Cameron Truong 2115	TC Bishop Allen Academy <i>Etobicoke</i> Ava Luong 2330	TD York Mills CI <i>Toronto</i> Sarah Hamzeh 2576	
RO Turner Fenton <i>Brampton</i> Leanna Schulzke 2127	TC Father John Redmond <i>Etobicoke</i> Juliette Aquila 2341 Simona Hamilton 2348 Violet Johnson 2350 Marisa Klufas 2352 Tessa Martins 2355 Madeline Oliver 2356	WO London Central SS <i>London</i> Izzy Downing 2581 Meredith Dwyer 2582 Kate Godbolt 2583 Asha Nazarewicz 2586 Cordelia Rickman 2588	
SO Ancaster HS <i>Ancaster</i> Amelia Bagnall 2130	TC Loretto Abbey <i>Toronto</i> Tabitha Hood 2364	WO Sir Frederick Banting SS <i>London</i> Lilienne Mitchell 2625 Willa Schaufele 2627	

OFSAA CROSS COUNTRY

LIST OF PARTICIPANTS



Novice Boys 4k

CI Appleby College

Oakville
Fadi Jaber 1002

CI De La Salle College

Toronto
Andrew Cescon 1017

CI Kingsway College School

Toronto
Cristiano Milligan 1042

CI St Andrews College

Aurora
Kalden Madala 1063
Torrin Price 1064
Christian Toma 1067

CI St Michaels College School

Toronto
Quentin Ahola 1074
Daniel Bailey 1077
Matteo Biscaro 1078
Charles Campbell 1080
Aiden Galluzzo 1082
Chanoh Song 1089

CI Trinity College School

Port Hope
Noah Shepherd 1116
Evan Thomas 1118

CI Upper Canada College

Toronto
Jeffrey Carrique 1120
Luke Chapman 1121
Wesley Earl 1122
Emmett Ho 1123
Mason Lutz-Cruz 1126
Charles Paterson 1128

CO Cobourg CI

Cobourg
Will Bruder 1150
Jonah Kerr 1155
Sebastian Kwasnicki 1156
Kennen Withers 1160

CO East Northumberland SS

Brighton
Alex Botting 1162
Dawson Dunham 1163
Dominick Heller 1168
Ethan McDougall 1170
Sullivan Tait 1177
Jack Turner 1178

CO Eastside SS

Belleville
Hayden Lloyd 1182
Nathan Mack 1183

CO Kenner CVI

Peterborough
Keegan Pyke 1199

CO Quinte Christian HS

Belleville
Jordan St Pierre 1213

CO St Peter CSS

Peterborough
Dominic Difalco 1220

CW Cayuga SS

Cayuga
Owen Mathieson 1247

CW Georgian Bay CS

Meaford
Emmett Leary 1258

CW Orangeville DSS

Orangeville
Aiden Arbeau 1274
Hudson Brooks 1278
Nikko Hogeveen 1283
Ashwood Murray 1284
Ben Stenzel 1288
Liam Willcott 1290

CW Our Lady of Lourdes CHS

Guelph
Biniyum Kubrom 1292

CW Owen Sound DSS

Owen Sound
Brennan Law 1293

CW Resurrection CSS

Kitchener
Carter Kok 1295
Sypher Leno 1296
Bryan Lovell 1297
Nathan Mesquita 1298
Owen Zettel 1300

CW Saugeen DSS

Port Elgin
Perry Smith 1301

EO Arnprior DHS

Arnprior
Wyatt Sparling 1327

EO Bishop Smith

Pembroke
Max Gerundin 1328

EO Kingston SS

Kingston
Jack Doyle 1350
Sullivan Ivens 1356
Daniel Mahoney 1360
Andrew Pennell 1364
Sacha Wheeler-Dee 1372
Francis Wood 1375

EO Napanee DSS

Napanee
Zachary Wilde 1382

EO North Dundas DHS

Winchester
Samuel Schuler 1383

EO Thousand Islands SS

Brockville
Arjay Andress 1405
Nathaniel Coe 1407
Carter Cuglietta 1411
Parker Goguen 1415
Kaleb Mackay 1418

EO Valour

Petawawa
Hudson Paquette 1423

GB Collingwood CI

Collingwood
Owen Edwards 1440
Gavin Magwood 1456
Liam McFarlane 1457
Jean-Jacques Michener 1458
Blake Shaw 1468
Seth Tangney 1470

GB Huntsville

Huntsville
William Byers 1486

GB Maple Ridge SS

Barrie
Dmitri Zakiev 1492

GB Our Lady of the Bay

Collingwood
Wesley Harbec 1494

GB St Peter's

Barrie
Jack MacMillan 1506
Hayden Marek 1508
Oakley Newman 1509
Ben Scruton 1510

GB Unity Christian

Barrie
Cameron Geertsema 1519
Josh Thompson 1520

GH Bishop Reding CSS

Milton
Danyal Shah 1530

GH Bishop Tonnos

Ancaster
Renton Leighton 1534

GH MM Robinson HS

Burlington
Nathan Campbell 1568
Finley Cormier 1570
Joshua Kupecki 1571
Connor Little 1572
Pearson McCann 1574
Connor Thwaites 1576

GH Nelson HS

Burlington
Shane Zabransky 1579

GH Oakville Trafalgar HS

Oakville
Felix Guo 1586
Ethan James 1587
Evan Sambrook 1588
Joshua Sargant 1589
Aarish Thareja 1590
Benjamin Xie 1591

GH St Jean de Brebeuf

Hamilton
Alex Gray 1598

GH Thomas A. Blakelock H.S

Oakville
Ethan Deveaux 1617

LO All Saints

Whitby
Brandon Neil 1619

LO Brooklin

Whitby
Griffin Bratton 1622
Owen Cawthorne 1624
Scott Ford 1628
Makoto MacDougall 1633

LO Durham Christian H S

Oshawa
Connor Clark 1646

LO J. Clarke Richardson

Ajax
Pathuman Ambikaipathan 1654

LO Notre Dame

Ajax
Rithwin Anthumani 1668
Tristan Fernandes 1669
Galen Javier 1670
Nathanael Seife 1673

LO O'Neill CVI

Oshawa
Kevin Hodgson 1676

LO St Stephen's

Bowmanville
Eoghan Heaney 1695

NC Ashbury College

Ottawa
Jaiden Lodha 1706

NC Earl of March

Ottawa
Sunny Chen 1722
Blake Preuss 1723
Kalim Seddigh 1724
Luke Van Brabant 1725
Adam Wagner 1726
Algasem Zabarah 1727

NC Holy Trinity

Ottawa
Arik Bonilla 1746

NC Immaculata

Ottawa
Maxime Lanca 1750
Justin Rioux 1755
Mitchell Skelton 1756
Ben Smith 1757

NC John McCrae

Ottawa
Yusuf Elmasry 1760

NC Merivale

Ottawa
Carter Deever 1773

NC St Francis Xavier

Ottawa
Xavier Rose Royo 1791

NE Écho du Nord

Kapuskasing
Niko Lessard 1799

NE O'Gorman

Timmins
Anderson Clark 1816
Mason Dicks 1817
Joseph Duquette 1818
Kohen Lee 1820
Devante Martel 1821
Owen Moore 1822

NE Theriault

Timmins
Gavin Baker 1830
Caelim Brazeau 1833
Tristan Genereux 1840
Justin Guillemette 1841
Alexandre Kaija 1844
Chase Lalonde 1846

NE Timiskaming DSS

New Liskeard
Jackson Dougall 1866
Tanush Julka 1868

NE Timmins High

Timmins
Noah Henderson 1870

NO Chippewa

North Bay
Will Raymer 1884

NO Elliot Lake SS

Elliot Lake
Asher Stevenson 1892

NO Lockerby Composite School

Sudbury
Toma Corsi 1896
Liam Koski 1898



OFSAA CROSS COUNTRY

LIST OF PARTICIPANTS

NO LoEllen Park SS <i>Sudbury</i> Cameron Gardiner 1907 Ben Lamarche 1912 Frank Nzotungwanimana 1918 Narayan Shukla 1926	SO Dundas Valley SS <i>Dundas</i> Matthew Beyer 2140 Owen Craddock 2141 Fynn Gibson 2143 Jackson Ortwein 2152 Jake Peshko 2153 Noah Weingartner 2156	TC Neil McNeil <i>Toronto</i> Declan Bozabailan 2395 Liam Carvalho 2396 Jack Cowan 2397 Cameron Duhamel 2398 Justin Houck 2400 Emmett Karim 2402	WO Medway HS <i>Arva</i> Caleb Johnson 2602
NO St Joseph-Scollard Hall <i>North Bay</i> Mike Culbert 1953 Nathan de Decker 1954 Cameron Gellinas 1955 Wyatt Murphy 1957 Harrison Rees 1958	SO Sir Winston Churchill <i>St Catharines</i> Keegan Clark 2189 Lucas Sacco 2202	TC North Toronto Christian <i>Toronto</i> Michael Chan 2412	WO Oakridge SS <i>London</i> Benny Trebicky 2616
NO Superior Heights <i>Sault Ste. Marie</i> Kyle Brown 1952	SO St Paul <i>Niagara Falls</i> Evan Blake 2212	TC St John Paul II <i>Toronto</i> Suvikan Sathieskumar 2424 Brand Wolford 2427	WO Sir Frederick Banting SS <i>London</i> Mason Denison 2621 Mathieu Khosla-Vucko 2622 Nolan Koonar 2623 Gavin Mills 2624 Ethan Pollock 2626
NW Ésc de La Vérendrye <i>Thunder Bay</i> Oskar Berglund 1964 Cedar Clark 1965	SO West Niagara SS <i>Grimsby</i> Elias Alas 2213 Trent Clarke 2214 Chase Larsen 2215 Jesse Li 2216 Rocco Shuker 2217 James Smith 2218	TC St Mary's <i>Toronto</i> Michael Tyryllo 2436	WO St Andre Bessette CSS <i>London</i> Lucas Victoriano 2631
NW Hammarskjold Vikings <i>Thunder Bay</i> Ethan Bergman 1974 Leo Fay 1975 Emmanuel Loboka 1978 Sawyer Puumala 1980 Reld Thompson 1983 Elliott Wheatley 1985	SW North Lambton SS <i>Forest, ON</i> Wyatt Ferguson 2244	TC St Patrick <i>Toronto</i> Bisrat Mengistu 2445	WO St Marys DCVI <i>St. Marys</i> Abe Bender 2642 Charlie Bender 2643 Nic Brintnell 2644 Vaughn Barr 2648 Ben Robson 2650
NW Red Lake <i>Red Lake</i> RJ Radford 1991 Camden Wilkins 1992	SW Sandwich SS <i>LaSalle, ON</i> Sonny Taylor 2268	TC University of Toronto Schoo <i>Toronto</i> Alex Cheng 2448 Ethan Li Ngan Sun 2452 Mattias Libesman-Lee 2453 Emerson Ni 2455 Rownen Satura 2457 Charlie Topp 2459	WO St Michael CSS <i>Stratford</i> Sebastion Voros 2652
RO Heart Lake <i>Brampton</i> A.J. Davis 2046	SW Sarnia Northern <i>Sarnia, ON</i> Jack Metcalf 2278	TD Birchmount Park CI <i>Toronto</i> George Cotton 2460	YR Bill Crothers SS <i>Unionville</i> Nikko Anile 2668 Jonathan Bonin 2669
RO Lorne Park <i>Mississauga</i> Liam Grossi 2052	SW St Joseph's CHS <i>Windsor, ON</i> Owen Beale 2283	TD Leaside HS <i>Toronto</i> Ethan Gallagher 2485	YR Bill Hogarth <i>Markham</i> Colby Flemming 2679
RO Mentor College <i>Mississauga</i> Liam Hammond 2060	SW St Patricks CHS <i>Sarnia, ON</i> Chase Capes 2288 Ryan Ladouceur 2292 Grayson Levy 2293 Evan Macsweeney 2294 Daynen Vanderveeken 2296 Sawyer Wong 2298	TD Northern SS <i>Toronto</i> Thomas Chu 2508 Nate Hill 2510 William Redekopp 2517 Spencer Rizzuto 2519 Sawyer Smith 2523 Dylan Ankenmann 2768	YR King City <i>King City</i> Nolan Bindi 2698
RO St Joseph <i>Mississauga</i> Yoel Arauz 2081 Filip Brajkovic 2082 Liam Brennan 2083 William Geddis 2085 Adesh Gill 2086 Matthew Razon 2090	SW St Thomas of Villanova <i>LaSalle, ON</i> Colin Antonucci 2299 Marcello Didonato 2304 Joseph Gyori 2309 Jack Krause 2311 Ben Muscedere 2312 Gianmarco Spizziri 2313	TD Oakwood CI <i>Toronto</i> William McDonald 2527	YR Newmarket <i>Newmarket</i> Kyle Dawe 2712 Brady Dawson 2713 Noah Hill 2716 Simon Nagy 2720 Sajan Reinsma-Dogra 2721
RO St Paul <i>Mississauga</i> Luke Cepo 2118 Aditya Indrakanti 2119 Reuben Lozada 2120 Zachary Paul 2121 Alexander Stefanov 2122	SW Tecumseh Vista Academy <i>Windsor, ON</i> Andrew Gadoury 2314	TD Richview CI <i>Toronto</i> Masiah Johnson-Charles 2534	YR Richmond Green <i>Richmond Hill</i> Gideon Tung 2727
RO Streetsville <i>Mississauga</i> Ryan MacDermid 2125	TC Chaminade College <i>Toronto</i> Simon Ventura Cabiddu 2340	TD Riverdale CI <i>Toronto</i> Ali Asqalane 2541 Stefan Parsons 2548 William Thomas 2551 Aiden Whelan 2553 Griffen Williams 2554	YR St Theresa of Lisieux <i>Richmond Hill</i> Dima Agheev 2742 Jacob Di Donato 2746 Luke Endicott 2747 Eric Iliescu 2748 Timothy Yang 2752 Hingtai (Ben) Yu 2753
RO Turner Fenton <i>Brampton</i> Aryaman Vijay 2128	TC Francis Libermann <i>Scarborough</i> Brandon Tesselaar 2361	TD Ursula Franklin A <i>Toronto</i> Maxence Tusin 2563	
SO Denis Morris <i>St. Catharines</i> Jose Gras 2137 Timothy Woods 2138	TC Marshall McLuhan <i>Toronto</i> Alex Gagliardi 2365 Nicolas Osorio 2366 Danny Pereira 2367 Vicente Rodriguez 2368 Ciro Salazar 2369 Timofei Stefanishin 2370	TD Victoria Park CI <i>Toronto</i> Oliver O'Brien 2564 Mato Rukovanjski 2565 Rachit Verma 2566 William Yin 2567 Jason Zhang 2568	
		WO Listowel DSS <i>Listowel</i> Hudson Imrie 2579	

OFSAA CROSS COUNTRY

LIST OF PARTICIPANTS



Junior Girls 5k

CI Bayview Glen

<i>Toronto</i>	
Brianna Lovshin	1003
Claire Pinkerton	1005

CI Country Day School

<i>King City</i>	
Juliet Chieduch	1006

CI Hawthorn School for Girls

<i>Toronto</i>	
Madeline Cole	1031

CI Hillfield Strathallan

<i>Hamilton</i>	
Sadie Avram	1032
Lauren Calbeck	1033
Emma List	1035
Tereza Mattatall	1036
Avery Rutledge	1037
Maeve Treleven	1038

CI Lakefield CS

<i>Lakefield</i>	
Isabel Gordillo Palacio	1043

CI Ridley College

<i>St. Catharines</i>	
Tessa Berry	1045
Lauren Cressman	1046
Isadora Drynan	1047
Bianca Lin	1048
Syafeera (Iryna) Syahrizal	1049
Elina Wang	1050

CI St Annes School

<i>Aurora</i>	
Harper Franks	1068

CI St Clements School

<i>Toronto</i>	
Annika Kim	1069

CI The York School

<i>Toronto</i>	
Izzy Smart	1100

CI TMS School

<i>Richmond Hill</i>	
Melissa Wang	1101

CO Adam Scott CVI

<i>Peterborough</i>	
Olivia Tripp	1146

CO Cobourg CI

<i>Cobourg</i>	
Audrina Harris	1152
Lucy Johnson	1153
Sofia Jones	1154
Dallas Markland	1158
Lena Smyth	1159

CO East Northumberland SS

<i>Brighton</i>	
Kora Ferguson	1165

CO Haliburton Highlands SS

Violet Humphries	1187

CO IE Weldon

<i>Lindsay</i>	
Mary Dafoe	1189
Michelle De Vos	1190
Kyla Farr	1191
Ellianne McLaren	1192
Addison Smith	1193
Lucy Stephenson	1194

CO St Peter CSS

<i>Peterborough</i>	
Clara Murison	1223

CO St Theresa CSS

<i>Belleville</i>	
Eleni Papakiriazis	1225

CW Bluevale C.I.

<i>Waterloo</i>	
Grace Breen	1236
Ella George	1237
Lauren Klingspon	1240
Alana Michalski	1242
Addison Tauer	1245
Arleigh Waters	1246

CW Centre Dufferin DHS

<i>Shelburne</i>	
Chelsea Thalenhorst	1249

CW Emmanuel Christian HS

<i>Fergus</i>	
Julie Deboer	1252
Kara Jonker	1253

CW Laurel Heights SS

<i>Waterloo</i>	
Quinn Logan	1272

CW Orangeville DSS

<i>Orangeville</i>	
Ailsa Bogan-Randeraad	1277
Mack Broom	1279
Jordan Gorman	1280
Lara Hann	1282
Talia Osborne	1285
Keira Phillip	1286

CW Valley Heights SS

<i>Langton</i>	
Amilya King	1316

EO ESC La Citadelle

<i>Cornwall</i>	
Annabella Curtis	1329

EO Frontenac SS

<i>Kingston</i>	
Clara Kaiser	1330
Madison McCauley	1332
Violet Roy	1333
Cambelle Tran	1334
Maddie Willman	1335

EO Gananoque SS

<i>Gananoque</i>	
Abby Webster	1337

EO Glengarry DHS

<i>Alexandria</i>	
Sadie Cameron	1338

EO Kingston SS

<i>Kingston</i>	
Rosie Andal	1346
Athena Andreycyk	1347
Madeline Kerr	1359
Ruth Maley	1361
Veronika Matheson	1362
Zoe Shipp-Wiedersprecher	1369

EO Sydenham

<i>Sydenham</i>	
Sedona Reade	1403

EO Tagwi SS

<i>Avonmore</i>	
Averi Whitton	1404

GB Barrie North Collegiate

<i>Barrie</i>	
Emily Blair	1424
Brenna Charles	1425
Grace McNamara	1427
Kaia Plum-Simon	1429
Elizabeth Wiwchar	1430

GB Bradford

<i>Bradford</i>	
Amelia Zealand	1435

GB Collingwood CI

<i>Collingwood</i>	
Sabine Cornell	1439
Ruby File	1441
Meredith Holloway	1447
Sadie Johnson	1449
Elly Moore	1459
Sofia Mundle	1462

GB Eastview

<i>Barrie</i>	
Zoe Close	1472

GB Georgian Bay DSS

<i>Midland</i>	
Allie Homick	1483

GB Our Lady of the Bay

<i>Collingwood</i>	
Haley Flatt	1493

GB St Peter's

<i>Barrie</i>	
Alessandra Malfara	1507

GH Burlington Central HS

<i>Burlington</i>	
Maya Markowska	1542

GH Dr Frank J Hayden SS

<i>Burlington</i>	
Emily Harkison	1551
Paris Shaghnassy	1552

GH Garth Webb SS

<i>Oakville</i>	
Linda Kiss	1555

GH Sainte-Trinite

<i>Oakville</i>	
Alyssa Berthiaume	1592
Juliana Lortie	1593
Gia Mazzarelli	1594
Juliette Pelletier	1595

GH St Mary

<i>Hamilton</i>	
Anna Ptaszek	1599

GH St Thomas Aquinas

<i>Oakville</i>	
Valerie Amos	1600
Marcela Castellanos	1601
Ciara Costa	1602
Fernanda Morena Garcia	1606
Julia Steeves	1609

LO Brooklin

<i>Whitby</i>	
Jordyn Goodwin	1630

LO Durham Christian H S

<i>Oshawa</i>	
Sophia van Andel	1647

LO Holy Trinity

<i>Courtice</i>	
Kennedy Aikin	1649
Emme Gjezo	1650
Katherine Jovel	1651
Casimira Savoie Teruel	1653

LO Maxwell Heights

<i>Oshawa</i>	
Mariya Cole	1656

LO Paul Dwyer

<i>Oshawa</i>	
Hayley Martin	1677
Kaitlynn Martin	1678
Avery Mathers	1679
Brianna Tadeja	1680

LO Port Perry

<i>Port Perry</i>	
Alyssa Carnaghan	1687

LO Sinclair SS

<i>Whitby</i>	
Abigail Brydson	1693

NC Franco-Ouest

<i>Ottawa</i>	
Kyra Lauter	1728

NC Glebe Collegiate

<i>Ottawa</i>	
Kailena Allen	1731
Madeleine Beauregard	1732
Madeleine Leschinsky	1736
Megan Strachan	1740
Julia Van Wesenbeeck	1743

NC Immaculata

<i>Ottawa</i>	
Evelyn Davies	1749

NC John McCrae

<i>Ottawa</i>	
Maya Allibon	1759

NC Louis-Riel

<i>Ottawa</i>	
Sofia Lefavre	1772

NC Nepean

<i>Ottawa</i>	
Gabrielle Forestier	1776
Avery Magnusson	1779
Tillie Pender	1780
Edie Petrescue-Commene	1781
Olivia Voros	1783

NC Sir Wilfrid Laurier

<i>Ottawa</i>	
Gwen Hatfield	1789

NE Écho du Nord

<i>Kapuskasing</i>	
Tiffany Hebert	1797
Leah Henderson	1798

NE Englehart HS

<i>Englehart</i>	
Karly Charlton	1803

NE Theriault

<i>Timmins</i>	
Amaia Aide Rios	1828
Jillian Daguerre	1835
Addison Dickson	1838
Hailey Guindon	1842
Gabrielle Lapointe	1847
Isabelle Quesnel	1858

NE Timiskaming DSS

<i>New Liskeard</i>	
Kaystan Block	1864
Madelyn Stewart	1869

NO Central Algoma

<i>Desbarats</i>	
Riley Reed	1877



OFSAA CROSS COUNTRY

LIST OF PARTICIPANTS

NO College Notre Dame <i>Sudbury</i> Breanna Sullivan 1889	RO Robert Hall <i>Caledon</i> Gisele Richter 2074	TC Father John Redmond <i>Etobicoke</i> Sofia Cinat 2343 Aurora Ciraco 2344 Kristina Dvorina 2346 Avaya Giardino 2347 Sofia Salter 2358 Lindsay Short 2359	WO A.B. Lucas SS <i>London</i> Sarah Jaquith 2577
NO Elliot Lake SS <i>Elliot Lake</i> Reilly McGonegal 1891	RO Streetsville <i>Mississauga</i> Mary Smith 2126		WO Huron Park SS <i>Woodstock</i> Ella Neil 2578
NO Lockerby Composite School <i>Sudbury</i> Misaki Diavoltis 1897	SO Dundas Valley SS <i>Dundas</i> Julia Gupta 2144	TC Loretto Abbey <i>Toronto</i> Christina Doyle 2363	WO Mother Teresa CSS <i>London</i> Jaydin Askey 2607
NO LoEllen Park SS <i>Sudbury</i> Lily Bignucolo 1902 Letician Da Silva 1903 Alex Hann 1909 Lea Maki 1913 McKenna Mende 1916 Madison Veever 1929	SO Eden HS <i>St Catharines</i> Drew Ankersmit 2164 Adali Cavicchia 2167 Isabella Essig 2169 Amelia Kong 2170 Annalia Moran 2171 Kate Taylor 2172	TC Michael Power/St.Joseph <i>Etobicoke</i> Lorena Brotto 2375 Isabella Centritto 2376 Livia Guerra 2381 Chloe Ingle 2383 Melody Maenhaut 2385 Christina Pace 2389	WO Oakridge SS <i>London</i> Nora Benson 2610 Layna Hare 2611 Kaitlyn Haygarth 2612 Siggy Marsh-Lansard 2614 Poppy Thuss 2615
NO Manitoulin SS <i>Manitoulin</i> Mya Balfe 1932 Ava Corbiere 1935 Fia Flanagan 1937 Izzy Hughson 1941 Emery Watson 1945	SO Guido de Bres CHS <i>Hamilton</i> Jessica Boersema 2175 Marieka Da Silva 2176 Morgan Deklerk 2178 Brenna Dykema 2179 Hannah Lanting 2180	TC Notre Dame <i>Toronto</i> Victoria Figueroa 2414 Angelica Jacobsen 2415 Sabrina Milne 2416 Chloe Zarzoso 2418	WO Saunders SS <i>London</i> Korrina Kublinskas 2618
NO St Joseph-Scollard Hall <i>North Bay</i> Erika Hewgill 1956	SO Saltfleet DSS <i>Hamilton</i> Melisa Kekic 2184	TC St Patrick <i>Toronto</i> Claire Horn 2443 Madison Kempf 2444	WO St Andre Bessette CSS <i>London</i> Rhianan Loosemore 2630
NW Hammarskjold Vikings <i>Thunder Bay</i> Bea Hawkins 1976 Libby Horihan 1977	SO St Francis <i>St. Catharines</i> Sophia Perri 2211	TC University of Toronto Schoo <i>Toronto</i> Michaela Moncayo 2454 Talia Simic-Lustig 2458	WO St Joseph's CHS <i>St. Thomas</i> ClaireA Caslick 2633 Sadie Dowswell 2635 Alexandra Fangeat 2637 AbigailA Faris 2638 Flourish Nmor 2640 Sarah Foley 2763
NW Red Lake <i>Red Lake</i> Rhian Nault 1990	SO Westdale SS <i>Hamilton</i> Marley Hargreave 2221 Abiella Pribyl 2225	TD Birchmount Park CI <i>Toronto</i> Emma Donnelly 2461 Ruby Jardeleza-Toole 2462 Kristina Samal 2468 Averia Theriault 2469 Eleanor Voykin 2470	YR Bill Crothers SS <i>Unionville</i> Abigail Kinch 2672 Kylie Stapor 2676
NW St Patrick's Fighting Saint <i>Thunder Bay</i> Madison Kay 1995 Stacey Konopski 1996	SW Holy Names <i>Windsor, ON</i> Kacie Gelinis 2233 Lyla Mascaro 2235 Emily Owen 2237 Sophia Prantera 2238 Makenna St. Louis 2239	TD Humberside CI <i>Toronto</i> Mikala Ryan 2480	YR Markville SS <i>Markham</i> Stephanie Ikharria 2703 Sylvia Ip 2704 Cynthia Lou 2705 Elisabeth Lum 2706 Chloe Ngo 2707
NW Superior Gryphons <i>Thunder Bay</i> Yeju Cho 2002 Kate Haering 2006 Kaia Hakanen 2007 Kiera Hall 2008 Avery Sproule 2020 Elena Weber 2024	SW North Star <i>Amherstburg, ON</i> Emma Rudling 2245	TD Lawrence Park CI <i>Toronto</i> Greer Thompson 2483	YR Newmarket <i>Newmarket</i> Vicki Liu 2718
RO Applewood Heights <i>Mississauga</i> Amalia Apostolou 2028 Anna Cai 2029 Carolyn Gamble 2030 Nirali Joshipura 2033 Clara O'Leary 2034 Alison Tupling 2035	SW Sandwich SS <i>LaSalle, ON</i> Abby Baron 2247 Gwendolyn Flanagan 2250 Juliet Gin 2254 Lauren Luvisotto 2259 Ava Robson 2265 Leah Shannon 2267	TD Malvern CI <i>Toronto</i> Camille Cummins 2491 Charlie Holmes 2492 Alexandra Mills 2493 Emily Ponter 2495	YR Sir William Mulock <i>Newmarket</i> Riley Innes 2728
RO Brampton Centennial <i>Brampton</i> Viena Antic 2036 Makenzie Bailey 2037 Avery Kelly 2038 Grace Moulton 2039 Amelia Peron 2040 Divya Shorey 2042	SW Sarnia Northern <i>Sarnia, ON</i> Lily Bressette 2273	TD Northern SS <i>Toronto</i> Keiva Birmingham 2505	YR St Maximillian Kolbe <i>Aurora</i> Abbigail Silvera 2735
	SW St Joseph's CHS <i>Windsor, ON</i> Kaitlyn Gravelle 2286	TD Richview CI <i>Toronto</i> Vivian Bach 2529 Zoe Catsioulis 2530 Sarah Drury 2531 Ana Mancic 2535 Alex Picket 2536 Willa Goebel 2765	YR St Theresa of Lisieux <i>Richmond Hill</i> Naomi Chan 2743 Paulina Cremonese 2744 Caroline Demian 2745 Eva Limfat 2749 Sophia S Yang 2750 Alessia Tino 2751
RO Humberview <i>Bolton</i> River Sidhu-Mead 2049	SW St Patricks CHS <i>Sarnia, ON</i> Avery Norland 2295	TD Riverdale CI <i>Toronto</i> Ava Camps 2542	
RO Notre Dame <i>Brampton</i> Emily Reid 2065	SW St Thomas of Villanova <i>LaSalle, ON</i> Mackenzie Doll 2305	TD Sir John MacDonald CI <i>Toronto</i> Erica Dewey 2557	
RO Port Credit <i>Mississauga</i> Peyton Eddie 2073	TC Bishop Allen Academy <i>Etobicoke</i> Alexandra Podstreleny 2331		

OFSAA CROSS COUNTRY

LIST OF PARTICIPANTS



Junior Boys 5k

CI Crestwood Preparatory

Toronto
Kai Lemay 1011

CI Ridley College

St. Catharines
Joe Zhou 1051

CI Royal St. George's College

Toronto
Daniel Gesualdi 1052
Harry Hess 1053
Thomas Lamarre 1054
Luke Mason 1055
Quinn Mitchell 1057
Sam Simpson 1058

CI St Andrews College

Aurora
Constantine Boos 1059
Andrew Brown 1060
Ethan Charter 1061
Andrew Herrstein 1062
Marek St.croix 1065
Mack Stewart 1066

CI St Michaels College School

Toronto
Luke Adorante 1073
Stefano Bagnara 1076
Jamie Bishop 1079
Quinn French 1081
Rohan Jayalapan 1083
Cruz Molina 1087

CI Toronto French School

Toronto
Tommy Hajek 1103

CI Trinity College School

Port Hope
Michael Hassard 1107
Caden Keystone 1108

CI Upper Canada College

Toronto
Porter Riopelle 1130

CO Adam Scott CVI

Peterborough
Gus Reid 1143

CO Cobourg CI

Cobourg
David Cullen 1151

CO East Northumberland SS

Brighton
Nate Boomhouwer 1161
Chase Eddy 1164
Noah Groeneveld 1167
Orion Kovacs 1169
Owen McDougall 1171
Liam Read 1175

CO Haliburton Highlands SS

Evan Backus 1186
Brechin Johnson 1188

CO North Hastings HS

Bancroft
Jacob Lawrence 1212

CO St Mary CSS

Cobourg
Arjen Appleman 1214
Tyler Calvert-Challice 1215
Gavin Campbell 1216
Michel Gagne 1217
Waylon Morris 1218

CW Assumption College School

Brantford
Chrisfusion Adiwinata 1228
Foster Dropko 1229
Kaleb Hehenkamp 1230
Oliver Kings 1231
Owen Leggere 1232
Matthew MacLean 1233

CW John Diefenbaker Sr

Hanover
Eli Boulius 1262

CW John F Ross CVI

Guelph
Yared Morton 1264

CW Laurel Heights SS

Waterloo
Ahmed Eldiriri 1271

CW Resurrection CSS

Kitchener
Vernon Stuart-Dolmage 1299

CW St James CHS

Guelph
Cole Berruti 1309
Max Reid 1310
Ryan Reiley 1311
Kieran Sullivan 1312
Angel Toro-Molina 1313
Rocko Townsend 1314

CW Waterloo CI

Waterloo
Sagan Goertz 1318

EO Frontenac SS

Kingston
Cailan MacGregor 1331

EO Kingston SS

Kingston
Sebastian Amador 1345
Ryan Bosso 1348
Oliver Jackson 1357
Micah James 1358
Matthew Sacilotto 1368
Chris White 1373

EO Napanee DSS

Napanee
Jack Gregory 1378

EO North Grenville DHS

Kemptville
Rowan Dean 1385

EO St Joseph's

Cornwall
Dylan Gillespie 1399
Kai Morrow 1400

EO Thousand Islands SS

Brockville
Peter Ford 1412
Jonah Hawes 1416
Rayane Link 1417
Cohen Merkley 1419
Larkin Richards 1422

GB Barrie North Collegiate

Barrie
Callum Irwin 1426

GB Collingwood CI

Collingwood
Andrew Francioni 1442
Ryne Henry 1446
Ewan Hurley 1448
Evan Moore 1460
Evan Pollock 1466
Marco Savini 1467

GB Le Caron

Penetanguishene
Farland Lamont 1488

GB Maple Ridge SS

Barrie
Jules Clarkson 1489
Van Clarkson 1491

GB St Joseph's

Barrie
Luke Campbell 1500

GB St Peter's

Barrie
Zack Antaya 1502
Kenneth Champ 1503
Mason Jazwinski 1504
Nicholas Ludgate 1505
Wyatt Smith 1511

GH Abbey Park HS

Oakville
Alexander Doyle 1521
Leo Higgins 1522
Michael Huang 1523
Benjamin Ilancheran 1524
Eugene Kang 1525
Julian Mansuri 1526

GH Aldershot School

Burlington
Dylan Tuck 1527

GH Burlington Central HS

Burlington
Andrew Giles 1540
Axel Karlson 1541
Ben McElroy 1543
Mac Rawson 1544
Joshua Rice Racioppo 1545

GH Dr Frank J Hayden SS

Burlington
Jackson Bedford 1550

GH Milton DHS

Milton
Brody Clark 1564
Vyom Gandhi 1565

GH St Jean de Brebeuf

Hamilton
Ben Casey 1597

LO All Saints

Whitby
Tyler Seymour 1620

LO Brooklin

Whitby
Aiden Clodd 1625

LO Holy Trinity

Courtice
Brayden MacNevin 1652

LO Maxwell Heights

Oshawa
Logan Toutant 1665

LO Notre Dame

Ajax
Owen Lewis 1671
Devynn Medley 1672
Ethan Stockwell 1674
Michael Zakojc 1675

LO St Stephen's

Bowmanville
Cole Tastula 1696

LO Uxbridge S S

Uxbridge
Aiden Czmorek 1698
Brandon Czmorek 1699
Finn Fitzsimmons 1700
Tyler Kuzminski 1701
Ben Walker 1702

NC Colonel By

Ottawa
Cameron Allard 1710
Allan Bordovsky 1712
Taylor Henry 1714
Owen Siderius 1717
Roshan Smith 1718
Austin Walker 1720

NC Gisele Lalonde

Ottawa
Adem Walid Chelghoum 1729

NC Hillcrest

Ottawa
Charlie Mortimer 1745

NC John McCrae

Ottawa
Mateo Harris 1761
Adam Lin 1762
Jackson McKercher 1763
Gavin Turner 1764
Adam Yakimuch 1765

NC Lisgar Collegiate

Ottawa
Conlin Burnett 1766

NC Louis-Riel

Ottawa
Oscar Gorall 1769
Evan James Rebane 1770

NE Écho du Nord

Kapuskasing
Mikel Fortier 1796

NE Englehart HS

Englehart
Owen Tankard 1806

NE ESC Cité des Jeunes

Kapuskasing
Sheldon Dube 1808

NE Kirkland Lake DCS

Kirkland Lake
Hardy Kurz 1812

NE Roland Michener

South Porcupine
Ross Levesque 1825

NE Theriault

Timmins
Simon Bourdages-Cote 1832
Joshua Howson 1843
Jaden Martin 1849
Nicholas McEvoy 1850
Paxton Morden 1853
Kelden Scott 1862

NO Central Algoma

Desbarats
Dante Dixon 1873
Austin Finlayson 1874
Quinn McCracken 1875
Ryder Penney 1876
Noah Smith 1878
Gaba Stewart 1879

NO College Notre Dame

Sudbury
Lukas Morin 1887



OFSAA CROSS COUNTRY

LIST OF PARTICIPANTS

NO Espanola HS <i>Espanola</i> Owen Songhurst 1894	RO St Marcellinus <i>Mississauga</i> Suhayb Ahmendani 2093 Josh Dorman 2098 Jayden Klotia 2103 Daniel Marcuzzi 2107 Cristian Moniz Morgago 2109 Shane Polaczek 2112	SW Walkerville CI <i>Windsor, ON</i> Adrian Olivito 2328	TD SATEC @ WA Porter CI <i>Toronto</i> Brian Kipkibirir 2556
NO Lockerby Composite School <i>Sudbury</i> Isaac Longston 1899	RO Streetsville <i>Mississauga</i> Simon Begin 2124	TC Chaminade College <i>Toronto</i> Adrian Brito 2333 Nicholas De Martin 2334 Neil Jomar Diaz Maniego 2335 Genesis Hunte 2336 Cristiano Mancini 2337 Alexander Roxas 2338	TD W.L. MacKenzie CI <i>Toronto</i> Kyrie Savvaidis 2573
NO LoEllen Park SS <i>Sudbury</i> Keir Gauld 1908 Luca Mallozzi 1914 Grayson Marshall 1915 Jacob Paille 1919 Calum Wiss 1930	SO Bernie Custis SS <i>Hamilton</i> Shakir Saleh 2133	TC James Cardinal McGuigan <i>Toronto</i> Surafial Tekeste 2362	TD Western Technical CS <i>Toronto</i> Ethan Shoust 2575
NO Macdonald Cartier <i>Sudbury</i> Raphael Belzile 1931	SO E. L. Crossley <i>Fonthill</i> Connor Anderson 2157 Griffin Eller 2158 Adam Freure 2159 Grant Letford 2161 Logan MacRae 2162 Jack Ryan 2163	TC Mgrs de Charbonnel <i>Willowdale</i> Christian Dominguez 2372	WO Lord Dorchester SS <i>Dorchester</i> Spencer Erb 2595 Kirk Hallman 2596 River Neveu 2597 Andrew Shoniker 2598 Bennett Thomas 2599
NO Manitoulin SS <i>Manitoulin</i> Wyatt Williamson-Wright 1948	SO Eden HS <i>St Catharines</i> Andrew Bayne 2165	TC Neil McNeil <i>Toronto</i> Caius Bajor 2394 Cecil Jenkins 2401 Ty Machado 2403 Owen Mielniczuk 2405 Sebastian Shikatani 2408 Finn Veale 2409	WO Medway HS <i>Arva</i> Ryan Georgeson 2601
NW Fort Frances Muskies <i>Fort Frances</i> Parker Sisco 1971	SO Guido de Bres CHS <i>Hamilton</i> Shane Dejager 2177	TC St Basil The Great <i>Weston</i> Bruno Trejo 2420	WO Saunders SS <i>London</i> Linden Spence 2619
NW Hammarskjold Vikings <i>Thunder Bay</i> Teame Sbhatsu 1982	SO Orchard Park SS <i>Hamilton</i> Yuji Takatsu 2183	TC St John H Newman <i>Scarborough</i> Yobiel Tesfamariam-Russom 2421 Yuel Tesfamariam-Russom 2422	WO St Marys DCVI <i>St. Marys</i> Myles Clinton 2646 Kaleb Dingman 2647
NW Ignace Falcons <i>Ignace</i> Nash Parsons 1987	SO Sir Winston Churchill <i>St Catharines</i> Damien Bertrand 2185 Julian Cirusuolo 2187 Simon Dobrovolski 2191 Jackson Mead 2198 Barron Walker 2208 Carson Walker 2209	TC St John Paul II <i>Toronto</i> Liam Sison 2425 James Wignarajah 2426	WO St Thomas Aquinas CSS <i>London</i> Connor Devlin 2654 Jacob Jansen 2655 Spencer Keen 2657 Sacha Larsen 2658 Braylon Rebelo 2660
NW St Thomas Aquinas <i>Kenora</i> Spencer Merlino 1998	SO Westdale SS <i>Hamilton</i> Micheal Scott 2227	TC St Mother Teresa <i>Scarborough</i> Kaleb Reta 2437	WO Stratford DSS <i>Stratford</i> Noah Feltham 2663
NW Superior Gryphons <i>Thunder Bay</i> Russell Cooper-Landry 2003 Kai Hautala 2009 Nolan Nyitrai 2014 Liam Rose-Weston 2017 Owen Setela 2019 Isaac Williams 2025	SW Catholic Central <i>Windsor, ON</i> Natnael Gebreneskel 2230	TC University of Toronto Schoo <i>Toronto</i> Lucas Oreopoulos 2456	YR Bill Crothers SS <i>Unionville</i> Paul Shortis 2675
NW Westgate CVI <i>Thunder Bay</i> Tristan Jaspers 2027	SW Great Lakes SS <i>Sarnia</i> Paxton Burnie 2232	TD Harbord CI <i>Toronto</i> Lee Hesson 2475 Kaden Kangal 2476 Levi Koch 2477 Clark Tunis 2478 Momotaro Winer-Takabatake 2479 Lucas Sarno 2764	YR Dr. John Denison <i>Newmarket</i> Christian Myers 2687
RO Applewood Heights <i>Mississauga</i> Angel Jimenez 2032	SW Lambton Central Composite <i>Petrolia, ON</i> James Grant 2242	TD North Toronto CI <i>Toronto</i> Freddie Parr 2504	YR Markville SS <i>Markham</i> Marcus Yu 2710
RO Erindale <i>Mississauga</i> William Hong 2045	SW Sandwich SS <i>LaSalle, ON</i> Jaxon Gibb 2252 Eric Griesinger 2255 Mason Pare 2263 Greyson Pitcher 2264 Christian Veselinovic 2269 Danny Zhang 2271	TD Northern SS <i>Toronto</i> Ben Hutchinson 2511 Jacob Pozin 2514 Shaan Syed 2524 Mateo Trujillo 2525 Campbell Wotherspoon 2526 Rowan McDonald 2767	YR Newmarket <i>Newmarket</i> David Doscas 2714
RO John Fraser <i>Mississauga</i> Zohair Adnan 2051	SW Sarnia Northern <i>Sarnia, ON</i> Dawson Moses 2279	TD Parkdale CI <i>Toronto</i> Theo Fallon 2528	YR Richmond Green <i>Richmond Hill</i> Luke Laughlin 2726
RO Mayfield <i>Caledon</i> Will Holleran 2057	SW St Patricks CHS <i>Sarnia, ON</i> Mason Brown 2287 Brady Colamenco 2289 Liam Colosimo 2290 Evan Iacobelli 2291 Noah Waybrandt 2297	TD Riverdale CI <i>Toronto</i> Alexander Ferron 2543 Tyler Ing 2546 Charlie Metcalfe 2547 William Scharf 2549 James Yates 2555	YR St Robert <i>Thornhill</i> Adrian Li 2737 Ninglu Li 2738 Aaron Megit 2739 Daniel Tivig 2740 Alexander Wu 2741
RO St Joseph <i>Mississauga</i> Cohen Card 2084 Nicholas Hager 2087 Jerry Hu 2088 Simon Mrozowski 2089 Ahsan Shahid 2091 Pratul Sharma 2092			YR Stouffville <i>Stouffville</i> Remy Chadwick 2754 Liam Dare 2755 Brandon Ground 2757 Jakob Hetzler 2758 Theo Maragos 2759 Sam Tahery 2760

OFSAA CROSS COUNTRY

LIST OF PARTICIPANTS



Senior Girls 6k

CI Bayview Glen

Toronto
Muriel Lovshin 1004

CI De La Salle College

Toronto
Clara Bertoldi 1016
Emily Cescon 1018
Karina Navarrete 1020
Adriana Ricciardelli 1021
Madison Sparkman 1022
Vanessa Valenti 1023

CI Havergal College

Toronto
Ella Carrique 1024
Audrey Gage 1025
Sienna Grossi 1026
Katie McCracken 1028
Neve Padulo 1029
Nicole Tang 1030

CI Ridley College

St. Catharines
Eva Atkins 1044

CI St Clements School

Toronto
Madison McDermott 1070
Mikayla McDermott 1071

CI The Bishop Strachan School

Toronto
Sierra Horak 1092
Yoyo Zhang 1097

CI Trinity College School

Port Hope
Iza Doroszuk 1105
Abby Moorjani 1110
Charlotte Patterson 1111
Abby Richards 1112
Bianca Rigamonti 1114
Avery Vrooman 1119

CO Adam Scott CVI

Peterborough
Isobel Kidd 1140
Olivia McBride 1141
Gabrielle Moore-Clark 1142
Poppy Thomson 1144

CO Cobourg CI

Cobourg
Maria Linton 1157

CO East Northumberland SS

Brighton
Cadence Tait 1176

CO Fenelon Falls

Fenelon Falls
Zoe McIntosh 1185

CO Nicholson CC

Belleville
Ally Belanger 1201
Anabella Cowling Zeljkovic 1202
Samantha Milne 1206
Katelyn Sagriff 1209
Sophia Saville 1210
Miabella Verbeek 1211

CO St Peter CSS

Peterborough
Sydney Dobbin 1221

CO Thomas A Stewart

Peterborough
Abby Petruskas 1226

CW Bluevale C.I.

Waterloo
Casey Archer 1235
Chase Haid 1238
Jordan Haid 1239
Hanna Langenberg 1241
Kate Reader 1243
Sam Rickert 1244

CW Centennial CVI

Guelph
Sam Caputo 1248

CW John Diefenbaker Sr

Hanover
Ava Moric 1263

CW Kitchener CI

Kitchener
Lily Churchill 1265
Ellie Dowling 1266
Lena Eys 1267
Claire Huard 1268
Georgia Nyman 1269
Sydney Scott 1270

CW St Mary's HS

Owen Sound
Claire Rands 1315

CW Waterloo-Oxford DSS

Baden
Dayna Thompson 1323

CW Woodland Christian HS

Breslau
Anna Douma 1326

EO Gananoque SS

Gananoque
Brynn Bowman 1336

EO Holy Cross

Kingston
Claire Hamilton 1339
Sarah Irwin 1340
Anna Kenney 1341
Emily Kenney 1342
Ella LeBlanc 1343
Kate McKinley 1344

EO Kingston SS

Kingston
Tova Wells 1371

EO LaSalle S.S.

Kingston
Teegan Whitney 1376

EO Opeongo HS

Douglas
Quinn Coughlin 1391

EO Renfrew CI

Renfrew
Ariel Gibbons 1394

EO Thousand Islands SS

Brockville
Aryka Bennett 1406
Mercedez Covey 1408
Summer Covey 1409
Brooklyn Coville 1410
Victoria Ford 1413
Tori Morin 1420

GB Collingwood CI

Collingwood
Chantal Abbott 1436
Ashleigh Cavill 1437
Hanna Lewin 1452
Evie Oakley 1463
Emmily Ott 1464
Kenzie Wall 1471

GB Eastview

Barrie
Brooke Cooper 1473
Addison Henry 1474
Nari Hwang 1475
Willow Kozanczyn 1476
Sydney McArthur 1477
Katie Wilson 1478

GB Maple Ridge SS

Barrie
Sophia Clarkson 1490

GB Our Lady of the Bay

Collingwood
Maea Knights 1495

GB Parry Sound

Parry Sound
Mia Smith 1497

GB St Joan of Arc

Barrie
Grace Koopmans 1499

GB Twin Lakes

Orillia
Elle Waite 1518

GH Bishop Tonnos

Ancaster
Clara Fava 1532
Tessa Harvey 1533
Samantha Palma 1535
Chloe Seiler 1536
Sabina Singh 1537
Anita Smerilli 1538

GH Burlington Central HS

Burlington
Bridget Cobham 1539

GH Christ the King SS

Oakville
Charli Borak 1546
Miranda Singh-Biggs 1547

GH Garth Webb SS

Oakville
Claire Hickey 1554

GH Nelson HS

Burlington
Ella Sorge 1578

GH St Thomas More

Hamilton
Emma Burke 1611
Lidia Iannarelli 1612
Lyliana Jones 1613
Alysia Mule 1614
Callea Mule 1615
Kianna Reppington 1616

LO Anderson

Whitby
Livi Martin 1621

LO Courtice

Courtice
Cora Henderson 1636

LO Dunbarton

Pickering
Hanna Hollins 1644

LO Durham Christian H S

Oshawa
Ella VanHalteren 1648

LO Maxwell Heights

Oshawa
Lily Falzon 1657
Paisley Pennington 1661
Mariea Riopelle 1663
Emmersen Stezik 1664
Camryn Warrington 1666

LO Pickering

Ajax
Samata Chamarty 1681
Heike Clarke 1682
Jasmine Moore 1684
Asieh Shams 1685
Maya Williams 1686

LO Uxbridge S S

Uxbridge
Emily Clyde 1697

NC Ashbury College

Ottawa
Sarah Bruce 1703
Maasa Izumikawa 1704
Kate Johnston-Zemek 1705
Noemie Pound 1707
Angel Shi 1708
Ella Turner 1709

NC Glebe Collegiate

Ottawa
Lauren Alexander 1730
Gillian Keith 1735
Waverley Lyons 1737
Kinsey Sutherland 1741
Claire Waddington 1744

NC Holy Trinity

Ottawa
Jocelyn Giannotti 1747

NC Paul-Desmarais

Ottawa
Ciara Villeneuve 1785

NC Peak Centre Academy

Ottawa
Grace Streek 1786

NC St Francis Xavier

Ottawa
Bridget Jeffrey 1790

NC St Pius X

Ottawa
Isabella Chiumera 1793

NE Englehart HS

Englehart
Nina Anderson 1800
Reese Blackburn 1801
Felicity Montminy 1804
Kate Parker 1805

NE ESC Cité des Jeunes

Kapuskasing
Audrey Lepage 1809

NE Theriault

Timmins
Maria Aide Rios 1829
Raven Baker 1831
Sarila Daniels 1837
Julia Picard 1855
Tamira Rumleski 1861
Siena Therrien 1863

NO Elliot Lake SS

Elliot Lake
Rhianna Goymer 1890

NO ES Sacre-Coeur

Sudbury
Valerie Vaillancourt 1893



OFSAA CROSS COUNTRY

LIST OF PARTICIPANTS

NO Lockerby Composite School <i>Sudbury</i> Lauren Pineau 1900	RO St Marcellinus <i>Mississauga</i> Olivia Correale 2097 Emma Faddoul 2099 Ashlin Herr 2101 Flavia Linares 2106 Zara Moschetta 2110 Taia Tsagarellis 2116	SW Vincent Massey SS <i>Windsor, ON</i> Anieau Chan 2316 Ella Heredi 2317 Vivian Hu 2318 Layla Masse 2319 Sally Mu 2320 Julia Scarrow 2322	TD Northern SS <i>Toronto</i> Mia Blackmore 2506 Stella McIntosh 2512 Andrea Robles Moreno 2520 Hannah Rogers 2521 Ena Smailbegovic 2522 Isabella Ko 2766
NO LoEllen Park SS <i>Sudbury</i> Gracie Dale 1904 Monique Fitzmaurice 1906 Audrey Kawa 1910 Maija Nemer 1917 Sidney Skrobot 1927 Grace Thomas 1928	RO St Michael <i>Bolton</i> Makaela Vanstone 2117	TC Bishop Allen Academy <i>Etobicoke</i> Anais Wroblewski 2332	TD Sir Oliver Mowat CI <i>Toronto</i> Innez Galle 2558 Reid Harvey-McKean 2559 Anna Laidley 2560 Caitlin McKelvie 2561 Elizabeth Turner 2562
NO Manitoulin SS <i>Manitoulin</i> Delaney Bridgeman 1933 Willow Cooper 1934 Autumn Davy 1936 Mackenzie Green 1938 Morgan Green 1939 Maren Kasunich 1942	RO St Paul <i>Mississauga</i> Veselja Treacy 2123	TC Father John Redmond <i>Etobicoke</i> Adrienne Cao 2342 Allison Collins 2345 Gwendolyn Heffernan 2349 Daria Klufas 2351 Maya Rajhans 2357 Kaylin Woolley 2360	WO London South CI <i>London</i> Maren Flanagan 2590 Kaitlyn Koyanagi 2591 Ava Martin 2592 Emilie Ormston-Lamarche 2593 Paige Rondinelli 2594
NO St Benedict <i>Sudbury</i> Katelyn DePoli 1950 Georgia Lapage 1951	SO Blessed Trinity H S <i>Grimsby</i> Sophia Cino 2134	TC Michael Power/St.Joseph <i>Etobicoke</i> Mackenzie Gallagher 2380 Grace Lukasik 2384	WO Medway HS <i>Arva</i> Reagan Atkinson 2600 Giuliana Marra 2603 Petal Mund 2604 Brooklyn Ralph 2605 Leah Wells 2606
NW Fort Frances Muskies <i>Fort Frances</i> Payton Dolyn 1967 Harper Gunderson 1968 Sami Hillier 1969 McKenna McTavish 1970 Miranda Wilson 1973	SO Eden HS <i>St Catharines</i> Chloe DiLalla 2168	TC Notre Dame <i>Toronto</i> Hannah Wells 2417	WO Mother Teresa CSS <i>London</i> Charlotte Cromack 2608
NW Hammarskjold Vikings <i>Thunder Bay</i> Aliyah Riley 1981	SO Notre Dame College <i>Welland</i> Julia Tremeer 2182	TC Senator O'Connor <i>Don Mills</i> Danuta Carvalho 2419	WO Saunders SS <i>London</i> Madeleine Wood 2620
NW Michipicoten HS <i>Wawa</i> Madison Hamel 1988 Cadence Trudeau 1989	SO Sir Winston Churchill <i>St Catharines</i> Abby Brendzy 2186 Jolanta Clark 2188 Thea Quinn 2200 Zoe Quinn 2201 Keira Scott 2203 Hailey Taubeneck 2204	TC St John H Newman <i>Scarborough</i> Shaade Valentine 2423	WO Sir Wilfrid Laurier SS <i>London</i> Sarah Philippon 2628
NW St Patrick's Fighting Saint <i>Thunder Bay</i> Kaiya Nesti 1997	SO Westdale SS <i>Hamilton</i> Dorothy Brown 2219 Lia Fransson 2220 Stella Ludviks Pitkin 2222 Dalia Mallany 2223 Kate McDonagh 2224 Violeta Ried-Diaz 2226	TC St Joseph's College <i>Toronto</i> Thea Bonhomme 2428 Rowan Heffernan 2431 Soyul Kim 2432 Chaela Klump 2433 Isabel Pound 2434 Antonia Rubenson 2435	WO St Marys DCVI <i>St. Marys</i> Charlotte Clinton 2645
NW Superior Gryphons <i>Thunder Bay</i> Char Alley 2000 Sydney Ball 2001 Sofia Davey 2004 Fine Holland 2010 Madison Landsdell 2013 Delaney Summers 2021	SW Blenheim DHS <i>Blenheim, ON</i> Samantha Stewart 2229	TC St Patrick <i>Toronto</i> Clare Dunn 2439	WO Woodstock CI <i>Woodstock</i> Charlotte Piscione 2666
RO Applewood Heights <i>Mississauga</i> Jennifer Hartnell 2031	SW Holy Names <i>Windsor, ON</i> Alyssa Owen 2236	TC University of Toronto Schoo <i>Toronto</i> Zaira Chaudhry 2447 Michelle Cowling 2449	YR Bill Crothers SS <i>Unionville</i> Emilee Brusselers 2670 Madison Kerr-Wong 2671
RO Humberview <i>Bolton</i> McKenna Gibb 2048	SW Kingsville DHS <i>Kingsville, ON</i> Sylvia Ross 2241	TD Birchmount Park CI <i>Toronto</i> Gellia Mengistu 2466	YR Dr. G. W. Williams <i>Aurora</i> Bianca Chen-Gostynska 2684
RO Louise Arbour <i>Brampton</i> Riyaa Balakrishnan 2056	SW Sandwich SS <i>LaSalle, ON</i> Nicole Seagris 2266	TD Central Toronto A <i>Toronto</i> Eden Hildebrand 2472	YR Dr. John Denison <i>Newmarket</i> Michelle Kelly 2685 Anastasia Kirova 2686 Madeline Peltier 2688 Amelia Sales 2689 Paulina Shirkalina 2690
RO Our Lady of Mount Carmel <i>Mississauga</i> Mara Done 2066 Miya Matthews 2067 Julia Skody 2069 Niamh Tennyson Sharpe 2070 Megan Thompson 2071 Joanna Wrona 2072	SW Sarnia Northern <i>Sarnia, ON</i> Zoe Alexander 2272 Sydney Edwards 2274 Shannon James 2275 Tori Johnston 2276 Alyson Laird 2277 Mikayla Portiss 2280	TD Leaside HS <i>Toronto</i> Morgan Yeomans 2487	YR Huron Heights <i>Newmarket</i> Logan Barnes 2693 Emily Dafoe 2694 Natalie DeWilde 2695 Isabel Pegg 2697
	SW St Thomas of Villanova <i>LaSalle, ON</i> Selena Guarasci 2308	TD Malvern CI <i>Toronto</i> Elle Benson 2488 Melissa Blacquier 2489 Tegan Carpenter 2490 Maya Nobes 2494 Madeleine Zwolinski 2497	YR Newmarket <i>Newmarket</i> Alisa Ruzhynsky 2722
		TD Monarch Park CI <i>Toronto</i> Lila Jordan 2500	YR Our Lady of the Lake <i>Keswick</i> Ashley Olar 2725

OFSAA CROSS COUNTRY

LIST OF PARTICIPANTS



Senior Boys 6k

CI Country Day School

King City
Cole Sheppard 1007

CI Crescent School

Toronto
Jaksen Neldner 1008
Jeremy You 1009

CI De La Salle College

Toronto
Evan Cescon 1019

CI Royal St. George's College

Toronto
Luke Mazan 1056

CI St Michaels College School

Toronto
Carter Albiani 1075
Emilio Kandankery 1084
Matthew Kmecz 1085
Jack Major 1086
Benjamin Ottey 1088
Dallas St. John 1090

CI Toronto French School

Toronto
Lincoln Clarke 1102

CI Trinity College School

Port Hope
Ayaan Chaudhary 1104
James Hassard 1106
Nolan McReelis 1109
Andrew Richards 1113
Justin Samson 1115
Aidan Small 1117

CI Upper Canada College

Toronto
David Jiang 1124
Lucas Levenson 1125
Liam McKay 1127
Gabriel Rende 1129
Oliver Taback 1131
Ben White 1132

CI Villanova College

King City
Hayden Hour 1133

CO Adam Scott CVI

Peterborough
Owen Hart 1139

CO East Northumberland SS

Brighton
Carter Geens 1166
Ethan Miklos 1172
Aidan Molenhuis 1173
Dominic Noreau 1174
Owen Turner 1179
Jacob Wamboldt 1180

CO Eastside SS

Belleville
Theo Lavender 1181
Rodney Maracle 1184

CO Kenner CVI

Peterborough
Ashwin Bakirathan 1195
Evan Jones 1196
John Lee 1197
Parker MacDonald 1198
Landon Sinclair 1200

CO St Peter CSS

Peterborough
Cole Higgins 1222

CO St Theresa CSS

Belleville
Christopher Down 1224

CW Eastwood CI

Kitchener
Jacob Paul 1251

CW Monsignor Doyle C.S.S.

Cambridge
Andrew Corbell 1273

CW Orangeville DSS

Orangeville
Owen Bailey-Braun 1275
Thomas Beukeboom 1276
Jack Haddock 1281
Sam Pipher-Swyer 1287
Craig Stevenson 1289
Logan Willcott 1291

CW Resurrection CSS

Kitchener
Josh Aagard 1294

CW St David CSS

Waterloo
Landon Reuter 1308

CW Valley Heights SS

Langton
Eytan Mirie 1317

CW Waterloo-Oxford DSS

Baden
Luke Gmach 1319
Eli Martin 1320
Jacob Pfohl 1321
Samuel Rohr 1322
Mason Trussell 1324
Liam Wagler 1325

EO Kingston SS

Kingston
Jack Flynn 1351
Adam Hendry 1353
Garret Hopkins 1354
William Phinney 1365
Nolan Rider 1367
Levi Sparrow-Edwards 1370

EO North Grenville DHS

Kemptville
Lucas Bergeron 1384
Lukas Leroux 1386
Evan MacKenzie 1387
Noah Simpson 1388
Hunter Stevenson 1389
Jake Watkins 1390

EO Regiopolis-Notre Dame

Kingston
Brady Kyle 1393

EO Smiths Falls DCI

Smiths Falls
Parker Levac 1397

EO St Mary

Brockville
Travis Gaffney 1401
Jackson Whitham 1402

EO Thousand Islands SS

Brockville
Alex Plant 1421

GB Barrie North Collegiate

Barrie
Wyatt Murray 1428

GB Bradford

Bradford
Josh Varley 1434

GB Collingwood CI

Collingwood
Finn Green 1443
Johnny Liotta 1453
Wesley MacMillan 1455
Benjamin Mundle 1461
Memphis Palmer-Gummer 1465
Nathan Sims 1469

GB Innisdale

Barrie
Tyler Klazak 1487

GB Parry Sound

Parry Sound
Ewan Pengra 1496

GB St Joseph's

Barrie
Sean Harrington 1501

GB Twin Lakes

Orillia
Oliver Avery 1512
Jacob Hazel 1513
Lachlan Sharpe 1514
Nathaniel Sneyd 1515
Erik Vurma 1517

GH Assumption Catholic SS

Burlington
Christian Jarosz 1528
Nolan McGregor 1529

GH Corpus Christi CSS

Burlington
Nathan Parkes 1549

GH MM Robinson HS

Burlington
Nickolas Bradshaw 1566
Keegan Brudnjak 1567
Landyn Cooke-Bithrey 1569
Arnold Liu 1573
Jake Morash 1575
Ben Wallace 1577

GH Notre Dame Burlington

Burlington
Michael Schmalz 1584

GH St Ignatius of Loyola

Oakville
Romain Sordet 1596

GH St Thomas Aquinas

Oakville
Adley Cusick 1603
Matthew Luke 1604
Jack McNeillage 1605
Bart Podhorski 1607
Ethan Sebastianpillai 1608
George Van Niekerk-Dick 1610

LO Brooklyn

Whitby
Nolan Buie 1623
Hayden Doubleday 1626
Luke Ford 1627
Tyler Gilchrist 1629
Lucas Nelson 1634

LO Courtice

Courtice
Jordan Haskins 1635
Nathan Hibbard 1637

LO Donald A. Wilson

Whitby
Jack Debosky 1638
Adam Edwards 1639
Quinlan Hogan 1640
Jack Lazear 1641
Calvin Traczuk 1642

LO Maxwell Heights

Oshawa
David Guarin 1658

LO Pickering

Ajax
Jared Lozano 1683

LO Sinclair SS

Whitby
Andrej Prekajski 1694

NC Glebe Collegiate

Ottawa
William Fairhead 1733
Russell Heins 1734
Kiefer Melinz-Dupuis 1738
Derek Strachan 1739
Saul Taler 1742

NC Immaculata

Ottawa
Samuel Carlson 1748
Nate McFarling 1752
Aleksander Meehan 1753
Matteo Padoin-Castillo 1754
Noah Smith 1758

NC Lisgar Collegiate

Ottawa
Jacob Puvan 1767

NC Louis-Riel

Ottawa
Daniel Cova 1768
Cohen Kaye 1771

NC Sir Robert Borden

Ottawa
Barrett Goold 1788

NC Woodroffe

Ottawa
Max Wilson 1795

NE Kirkland Lake DCS

Kirkland Lake
Andrew Herridge 1811
Liam McBean 1813
Austin McLean 1814
Scott Roy 1815

NE Theriault

Timmins
Peyton Daigle 1836
Braeden Estabrooks 1839
Nathan Lemire 1848
Ian McLean 1851
Maxime Morin 1854
Brennan Roy 1860

NE Timiskaming DSS

New Liskeard
Isaac Desilets 1865
Rylan Griesse 1867

NO College Notre Dame

Sudbury
Max Portelance 1888

NO Lockerby Composite School

Sudbury
Liam Binks 1895

NO LoEllen Park SS

Sudbury
Jacob Barney 1901
Owen Dobson 1905
Nolan Kuhlberg 1911
Sam Rice 1922
Shiloh Sauve 1924



OFSAA CROSS COUNTRY

LIST OF PARTICIPANTS

NO Manitoulin SS <i>Manitoulin</i> TJ Green 1940 Xavi Mara 1943 Brodie Pennie 1944 Alan Wilkin 1946 Matthew Wilkin 1947	SO Dundas Valley SS <i>Dundas</i> Ben Fulton 2142 Robert Hanisco 2145 Cohen Ledger 2146 Tyrus Maga 2148 Cameron Mason 2149 Iain Thomson 2155	TC Mgrs. Percy Johnson <i>Rexdale</i> Uriel Espana Gomez 2373	WO Oakridge SS <i>London</i> Quinten Marsh-Lansard 2613
NO Superior Heights <i>Sault Ste. Marie</i> Peter Gartshore 1960	SO E. L. Crossley <i>Fonthill</i> Matt Kleinsmith 2160	TC Michael Power/St.Joseph <i>Etobicoke</i> Paul Bosyj 2374 Francesco Di Fonzo 2377 Zack Dinatolo 2378 Richard Murygin 2387 Adriano Neri 2388 Kyle Roiati 2390	WO Regina Mundi CC <i>London</i> Liam Smith 2617
NO West Ferris <i>North Bay</i> Wes Buell 1961 Jesse Daniw 1962	SO Eden HS <i>St Catharines</i> Elijah Bayne 2166 Graham Tomori 2173	TC Neil McNeil <i>Toronto</i> Xavier Gordon 2399 Noah McPherson 2404 Jamie Parkin 2406 Kebon Seyoum 2407 Dylan Welch 2410 Ian Yusti 2411	WO St Andre Bessette CSS <i>London</i> Matteo Di Ciocco 2629
NW ÉSC de La Vérendrye <i>Thunder Bay</i> Huntington McNab 1966	SO Governor Simcoe <i>St. Catharines</i> Sebastian Glaser 2174	TC St Patrick <i>Toronto</i> Jahleel Powers 2446	WO St Joseph's CHS <i>St. Thomas</i> Noah Bakker 2632 Connor Crosby 2634 Ty Emre 2636 Fowler Little 2639 Lucas Skirtschak 2641 Joel Jensen 2762
NW Fort Frances Muskies <i>Fort Frances</i> Rex Tolton 1972	SO Sir Winston Churchill <i>St Catharines</i> Samuel Dellalian 2190 Owen Lewis 2194 Tristan Mallysh 2196 Owen Masterson 2197 Jack Molloy 2199 Rian Wilson 2210	TC University of Toronto Schoo <i>Toronto</i> Andrew Karanicolas 2451	WO Stratford DSS <i>Stratford</i> Daniel Ogilvie 2664
NW Hammarskjold Vikings <i>Thunder Bay</i> Eric Mann 1979 Justin Turek 1984	SW Holy Names <i>Windsor, ON</i> Elliot Lester 2234	TD Birchmount Park CI <i>Toronto</i> Felix Lara 2463 Odin Levi 2464 Kai Luong 2465 Noah Patterson 2467 Natnael Zeferu 2471	YR Bill Crothers SS <i>Unionville</i> Michael Liu 2673
NW Ignace Falcons <i>Ignace</i> Gavin Berube 1986	SW Kingsville DHS <i>Kingsville, ON</i> Hayden Nurse 2240	TD Earl Haig SS <i>Toronto</i> Sho Adachi 2473	YR Bill Hogarth <i>Markham</i> Aaryan Arora 2677 William Cheng 2678 Cameron Huggins 2680 Niall Kavanagh 2681 Tyler O'Connor 2682 Zachary Taniguchi 2683
NW Superior Gryphons <i>Thunder Bay</i> Jayvin Huang 2011 Pratick Pathak 2015 Sam Prezio 2016 Ben Sunila 2022	SW Sandwich SS <i>LaSalle, ON</i> Kelvin Baker 2246 Owen Coffey 2248 Roman Gesuale 2251 Alex Gin 2253 Yousif Hamad 2256 Andreas Pardalis 2262	TD Harbord CI <i>Toronto</i> Eitan Garfin-Udaskin 2474	YR Dr. John Denison <i>Newmarket</i> Ryan Ward 2691
RO Brampton Centennial <i>Brampton</i> Benjamin Peron 2041	SW St Joseph's CHS <i>Windsor, ON</i> Kade Campbell 2285	TD Lawrence Park CI <i>Toronto</i> Willem De Gooyer 2482	YR Huron Heights <i>Newmarket</i> Noah Nagy 2696
RO Clarkson <i>Mississauga</i> Michael Ayerst 2043	SW St Thomas of Villanova <i>LaSalle, ON</i> Brendan Currie 2303	TD Leaside HS <i>Toronto</i> Nathan Arsenault 2484	YR Markville SS <i>Markham</i> Joseph Achong 2700 Lenny Fang 2701 Robert Fletcher 2702 Aaron Yu 2708 Daniel Yu 2709 Daniel Zhao 2711
RO David Suzuki <i>Brampton</i> Saurang Puthenkulanger 2044	SW Vincent Massey SS <i>Windsor, ON</i> Daniel Bothamley 2315 Andrew Raoux 2321 Praagney Sharma 2323 Omar Soufan 2324 Alex Tran 2325 Yassine Wafai 2326	TD Northern SS <i>Toronto</i> Will Greenfield 2509	YR Sir William Mulock <i>Newmarket</i> Damian Harvey 2761
RO Humberview <i>Bolton</i> Cameron Bennett 2047	SW Walkerville CI <i>Windsor, ON</i> Evan Labutte 2327	TD Richview CI <i>Toronto</i> Maxime Frost 2532 Charles Huang 2533 Luca Rocco 2537 Nathan Rumble 2538 Andrew Weber 2540	YR St Maximillian Kolbe <i>Aurora</i> Grayson Butler 2729
RO Lorne Park <i>Mississauga</i> Skyler Grossi 2053	TC Bishop Allen Academy <i>Etobicoke</i> Oliver Emo 2329	TD W.L. MacKenzie CI <i>Toronto</i> Ryker Del Mundo 2569 Simon Drolet 2570 Jonathan Liu 2571 Daniel Morgan 2572 Jaden Stewart 2574	
RO Mentor College <i>Mississauga</i> Sam Fairbrother 2058 Amare Getahun 2059 Mark Hogan 2061 Jamie Masterton 2062 Sohan Rasul 2063 Josh Stinson 2064	TC Chaminade College <i>Toronto</i> Aaron Smith 2339	WO London Central SS <i>London</i> Kevin Chen 2580 Ted Green 2584 Ian McAllister 2585 Myles Nazarewicz 2587 Alec Royce 2589	
RO St Marcellinus <i>Mississauga</i> Pablo Arias 2094 Nathanael Assefa Niguissie 2095 Manuel Cermenio 2096 Christian Lebar 2104 Santiago Mendoza Sanchez 2108 Matthew Obohat 2111	TC Father John Redmond <i>Etobicoke</i> Marco Leitoguinho 2353 Luca Marks 2354	WO Mother Teresa CSS <i>London</i> Alex Leinweber 2609	
SO A.N. Myer <i>Niagara Falls</i> Kaden Shaw 2129	TC Mary Ward <i>Scarborough</i> Miles Lin 2371		

OFSAA CROSS COUNTRY

LIST OF PARTICIPANTS



Para 4k

CO Centennial SS

Ellen Davidson (I) 3071

CO East Northumberland SS

Brighton

Addie Davis (I) 3072

CO Quinte Christian HS

Belleville

Adelyn McLarty (A) 3007

CW Bluevale C.I.

Waterloo

Ali Mussa Ali (I) 3073

CW Laurel Heights SS

Waterloo

Varfley Dofleh (I) 3074

CW St James CHS

Guelph

Edwin Rendon (I) 3075

EO Ernestown S.S.

Odessa

Joshua Flank (A) 3004

Kai Young (I) 3076

EO ESC Hawkesbury

Hawkesbury

Flavien Lavigne (A) 3006

Tristan McGuire (I) 3077

EO Regiopolis-Notre Dame

Kingston

Ella Heeler (A) 3005

EO Sydenham

Sydenham

Aidan Holman (I) 3078

EO Valour

Petawawa

Luca Brulotte (A) 3001

GB Banting Memorial

Aliston

Morgan Hohner (I) 3079

Adam Maciel (I) 3080

GB Bear Creek S.S.

Barrie

Alissa Beelby (I) 3081

Imaan Hanaan (I) 3082

GB Parry Sound

Parry Sound

Ronin Hansman (V) 3036

Trajan Hansman (V) 3037

GH Georgetown DHS

Georgetown

Ziva Calder (I) 3083

Rheilin McPhee (I) 3084

Jorja Padt (I) 3085

GH MM Robinson HS

Burlington

Marcelo Dinicolantonio (I) 3086

Nathaniel Kavanagh-Shields (I) 3087

Faith Magyar (I) 3088

GH St Ignatius of Loyola

Oakville

Sheyana Hebert (I) 3089

GH St Mary

Hamilton

Michael Janczak (V) 3038

NC South Carleton

Richmond

Noah Lamoureux (I) 3090

NO Lasalle SS

Sudbury

James Butcher (A) 3002

Summer Boyer (I) 3091

Gabriel Lapointe (I) 3092

Dante Ricketts (I) 3093

RO St Aloysius Gonzaga

Mississauga

Yazan Elagib (A) 3003

SO Dundas Valley SS

Dundas

Liam Curtis (I) 3094

SO Nora Francis Henderson SS

Hamilton

Carter Burke (I) 3095

SO Westdale SS

Hamilton

Lilly Hudgins (I) 3096

William Pink (I) 3097

SW Maranatha Christian Academy

Windsor, ON

Kawlija Varga (V) 3039

SW St Joseph's CHS

Windsor, ON

Anthony Cigan (I) 3098

TC Marshall McLuhan

Toronto

Kyle Ortizo (I) 3099

TD Albert Campbell C.I

Toronto

Lauryn Cardon (I) 3100

Zahara Patel (I) 3101

Ashwina Ramanakumar (I) 3102

Ashwini Ramanakumar (I) 3103

TD Birchmount Park CI

Toronto

Shane Vaughan (I) 3104

TD Central Etobicoke

toronto

Farouk Abati (I) 3105

Joseph Hay (I) 3106

Dimitrije Milovanovic (I) 3107

Pavle Samardzic (I) 3108

TD Westview Centennial SS

Toronto

Godfried Nketia (I) 3109

Fawaz Sadiq (I) 3110

Ky'Moni West (I) 3111

WO Clarke Road SS

London

Victoria Regier (I) 3112

WO London South CI

London

Jelani Oyomo (I) 3113

WO Mother Teresa CSS

London

Zack Stubbs (I) 3114

WO Saunders SS

London

Ryan Gillis (I) 3115

Adam Mensah (I) 3116

Griffin Stevenson (I) 3117



NIKE PEGASUS SHIELD

Springy and Water Repellant

NIKE PEGASUS SHIELD

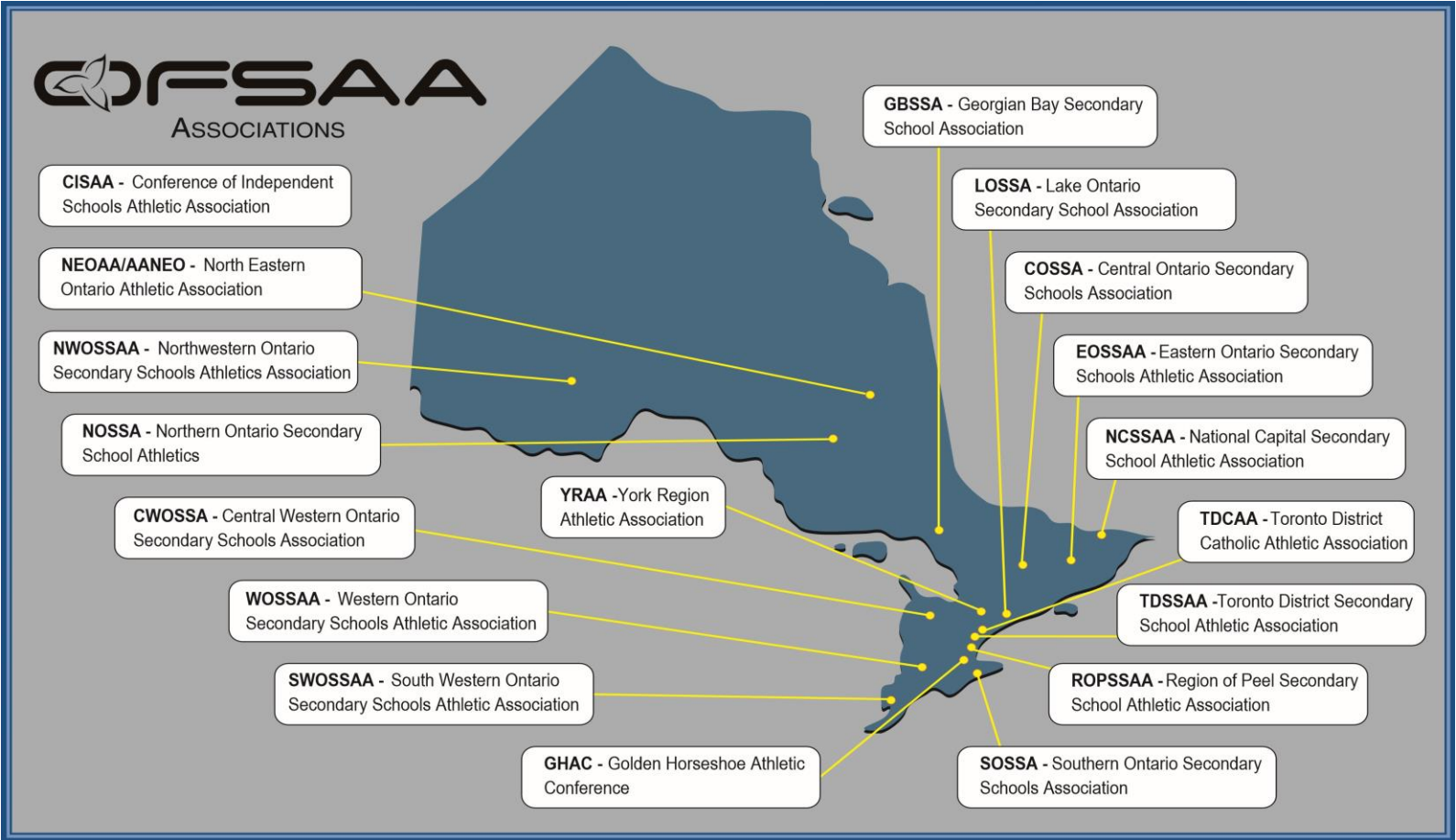
Springy and Water Repellant





OFSAA CROSS COUNTRY

MAP OF ASSOCIATIONS



COACHING CREED

Be a resourceful person able to assist the athlete to develop his/her athletic potential and self-dependency.

Recognize individual differences in athletes and always think of the athlete's long-term best interests.

Aim for excellence based upon realistic goals and the athlete's growth and development.

Lead by example. Teach and practise cooperation, self-discipline, respect for officials and opponents and proper attitudes in language, dress and deportment.

Make sport challenging and fun. Skills and techniques need not be learned painfully.

Be honest and consistent with athletes. They appreciate knowing where they stand.

Be prepared to interact with the media, league officials and parents. They too have important roles to play in sport.

Coaching involves training by responsible people who are flexible and willing to continually learn and develop.

Physical fitness should be a lifelong goal for all Canadians. Encourage athletes to be fit all year, every year and not just for the season.



OFSAA CROSS COUNTRY

SPECTATOR CODE OF CONDUCT

Code of Conduct for Spectators to OFSAA Events

Any OFSAA event must attempt to achieve a standard of organizational and educational excellence which will serve to place it beyond reproach in either area. OFSAA is committed to providing a safe and inclusive environment that is free of discrimination and harassment. Everyone is welcome and should expect to help promote an environment where people are treated in a courteous, professional, considerate and respectful manner by all spectators, staff and participants. Accordingly, in alignment with the Ontario Safe Schools Act, OFSAA has a zero-tolerance policy and will not tolerate unsafe, abusive, unlawful or offensive conduct at our events. The Spectator Code of Conduct reminds spectators to:

- Cheer in a positive manner
- Respect officials decisions
- Not interfere with the competition
- Keep off of the playing area
- Be courteous and respectful

The following conduct addresses conduct that is inconsistent with OFSAA's mission, goals and values and detracts from the overall OFSAA experience and is prohibited at all OFSAA events:

- Behaviour that is unruly, disruptive, threatening or violent in nature, including verbal or physical harassment of officials, student-athletes, teacher-coaches, staff or other spectators
- Conduct that is illegal
- Conduct that results in damage to the facility or other personal property
- Displaying signs, symbols, images (including those associated with hate based organizations), using language or making gestures that are threatening, abusive, or discriminatory, including on the basis of race, ethnicity, national origin, religion, gender, gender identity, ability, and/or sexual orientation
- Interfering with the competition, including; entering the field of play, throwing objects of any kind, incidents of distraction (e.g. artificial noisemakers, noise during a serve or foul shot, etc.)
- Throwing objects of any kind, or entering the field of play
- Failing to follow requests from staff regarding event operations, policies and emergency response procedures
- Consumption or being under the influence of any alcoholic beverage or drugs, other than medication prescribed by a medical doctor, whether of legal age or not, at any time during an OFSAA event
- Any disruptive, harmful or disorderly behaviour or any act which, in the opinion of the convenor or OFSAA representative, presents a risk to the safety of other individuals, interferes with the competition or otherwise targets other spectators or other spectators enjoyment of the competition.

Procedure: Actions contrary to this Code of Conduct shall be referred to the Protest Committee which shall investigate the matter and decide on the penalty, if any, to be assessed.

Penalty: Penalties imposed may include, but are not limited to: ejection, suspension of entry privileges, notification to appropriate sport governing bodies, requiring written letter of apology and requiring appropriate restitution.

Failure to comply with the Code of Conduct for Spectators and any other OFSAA ByLaws, Regulations & Policies may lead to ejection and/or penalties listed above.





OFSAA CROSS COUNTRY

PAST CHAMPIONS - BOYS

OVERALL BOYS' CHAMPION

YEAR	SCHOOL	ASSOCIATION	SITE
2022	Neil McNeil H.S.	TDCAA	Uxbridge
2021	Neil McNeil H.S.	TDCAA	Lakefield
2020	No Event Held		
2019	Sir Winston Churchill	SOSSA	Sudbury
2018	St Michael's College School	TDCAA	Dundas
2017	Vincent Massey	SWOSSAA	Petawawa
2016	Holy Names	SWOSSAA	Port Hope
2015	Vincent Massey	SWOSSAA	Duntroon
2014	Sir Winston Churchill	SOSSA	Waterloo
2013	St Michael's College School	TDCAA	Sudbury
2012	RS McLaughlin	LOSSA	Brampton
2011	Birchmount Park	TDSSAA	Ottawa
2010	RS McLaughlin	LOSSA	Etobicoke

NOVICE TEAM

YEAR	SCHOOL	ASSOCIATION	SITE
2022	Thousand Islands S.S.	EOSSAA	Uxbridge
2021	Fenelon Falls S.S.	COSSA	Lakefield
2020	No Event Held		
2019	Sir Winston Churchill	SOSSA	Sudbury
2018	St Michael's College School	TDCAA	Dundas
2017	Uxbridge SS	LOSSA	Petawawa
2016	Birchmount Park	TDSSAA	Port Hope
2015	St. Michael's College	CISAA	Duntroon
2014	St. Marcellinus	ROPSSAA	Waterloo
2013	Neil McNeil HS	TDCAA	Sudbury
2012	Tecumseh Vista Academy	SWOSSAA	Brampton
2011	Holy Cross	EOSSAA	Ottawa
2010	Vincent Massey C.I.	SWOSSAA	Etobicoke
2009	Pickering HS	LOSSA	Vaughan
2008	Father John Redmond	TDCAA	Sarnia
2007	Highland SS	SOSSA	Niagara Falls
2006	Thousand Islands S.S.	EOSSAA	Thunder Bay
2005	Vincent Massey C.I.	SWOSSAA	Kingston
2004	Thousand Islands S.S.	EOSSAA	Guelph
2003	Sir Winston Churchill	SOSSA	Renfrew
2002	R.S. McLaughlin C.V.I.	LOSSA	Port Hope
2001	Paul Dwyer School	LOSSA	Gloucester
2000	Chippewa S.S.	NOSSA	Brampton
1999	Thousand Islands S.S.	EOSSAA	Toronto
1998	St. Michael's College	TDCAA	Toronto
1997	St. Michael's College	TDCAA	Cobden
1996	Thousand Islands S.S.	EOSSAA	Toronto
1995	St. Michael's College	TDCAA	London
1994	St. Michael's College	TDCAA	Ancaster
1993	Lo-Ellen Park	NOSSA	Woodbridge
1992	St. Michael S.S.	WOSSA	Brampton
1991	St. Michael S.S.	WOSSA	Barrie
1990	Centre Wellington	CWOSSA	London
1989	St. Mary's College	NOSSA	Boyd
1988	St. Michael's C.S.	TDCAA	Kingston
1987	Georgetown D.H.S.	HIAC	Toronto
1986	St. Jerome's H.S.	CWOSSA	North Bay
1985	St. Michael's C.S.	TDCAA	Brockville
1984	Tillsonburg D.H.S.	WOSSA	Georgetown

OFSAA CROSS COUNTRY

PAST CHAMPIONS - BOYS



NOVICE TEAM CONT'D

YEAR	SCHOOL	ASSOCIATION	SITE
1983	Georgetown D.H.S.	PHSSAA	London
1982	E.S. Theriault	IAGB	North Bay
1981	Montcalm S.S.	WOSSA	Boyd
1980	Georgetown D.H.S.	PHSSAA	London
1979	Georgetown D.H.S.	PHSSAA	Glen Lawrence
1978	Georgetown D.H.S.	PHSSAA	Scarborough
1977	Vincent Massey C.I.	TDIAA	North Bay
1976	Lockerby C.S.	NOSSA	St. Catharines
1975	Lockerby C.S.	NOSSA	Collingwood
1974	Cedarbrae C.I.	TDIAA	Albion Hills
1973	Widdifield S.S.	NOSSA	North Bay
1972	Lockerby C.S.	NOSSA	Boyd
1971	Michael Power H.S.	TDCAA	Boyd
1970	Kipling C.I.	TDIAA	Boyd
1969	Port Hope H.S.	COSS	Boyd
1968	Widdifield S.S.	NOSSA	Boyd
1967	Michael Power H.S.	TDCAA	Hamilton
1966	Widdifield S.S.	NOSSA	Ottawa
1965	Lorne Park S.S.	TDIAA	Boyd
1964	Richview C.I.	TDIAA	Boyd
1963	Cedarbrae C.I.	TDIAA	Boyd
1962	Stratford C.I.	WOSSA	Boyd
1961	York Mills C.I.	TDIAA	Boyd

NOVICE INDIVIDUAL

YEAR	STUDENT ATHLETE	ASSOCIATION	SCHOOL
2022	Jack Gregory	CSSAA	Nepean H.S.
2021	Dallas St. John	CISAA	St. Michael's College School
2020	No Event Held		
2019	Erik Unger	COSSA	Adam Scott
2018	Heath McAllister	WOSSAA	Central SS
2017	Roman Mironov	TDSSAA	Father Redmond
2016	Joe Fast	NCSSAA	Ridgemont HS
2015	Brock McKenzie	CWOSSA	Our Lady of Lourdes
2014	Thomas Witkowicz	LOSSA	All Saints CHS
2013	Mathieu Plamondon	NEOAA	E.S.C. Theriault
2012	Edward Hayfron	SSSAA	Birchmount Park Cl
2011	Kieran L'Abbe	EOSSAA	Frontenac S.S.
2010	Robbie Elmhirst	YRAA	Bill Crothers SS
2009	Ryan Sleiman	SWOSSAA	Kingsville DHS
2008	Eamonn Kichuk	YRAA	Bill Crothers SS
2007	Conner Darlington	LOSSA	Anderson CVI
2006	Paul Janikowski	SWOSSAA	St. Thomas of Villanova
2005	Ian Donald	NCSSAA	Nepean H.S.
2004	Darcy Wilson	WOSSAA	Stratford Central
2003	Matt Leeder	EOSSAA	Thousand Islands S.S.
2002	Rob Brown	LOSSA	R.S. McLaughlin C.V.I.
2001	Micheal Woods	NCSSAA	Hillcrest H.S.
2000	Jay Morril	GBSSA	Collingwood C.I.
1999	Peter Thorson	CWOSSA	Saugeen S.S.
1998	Slarhaden Hussein	SSSAA	Cedarbrae C.I.
1997	Dylan Wykes	EOSSAA	Frontenac S.S.
1996	Robert Wraith	TDCAA	Senator O'Connor
1995	Steven Koscis	WOSSA	St. Mary's H.S.
1994	Ryan Bradshaw	NOSSA	Lo-Ellen Park C.S.
1993	Jonathan Chenier	GBSSA	St. Joseph's H.S.
1992	Drew Graham	CWOSSA	J.F. Ross C.V.I.



OFSAA CROSS COUNTRY

PAST CHAMPIONS - BOYS

NOVICE INDIVIDUAL – CONT'D

YEAR	STUDENT ATHLETE	ASSOCIATION	SCHOOL
1991	Ricardo Santos	TDCAA	Bishop F. Marrocco
1990	Chris MacGregor	NCSSAA	Brookfield H.S.
1989	Steve Morrison	CWOSSA	Forest Heights C.I.
1988	Kevin Sullivan	CWOSSA	North Park C.V.S.
1987	Chris McPherson	CWOSSA	Kincardine D.S.S.
1986	Ian Forsyth	WOSSA	Sir F. Banting S.S.
1985	Brian Hagrmeier	CWOSSA	Chesley D.H.S.
1984	Tim Jackson	GBSSA	Orillia D.H.S.
1983	John Texeira	WOSSA	A.B. Lucas S.S.
1982	Richard Charette	NOSSA	E.S. Algonquin
1981	Allan Faulds	CWOSSA	Belleville Centennial
1980	Wayne Dustin	NOSSA	Bawating C.V.S.
1979	Ron Castonguay	NWOSSAA	Hillcrest H.S.
1978	Jamie Stafford	TDCAA	Brebeuf
1977	Dave Reid	TDIAA	West Humber
1976	Ian Clarke	PHSSAA	Georgetown C.H.S.
1975	Ian Clarke	PHSSAA	Georgetown C.H.S.
1974	John Settle	CWOSSA	J.F. Ross C.V.I.
1973	Roy Costello	PHSSAA	Woodland S.S.
1972	Jari Karri	IAGB	Roland Michener S.S.
1971	K. Lavell	SOSSA	Dunnville S.S.
1970	Marc Cannata	TDIAA	West Hill C.I.
1969	Michael Lanigen	HIAC	Bishop Ryan
1968	Paul Craig	NYSSAA	Don Mills C.I.
1967	Roger Serin	COSSA	Port Hope H.S.
1966	B. Toni	PHSSAA	Nielson H.S.
1965	R. Smith	TDIAA	Kipling C.I.
1964	B. Henden	COSSA	Lakefield D.H.S.
1963	D. Patterson	TDIAA	Richview C.I.
1962	B. Dempster	TDIAA	Richview C.I.
1961	Wayne Yetman	TDIAA	Etobicoke C.I.

JUNIOR TEAM

YEAR	SCHOOL	ASSOCIATION	SITE
2022	Immaculata	NCSSAA	Uxbridge
2021	Lo-Ellen Park S.S.	NOSSA	Lakefield
2020	No Event Held		
2019	St. Joseph's	WOSSAA	Sudbury
2018	Glebe CI	NCSSAA	Dundas
2017	Neil McNeil HS	TDSSAA	Petawawa
2016	St. Michael's C.S.	TDCAA	Port Hope
2015	Notre Dame CSS	LOSSA	Duntroon
2014	Sir Winston Churchill	SOSSA	Waterloo
2013	Father John Redmond	TDCAA	Sudbury
2012	R.S. McLaughlin CVI	LOSSA	Brampton
2011	Sir Winston Churchill	SOSSA	Ottawa
2010	Birchmount Park	TDSSAA	Etobicoke
2009	Northern CI & VS	SWOSSAA	Vaughan
2008	Highland S.S.	SOSSA	Sarnia
2007	Notre Dame CHS	GHAC	Niagara Falls
2006	Vincent Massey	SWOSSAA	Thunder Bay
2005	Thousand Islands S.S.	EOSSAA	Kingston
2004	Sir Winston Churchill	SOSSA	Guelph
2003	Catholic Central H.S.	WOSSAA	Renfrew
2002	Chippewa S.S.	NOSSA	Port Hope
2001	Kingston C.I.	EOSSAA	Gloucester
2000	St. Michael's C.S.	TDCAA	Brampton
1999	St. Michael's C.S.	TDCAA	Toronto
1998	St. Michael's C.S.	TDCAA	Toronto

OFSAA CROSS COUNTRY

PAST CHAMPIONS - BOYS



JUNIOR TEAM – CONT'D

YEAR	SCHOOL	ASSOCIATION	SITE
1997	Paul Dwyer School	LOSSA	Cobden
1996	Our Lady of Lourdes C.H.S.	CWOSSA	Toronto
1995	Regina Mundi College	WOSSA	London
1994	Roland Michener S.S.	IAGB	Ancaster
1993	Sir Winston Churchill	SOSSA	Woodbridge
1992	Centre Wellington D.H.S.	CWOSSA	Brampton
1991	Regina Mundi College	WOSSA	Barrie
1990	St. Michael's C.S.	TDCAA	London
1989	St. Michael's C.S.	TDCAA	Boyd
1988	E.S. Theriault	IAGB	Kingston
1987	E.S. Theriault	IAGB	Toronto
1986	St. Michael's C.S.	TDCAA	North Bay
1985	Tillsonburg D.H.S.	WOSSA	Brockville
1984	O'Neill C.V.I.	COSSA	Georgetown
1983	E.S. Theriault	IAGB	London
1982	Hillcrest H.S.	NWOSSA	North Bay
1981	St. Michael's C.S.	TDCAA	Boyd
1980	Lo-Ellen Park S.S.	NOSSA	London
1979	Georgetown D.H.S.	PHSSAA	Glen Lawrence
1978	Georgetown D.H.S.	PHSSAA	Scarborough
1977	Georgetown D.H.S.	PHSSAA	North Bay
1976	Cedarbrae C.I.	TDIAA	St. Catharines
1975	Cedarbrae C.I.	TDIAA	Collingwood
1974	Manitoulin S.S.	NOSSA	Albion Hills
1973	Lockerby C.S.	NOSSA	North Bay
1972	Michael Power H.S.	TDCAA	Boyd
1971	Lockerby C.S.	NOSSA	Boyd
1970	Hill Park S.S.	HIAC	Boyd
1969	Don Mills C.I.	TDIAA	Boyd
1968	G.S. Henry S.S.	NYSSAA	Boyd
1967	Monarch Park S.S.	TSSAA	Hamilton
1966	Highland S.S.	SOSSA	Ottawa
1965	Medway H.S.	WOSSA	Boyd
1964	York Mills C.I.	TDIAA	Boyd
1963	York Mills C.I.	TDIAA	Boyd
1962	Medway H.S.	WOSSA	Boyd
1961	Don Mills C.I.	TDIAA	Boyd
1960	Streetsville H.S.	TDIAA	Boyd

JUNIOR INDIVIDUAL

YEAR	STUDENT ATHLETE	ASSOCIATION	SCHOOL
2022	Saul Taler	NCSSAA	Glebe C.I.
2021	David Jiang	CISAA	Upper Canada College
2020	No Event Held		
2019	Riley Flemington	CISAA	Appelby
2018	Eric Campbell	SOSSA	Sir Winston Churchill SS
2017	Joe Fast	NCSSAA	Ridgemount SS
2016	Nick Mota	YRAA	Newmarket HS
2015	Thomas Witkowicz	LOSSA	All Saints
2014	Matieu Plamondon	NEOAA	ESC Theriault
2013	Owen Day	NCSSAA	Holy Trinity
2012	Muhumed Sirage	WOSSA	Montcalm SS
2011	Robbie Elmhirst	GBSSA	Huron Heights
2010	Ben Flanagan	CWOSSA	St. Mary's
2009	Eamonn Kichuk	YRAA	Bill Crother SS
2008	Tristan Woodfine	EOSSAA	Opeongo
2007	Paul Janikowsky	SWOSSAA	St. Thomas of Villanova SS
2006	Daryl Smith	SWOSSAA	Vincent Massey S.S.
2005	Will McFall	EOSSAA	Thousand Islands S.S.



OFSAA CROSS COUNTRY

PAST CHAMPIONS - BOYS

JUNIOR INDIVIDUAL – CONT'D

YEAR	STUDENT ATHLETE	ASSOCIATION	SCHOOL
2004	Matt Leeder	EOSSAA	Thousand Islands S.S.
2003	Kyle Boorsma	CWOSSA	Centennial C.V.I.
2002	Braden Novakowski	EOSSAA	Kingston C.V.I.
2001	Jay Morrill	GBSSA	Collingwood C.I.
2000	Adam Hortian	CWOSSA	Bluevale C.I.
1999	Nathan Brannen	CWOSSA	Preston H.S.
1998	Nathan Brannen	CWOSSA	Preston H.S.
1997	Cristiano Mauricio	SWOSSAA	Cardinal Carter S.S.
1996	Matt Haymen	NOSSA	White Pines C.V.S.
1995	John Chenier	GBSSA	St. Joseph's
1994	Steve Lawrence	COSSA	East Northumberland
1993	Murray Link	EOSSAA	North Dundas
1992	Matthew Kerr	CWOSSA	Centre Wellington
1991	Alex Hutchinson	TSSAA	U. of T. Schools
1990	Kevin Sullivan	CWOSSA	North Park C.V.S.
1989	Kevin Sullivan	CWOSSA	North Park C.V.S.
1988	Joseph Kibur	NY-TD	Earl Haig S.S.
1987	Bob Donker	HIAC	Georgetown D.H.S
1986	Jason Bunston	HIAC	Westdale S.S.
1985	Brenden Matthias	GBSSA	Thornhill S.S.
1984	Greg Andersen	SOSSA	Parkside H.S.
1983	Bruce Deacon	NCSSAA	Brookfield H.S.
1982	John Castellano	SSSAA	W.A. Porter C.I.
1981	Dave Savage	NOSSA	Lo-Ellen Park S.S.
1980	Chris Brewster	WOSSA	Catholic Central
1979	Dave Reid	TDIAA	West Humber C.I.
1978	Ian Clarke	HIAC	Georgetown D.H.S
1977	Dannis Stark	COSSA	Quinte S.S.
1976	Ray Paulins	NOSSA	Lockerby C.I.
1975	Bob Graham	OVHSAA	Nepean C.I.
1974	Dave Peckham	COSSA	East Northumberland SS
1973	Paul Morrison	HIAC	Westdale S.S.
1972	Nils Lavallee	IAGB	E.S. Theriault
1971	Bill Britten	NWOSSA	Lakeview H.S.
1970	Paul Craig	NYSSAA	Don Mills C.I.
1969	John Craig	NYSSAA	Don Mills C.I.
1968	Larry Brown	NOSSA	Elliot Lake S.S.
1967	D. Smith	CWOSSA	Saugeen D.H.S.
1966	Ken Hamilton	GBSSA	Bayview S.S.
1965	Ken Hamilton	GBSSA	Bayview S.S.
1964	Phil Pyatt	NYSSAA	York Mills C.I.
1963	Ray Tucker	SOSSA	Westdale S.S.
1962	G. Duke	SOSSA	Parkside C.I.
1961	Rich Pyne	TDIAA	Richview C.I.
1960	J. Reynolds	CWOSSA	Galt Glenview

SENIOR TEAM

YEAR	SCHOOL	ASSOCIATION	SITE
2022	London Central	WOSSAA	Uxbridge
2021	Neil McNeil H.S.	TDCAA	Lakefield
2020	No Event Held		
2019	Toronto Northern	TDSSAA	Sudbury
2018	Vincent Massey SS	SWOSSAA	Dundas
2017	Vincent Massey SS	SWOSSAA	Petawawa
2016	St. James CHS	CWOSSA	Port Hope
2015	Birchmount Park C.I.	TDSSAA	Duntroon
2014	Valour	EOSSAA	Waterloo
2013	R.S. McLaughlin C.V.I.	LOSSA	Sudbury

OFSAA CROSS COUNTRY

PAST CHAMPIONS - BOYS



SENIOR TEAM – CONT'D

YEAR	SCHOOL	ASSOCIATION	SITE
2012	General Panet HS	EOSSAA	Brampton
2011	E.S. Theriault	NEOAA	Ottawa
2010	Ancaster	SOSSA	Etobicoke
2009	Vincent Massey SS	SWOSSAA	Vaughan
2008	Vincent Massey SS	SWOSSAA	Sarnia
2007	Vincent Massey SS	SWOSSAA	Niagara Falls
2006	Thousand Islands S.S.	EOSSAA	Thunder Bay
2005	Aurora H.S.	YRAA	Kingston
2004	R.S. McLaughlin C.V.I.	LOSSA	Guelph
2003	Thousand Islands S.S.	EOSSAA	Renfrew
2002	St. Michael's C.S.	TDCAA	Port Hope
2001	St. Michael's C.S.	TDCAA	Gloucester
2000	St. Michael's C.S.	TDCAA	Brampton
1999	Birchmount Park C.I.	SSSAA	Toronto
1998	Westdale S.S.	SOSSA	Toronto
1997	John McGregor S.S.	SWOSSAA	Cobden
1996	Orangeville H.S.	CWOSSA	Toronto
1995	Churchill H.S.	SOSSA	London
1994	Thousand Islands S.S.	EOSSAA	Ancaster
1993	Regina Mundi	WOSSA	Woodbridge
1992	Barrie North C.I.	GBSSA	Brampton
1991	St. Michael's C.S.	TDCAA	Barrie
1990	Centennial S.S.	COSSA	London
1989	Owen Sound C.V.I.	CWOSSA	Boyd
1988	St. Michael's C.S.	TDCAA	Kingston
1987	Chesley D.H.S.	CWOSSA	Toronto
1986	Central T.S.	TSSAA	North Bay
1985	E.S. Theriault	IAGB	Brockville
1984	St. Michael's C.S.	TDCAA	Georgetown
1983	Hillcrest H.S.	NWOSSA	London
1982	Bishop Ryan H.S.	HIAC	North York
1981	Georgetown D.H.S.	PHSSAA	Boyd
1980	Bishop Ryan H.S.	HIAC	London
1979	Georgetown D.H.S.	PHSSAA	Boyd
1978	Laurier C.I.	SSSAA	Scarborough
1977	W.A. Porter C.I.	TDIAA	North Bay
1976	Manitoulin S.S.	NOSSA	St. Catharines
1975	Lockerby C.S.	NOSSA	Collingwood
1974	Lockerby C.S.	NOSSA	Albion Hills
1973	Elmira D.H.S.	CWOSSA	North Bay
1972	Monarch Park S.S.	TSSAA	Boyd
1971	Riverdale C.I.	TSSAA	Boyd
1970	Michael Power H.S.	TDIAA	Boyd
1969	W.A. Porter C.I.	TDIAA	Boyd
1968	Southmount S.S.	HIAC	Boyd
1967	Markham D.H.S.	GBSSA	Hamilton
1966	Iroquois Falls S.S.	IAGB	Ottawa
1965	Westdale S.S.	HIAC	Boyd
1964	Westdale S.S.	HIAC	Boyd
1963	Pickering D.H.S.	LOSSA	Boyd
1962	Gordon Graydon H.S.	TDIAA	Boyd
1961	Western T.C.S.	TSSAA	Boyd
1960	Western T.C.S.	TSSAA	Boyd
1959	Western T.C.S.	TSSAA	High Park
1958	Medway H.S.	WOSSA	High Park
1957	Delta S.S.	HIAC	High Park



OFSAA CROSS COUNTRY

PAST CHAMPIONS - BOYS

SENIOR INDIVIDUAL

YEAR	STUDENT ATHLETE	ASSOCIATION	SCHOOL
2022	Ian McAllister	WOSSAA	London Central SS
2021	Erik Unger	COSSA	Adam Scott CVI
2020	No Event Held		
2019	Matthew Mason	WOSSAA	Sir Wilfred Laurier
2018	Evan Burke	WOSSAA	London South CI
2017	Thomas Witkowicz	LOSSA	All Saints CSS
2016	Andrew Alexander	TDCAA	Neil McNeil HS
2015	Cameron Linscott	EOSSAA	Kingston CVI
2014	Cameron Linscott	EOSSAA	Kingston CVI
2013	Justyn Knight	CISAA	St. Michael's College School
2012	Ben Flanagan	CWOSSA	St. Mary's HS
2011	Yves Sikubwabo	NCSSAA	Glebe CI
2010	Yves Sikubwabo	NCSSAA	Glebe CI
2009	Tristan Woodfine	EOSSAA	Opeongo HS
2008	Mohammed Ahmed	SOSSA	St. Catharines CI
2007	Mohammed Ahmed	SOSSA	St. Catharines CI
2006	Matt Leeder	EOSSAA	Thousand Islands S.S.
2005	Allan Brett	NCSSAA	Hillcrest H.S.
2004	Jeremy Fisico	SWOSSAA	W.F. Herman S.S.
2003	Henok Lechebo	TDSSAA	West Toronto C.I.
2002	Adam Hortian	CWOSSA	Bluevale C.I.
2001	Joseph Dionne	LOSSA	Paul Dwyer School
2000	Joseph Dionne	LOSSA	Paul Dwyer School
1999	Michael Thorson	CWOSSA	Saugeen D.S.S.
1998	Anthony Lokinyen	CWOSSA	Cameron Heights C.I.
1997	Anthony Lokinyen	CWOSSA	Cameron Heights C.I.
1996	Paul Moore	TDCAA	Michael Power-St. Joseph
1995	Murray Link	EOSSAA	North Dundas D.H.S.
1994	Murray Link	EOSSAA	North Dundas D.H.S.
1993	Matthew Kerr	CWOSSA	Centre Wellington D.H.S.
1992	Kevin Sullivan	CWOSSA	North Park C.V.S.
1991	Kevin Sullivan	CWOSSA	North Park C.V.S.
1990	Sam Babe	TSSAA	Jarvis C.I.
1989	Jason Bunston	GHAC	Westdale S.S.
1988	Houssein Adani	NY-TD	Bathurst Heights S.S.
1987	Brendan Matthias	DYSSAA	Thornhill S.S.
1986	Greg Andersen	SOSSA	Parkside C.I.
1985	Greg Andersen	SOSSA	Parkside C.I.
1984	John Halvorsen	OVHSAA	Sir R. Borden H.S.
1983	Rob Rice	GBSSA	Parry Sound H.S.
1982	Marc Oleson	OVHSAA	Confederation H.S.
1981	Alain Boucher	NOSSA	E.S. Algonquin
1980	Dave Reid	TDIAA	West Humber C.I.
1979	Ian Clark	PHSSAA	Georgetown D.H.S.
1978	Ray Paulins	NOSSA	Lockerby C.S.
1977	Rob Earl	TDIAA	W.A. Porter C.I.
1976	Dave Peckham	COSSA	East Northumberland SS
1975	Dave Peckham	COSSA	East Northumberland SS
1974	Mike Dixon	PHSSAA	Georgetown D.H.S.
1973	Bill Britten	NWOSSA	Lakeview H.S.
1972	Don Howieson	TDIAA	Winston Churchill
1971	Paul Craig	NYSSAA	Don Mills C.I.
1970	Roger Serin	COSSA	Port Hope H.S.
1969	B. Tease	CWOSSA	Galt C.V.S.
1968	Jerry Slaven	PHSSAA	Acton D.H.S.
1967	H. Johnston	GBSSA	Markham D.H.S.
1966	Doug Scorrar	EOSSAA	Perth H.S.
1965	Steve Wyndham	TDIAA	North Albion
1964	B. Thompson	OVHSAA	Woodroffe H.S.

OFSAA CROSS COUNTRY

PAST CHAMPIONS - BOYS



SENIOR INDIVIDUAL – CONT'D

YEAR	STUDENT ATHLETE	ASSOCIATION	SCHOOL
1963	Rich Pyne	TDIAA	Richview C.I.
1962	Rich Pyne	TDIAA	Richview C.I.
1961	Steve Ball	TDIAA	Etobicoke C.I.
1960	Bruce Kidd	TSSAA	Malvern C.I.
1959	Bruce Kidd	TSSAA	Malvern C.I.
1958	C. Murray	TSSAA	Leaside H.S.
1957	Jim Irons	PHSSAA	

PARA INVITATIONAL - 3KM

YEAR	STUDENT ATHLETE	ASSOCIATION	SCHOOL
2018	Owen Konkle	SOSSA	Beamsville DSS
2017	Owen Konkle	SOSSA	Beamsville DSS
2016	Nicolas Neri	ROPSSAA	Cardinal Leger
2015	Mitchell Chase	LOSSA	Dunbarton HS
2014	Mitchell Chase	LOSSA	Dunbarton HS
2013	Nicolas Neri	ROPSSAA	Cardinal Leger

PARA INTELLECTUAL - 3KM

YEAR	STUDENT ATHLETE	ASSOCIATION	SCHOOL	
2022	Anthony Cigan	LOSSA	St. Joseph's CSS	4 KM
2021	Robert Leybourne	COSSA	Centennial SS Belleville	
2020	No Event Held			
2019	Corey McCaugherty	EOSSAA	Sydenham	
2015	Michael Hollis	GBSSA	St. Thomas Aquinas SS	

PARA AMBULATORY - 3KM

YEAR	STUDENT ATHLETE	ASSOCIATION	SCHOOL
2022	Mohanad Kuhail	LOSSA	St. Joseph's CSS
2020	No Event Held		
2019	Brandon Lakhram	TDSSAA	West Humber
2018	Zack Gingras	YRAA	Bill Crothers SS
2017	Zack Gingras	YRAA	Bill Crothers SS
2015	Zack Gingras	YRAA	Bill Crothers SS

PARA VISUAL - 3KM

YEAR	STUDENT ATHLETE	ASSOCIATION	SCHOOL	
2022	Trajan Hansman	GBSSA	Parry Sound HS	4 KM
2021	Nic Fricano	GHAC	Bishop Tonnos CSS	
2020	No Event Held			
2019	Joshua Roberto	LOSSA	Paul Dwyer CHS	
2018	Joshua Roberto	LOSSA	Paul Dwyer CHS	
2017	Nathan Taylor	CWOSSA	W. Ross MacDonald	
2015	Nicolas Neri	ROPSSAA	Cardinal Leger	



OFSAA CROSS COUNTRY

PAST CHAMPIONS - GIRLS

OVERALL GIRLS' CHAMPION

YEAR	SCHOOL	ASSOCIATION	SITE
2022	Northern CIVS (Sarina)	SWOSSAA	Uxbridge
2021	Kingston S.S.	EOSSAA	Lakefield
2020	No Event Held		
2019	Leaside HS	TDSSAA	Sudbury
2018	Glebe CI	NCSSAA	Dundas
2017	Leaside HS	TDSSAA	Petawawa
2016	Loretto Abbey CSS & Glebe CI	TDCAA/NCSSAA	Port Hope
2015	Glebe CI	NCSSAA	Duntroon
2014	Glebe CI	NCSSAA	Waterloo
2013	Glebe CI	NCSSAA	Sudbury
2012	Glebe CI	NCSSAA	Brampton
2011	Thousand Islands SS	EOSSAA	Ottawa
2010	Westdale SS	SOSSA	Etobicoke

NOVICE TEAM

YEAR	SCHOOL	ASSOCIATION	SITE
2022	Collingwood CI	GBSSA	Uxbridge
2021	É.S.C. Theriault	NEOAA	Lakefield
2020	No Event Held		
2019	Westdale	GHAC	Sudbury
2018	St. Anne's CSS	WOSSAA	Dundas
2017	Glebe CI	NCSSAA	Petawawa
2016	Kingston CI	EOSSAA	Port Hope
2015	Northern SS	TDSSAA	Duntroon
2014	Vincent Massey	SWOSSAA	Waterloo
2013	Lawrence Park CI	TDSSAA	Sudbury
2012	Christ the King	GHAC	Brampton
2011	London Central	WOSSAA	Ottawa
2010	St. Christopher S.S.	SWOSSAA	Etobicoke
2009	St. Christopher S.S.	SWOSSAA	Vaughan
2008	London Central	WOSSAA	Sarnia
2007	Sacred Heart CHS	YRAA	Niagara Falls
2006	A.B. Lucas S.S.	WOSSAA	Thunder Bay
2005	Dunbarton H.S.	LOSSA	Kingston
2004	Catholic Central H.S.	WOSSAA	Guelph
2003	Resurrection C.S.S.	CWOSSA	Renfrew
2002	Birchmount Park C.I.	TDSSAA	Port Hope
2001	St. Christopher S.S.	SWOSSAA	Gloucester
2000	St. Patrick's H.S.	SWOSSAA	Brampton
1999	Birchmount Park C.I.	SSSAA	Toronto
1998	Lockerby C.S.	NOSSA	Toronto
1997	Preston H.S.	CWOSSA	Cobden
1996	Banting H.S.	WOSSA	Toronto
1995	Saugeen D.S.S.	CWOSSA	London
1994	Opeongo H.S.	EOSSAA	Ancaster
1993	St. Patrick's H.S.	WOSSA	Woodbridge
1992	St. Mary's C.D. & V.I.	WOSSA	Brampton
1991	St. Patrick's H.S.	WOSSA	Barrie

OFSAA CROSS COUNTRY

PAST CHAMPIONS - GIRLS



NOVICE TEAM – CONT'D

YEAR	SCHOOL	ASSOCIATION	SITE
1990	Sir Winston Churchill S.S.	SOSSA	London
1989	Sir Winston Churchill S.S.	SOSSA	Boyd
1988	Chippewa S.S.	NOSSA	Kingston
1987	Michael Power/St. Joseph	TDCAA	Toronto
1986	Georgetown D.H.S	HIAC	North Bay
1985	Milton D.H.S.	PHSSAA	Brockville
1984	St. Mary's C.D. & V.I.	WOSSA	Georgetown
1983	Georgetown D.H.S	PHSSAA	London
1982	Georgetown D.H.S	PHSSAA	North York
1981	White Pines C.V.S.	NOSSA	Boyd
1980	Georgetown D.H.S	PHSSAA	London
1979	Georgetown D.H.S	PHSSAA	Glen Lawrence
1978	Henry Carr H.S.	TDIAA	Scarborough
1977	West Ferris S.S.	NOSSA	North Bay
1976	Henry Carr H.S.	TDIAA	St. Catharines
1975	Westminster S.S.	WOSSA	Collingwood
1974	West Hill C.I.	TDIAA	Albion Hills
1973	West Ferris S.S.	NOSSA	Brantford

NOVICE INDIVIDUAL

YEAR	STUDENT ATHLETE	ASSOCIATION	SCHOOL
2022	Eleanor Voykin	TDSSAA	Birchmount Park CI
2021	Ava Moric	CWOSSA	John Diefenbaker SS
2020	No Event Held		
2019	Kyla Martin	GBSSA	St. Joan of Arc
2018	Aysia Maurice	ROPSSAA	Humberview SS
2017	Emma Gosselin	GBSSA	Jean Vanier
2016	Haley Davis	CWOSSA	John F. Ross
2015	Cameron Ormond	YRAA	Aurora HS
2014	Brogan MacDougall	EOSSAA	Regiopolis Notre-Dame
2013	Shona McColloch	NCSSAA	Longfields Davidson
2012	Jessica Fleming	WOSSAA	London Central
2011	Chardae Henry	LOSSA	R.S. McLaughlin
2010	Megan Rempel	SOSSA	E.L. Crossley
2009	Jaime Phelan	CWOSSA	St. Mary's HS
2008	Cheyenne Hunter	CWOSSA	Kincardine DSS
2007	Kaitlyn Oliver	YRAA	Aurora HS
2006	Liane Ouelett-Gaston	CISAA	Trinity College
2005	Jessica Parry	SWOSSAA	Catholic Central
2004	Laura Twidle	ROPSSAA	Erindale S.S.
2003	Lindsay Carson	CWOSSA	Southwood S.S.
2002	Tess Acton	NCSSAA	South Carleton H.S.
2001	Alyson Kohlmeier	SWOSSAA	St. Patrick's H.S.
2000	Alyson Kohlmeier	SWOSSAA	St. Patrick's H.S.
1999	Perianne Jones	EOSSAA	Almonte D.H.S.
1998	Nikki Reckman	SWOSSAA	Lambton Christian
1997	Briana Martin	GBSSA	Barrie North C.I.
1996	Erin McClure	CWOSSA	Waterloo C.I.
1995	Carla Briante	CWOSSA	J.F. Ross S.S.



OFSAA CROSS COUNTRY

PAST CHAMPIONS - GIRLS

NOVICE INDIVIDUAL – CONT'D

YEAR	STUDENT ATHLETE	ASSOCIATION	SCHOOL
1994	Emily Tallen	EOSSAA	Frontenac S.S.
1993	Jennifer Kehoe	WOSSA	Catholic Central
1992	Amanda Hornbrook	DYSSAA	Unionville H.S.
1991	Mary Jane Richards	NCSSAA	Bell H.S.
1990	Jill Gamble	CWOSSA	Owen Sound C.V.S.
1989	Marg Finlayson	WOSSA	London South S.S.
1988	Louise Creighton	NWOSSAA	Port Arthur C.I.
1987	Kathy Butler	CWOSSA	Waterloo C.I.
1986	Jennifer Broad	SWOSSA	St. Anne's S.S.
1985	Jennifer Armstrong	WOSSA	London South S.S.
1984	Leanne McVey	IAGB	New Liskeard H.S.
1983	Antoinette Grech	WOSSA	Mt. St. Joseph's
1982	Beth Tarasuk	WOSSA	Sir F. Banting S.S.
1981	Tammy Roberts	DYSSAA	Pickering D.H.S.
1980	Lynn Kapsa	TDCAA	Mt. St. Joseph's
1979	Linda Vanderwielen	EOSSAA	Tagwi H.S.
1978	Paula Schnurr	PHSSAA	Assumption
1977	Sabina Horne	NOSSA	West Ferris S.S.
1976	Annelise Ransier	WOSSA	Laurier S.S.
1975	Joanne Graves	PHSSAA	Westwood S.S.
1974	J. McLeod	GBSSA	
1973	C. Titus	GBSSA	Collingwood C.I.

JUNIOR TEAM

YEAR	SCHOOL	ASSOCIATION	SITE
2022	Northern CIVS (Sarina)	SWOSSAA	Uxbridge
2021	Manitoulin S.S.	NOSSA	Lakefield
2020	No Event Held		
2019	Leaside HS	TDSSAA	Sudbury
2018	Glebe CI	NCSSAA	Dundas
2017	Kingston CVI	EOSSAA	Petawawa
2016	Northern SS	TDSSAA	Port Hope
2015	Vincent Massey	SWOSSAA	Duntroon
2014	Lawrence Park CI	TDSSAA	Waterloo
2013	Westdale SS	SOSSA	Sudbury
2012	Glebe CI	NCSSAA	Brampton
2011	Vincent Massey	SWOSSAA	Ottawa
2010	Huron Park	WOSSAA	Etobicoke
2009	Essex DHS	SWOSSAA	Vaughan
2008	Westdale SS	SOSSA	Sarnia
2007	Abbey Park	GHAC	Niagara Falls
2006	Abbey Park	GHAC	Thunder Bay
2005	Highland S.S.	SOSSA	Kingston
2004	Sacred Heart C.H.S.	YRAA	Guelph
2003	Paul Dwyer C.H.S.	LOSSA	Renfrew
2002	Sarnia Northern C.V.S.	SWOSSAA	Port Hope
2001	Sir Winston Churchill	SOSSA	Gloucester
2000	Sir Winston Churchill	SOSSA	Brampton
1999	Sir Winston Churchill	SOSSA	Toronto

OFSAA CROSS COUNTRY

PAST CHAMPIONS - GIRLS



JUNIOR TEAM CONT'D

YEAR	SCHOOL	ASSOCIATION	SITE
1998	Parry Sound H.S.	GBSSA	Toronto
1997	London Central S.S.	WOSSA	Cobden
1996	St. Patrick's H.S.	SWOSSAA	Toronto
1995	St. Patrick's H.S.	WOSSA	London
1994	London Central S.S.	WOSSA	Ancaster
1993	Markham D.H.S.	DYSSAA	Woodbridge
1992	Sir Winston Churchill	SOSSA	Brampton
1991	North Toronto C.I.	TSSAA	Barrie
1990	Sir F. Banting S.S.	WOSSA	London
1989	Branksome Hall	TDCAA	Boyd
1988	Georgetown D.H.S.	HIAC	Kingston
1987	Milton D.H.S.	PHSSAA	Toronto
1986	New Liskeard D.H.S.	IAGB	North Bay
1985	O'Neil C.V.I.	COSSA	Brockville
1984	Milton D.H.S.	PHSSAA	Georgetown
1983	Cardinal Leger	TDCAA	London
1982	Hillcrest H.S.	NWOSSA	North York
1981	Michael Power/St. Joseph	TDCAA	Boyd
1980	Georgetown D.H.S.	PHSSAA	London
1979	Georgetown D.H.S.	PHSSAA	Glen Lawrence
1978	West Ferris S.S.	NOSSA	Scarborough
1977	Nelson H.S.	PHSSAA	North Bay
1976	Henry Carr H.S.	TDCAA	St. Catharines
1975	Orillia D.C.I.	GBSSA	Collingwood
1974	West Ferris S.S.	NOSSA	Albion Hills
1973	Orillia D.C.I.	GBSSA	Brantford

JUNIOR INDIVIDUAL

YEAR	STUDENT ATHLETE	ASSOCIATION	SCHOOL
2022	Ava Moric	CWOSSA	John Diefenbaker SS
2021	Emily Cescon	CISAA	De La Salle College
2020	No Event Held		
2019	Sofia Bowe	TDSSAA	Etobicoke
2018	Emily Bryce	CWOSSA	Saugeen DSS
2017	EJ Boston	YRAA	St. Maximilian Kolbe CHS
2016	Cameron Ormond	YRAA	Aurora HS
2015	Mei Mei Weston	NCSSAA	Glebe CI
2014	Shona McCulloch	NCSSAA	Longfields-Davidson Heights
2013	Bethany Bolton	COSSA	Thomas A. Stewart SS
2012	Charlotte Prouse	WOSSAA	London Central SS
2011	Mackenzie Lemieux	TDSSAA	Humberside
2010	Hilary Stafford	WOSSAA	St. Thomas Aquinas CHS
2009	Stephanie Rigg	WOSSAA	London Central SS
2008	Deanna Brasz	SOSSA	Heritage Christian
2007	Colleen Hennessy	GHAC	St. Thomas Aquinas CHS
2006	Jessica Parry	WOSSAA	Catholic Central H.S.
2005	Esther Vermeer	SOSSA	Smithville D.C.H.S.
2004	Lindsay Carson	CWOSSA	Southwood S.S.
2003	Geneva Winterink	LOSSA	Paul Dwyer C.H.S.



OFSAA CROSS COUNTRY

PAST CHAMPIONS - GIRLS

JUNIOR INDIVIDUAL CONT'D

YEAR	STUDENT ATHLETE	ASSOCIATION	SCHOOL
2002	Alyson Kohlmeier	SWOSSAA	St. Patrick's H.S.
2001	Megan Brown	CWOSSA	St. James C.H.S.
2000	Nikki Reckmann	SWOSSAA	Lambton Christian
1999	Nikki Reckmann	SWOSSAA	Lambton Christian
1998	Jessica Warren	SOSSA	Appleby College
1997	Erin McClure	CWOSSA	Waterloo C.I.
1996	Jennifer Handley	GBSSA	Barrie Central C.I.
1995	Jennifer Handley	GBSSA	Barrie Central C.I.
1994	Heidi Cromartin	SWOSSAA	Walkerville S.S.
1993	Mary Jane Richards	NCSSAA	Bell H.S.
1992	Mary Jane Richards	NCSSAA	Bell H.S.
1991	Angie Graham	DYSSAA	Dunbarton H.S.
1990	Kathy Butler	CWOSSA	Waterloo C.I.
1989	Kathy Butler	CWOSSA	Waterloo C.I.
1988	Angela Schwan	CWOSSA	Waterloo C.I.
1987	Jennifer Armstrong	WOSSAA	Saunders S.S.
1986	Missy McCleary	SSSAA	L.B. Pearson S.S.
1985	Michelle Foley	COSSA	Moir S.S.
1984	Brenda Steenhof	HIAC	Milton D.H.S.
1983	Anna Mackay	PHSSAA	Nelson H.S.
1982	Sharon Doig	HIAC	Hillcrest H.S.
1981	Lianne Horne	NOSSA	West Ferris S.S.
1980	Alison Wiley	TDIAA	Branksome Hall
1979	Alison Wiley	TDIAA	Branksome Hall
1978	Sabina Horne	NOSSA	West Ferris S.S.
1977	Janet Dawton	NWOSSA	Lakeview H.S.
1976	D. Schulte	PHSSAA	Westwood S.S.
1975	A.M. Malone	TDCAA	St. Joseph's H.S.
1974	W. Van Mierlo	NOSSA	West Ferris S.S.
1973	R. Lee	PHSSAA	Oakville Trafalgar

SENIOR TEAM

YEAR	SCHOOL	ASSOCIATION	SITE
2022	Vincent Massey	SWOSSAA	Uxbridge
2021	Kingston S.S.	EOSSAA	Lakefield
2020	No Event Held		
2019	Leaside H.S.	TDSSAA	Sudbury
2018	ESC Theriault	NEOAA	Dundas
2017	Sarnia Northern CIVS	SWOSSAA	Petawawa
2016	Bishop Strachan School	CISAA	Port Hope
2015	Glebe CI	NCSSAA	Duntroon
2014	Glebe CI	NCSSAA	Waterloo
2013	Uxbridge SS	LOSSA	Sudbury
2012	Vincent Massey	SWOSSAA	Brampton
2011	F.E. Madill SS	WOSSAA	Ottawa
2010	Vincent Massey	SWOSSAA	Etobicoke
2009	Sacred Heart CHS	YRAA	Vaughan
2008	Sacred Heart	YRAA	Sarnia
2007	Our Lady of Lourdes	CWOSSA	Niagara Falls

OFSAA CROSS COUNTRY

PAST CHAMPIONS - GIRLS



SENIOR TEAM CONT'D

YEAR	SCHOOL	ASSOCIATION	SITE
2006	Bishop MacDonell	CWOSSA	Thunder Bay
2005	Birchmount Park C.I.	TDSSAA	Kingston
2004	Our Lady of Lourdes	CWOSSA	Guelph
2003	Sarnia Northern CIVS	SWOSSAA	Renfrew
2002	Sir Winston Churchill S.S.	SOSSA	Port Hope
2001	Governor Simcoe S.S.	SOSSA	Gloucester
2000	E.S. Theriault	NEOAA	Brampton
1999	Leaside H.S.	TSSAA	Toronto
1998	Ursuline College	SWOSSAA	Toronto
1997	St. Patrick's H.S.	SWOSSAA	Cobden
1996	St. Mary's H.S.	WOSSA	Toronto
1995	Barrie North C.I.	GBSSA	London
1994	Barrie North C.I.	GBSSA	Ancaster
1993	Birchmount Park C.I.	SSSAA	Woodbridge
1992	King City S.S.	DYSSAA	Brampton
1991	Cameron Heights C.I.	CWOSSA	Barrie
1990	Bluevale C.I.	CWOSSA	London
1989	Sir F. Banting S.S.	WOSSAA	Boyd
1988	Milton D.H.S.	GHAC	Kingston
1987	Senator O'Connor	TDCAA	Toronto
1986	Centre Wellington D.H.S.	CWOSSA	North Bay
1985	Hillcrest H.S.	NWOSSA	Brockville
1984	Hillcrest H.S.	NWOSSA	Georgetown
1983	Chippewa S.S.	NOSSA	London
1982	Thornlea S.S.	GBSSA	North York
1981	Thornlea S.S.	GBSSA	Boyd
1980	Paul Dwyer H.S.	COSSA	London
1979	Paul Dwyer H.S.	COSSA	Glen Lawrence
1978	Paul Dwyer H.S.	COSSA	Scarborough
1977	Nepean H.S.	OVHSAA	North Bay
1976	George S. Henry S.S.	NYSSAA	St. Catharines
1975	George S. Henry S.S.	NYSSAA	Collingwood
1974	George S. Henry S.S.	NYSSAA	Albion Hills
1973	Roland Michener S.S.	IAGB	Brantford

SENIOR INDIVIDUAL

YEAR	STUDENT ATHLETE	ASSOCIATION	SCHOOL
2022	Gabby Jones	SWOSSAA	Nothern CIVS (Sarina)
2021	Michelle Gray	ROPSSAA	John Fraser SS
2020	No Event Held		
2019	Abby Yuhasz	CWOSSA	Resurrection
2018	Cameron Ormond	YRAA	Aurora HS
2017	Cameron Ormond	YRAA	Aurora HS
2016	Martha MacDonald	CISAA	Havergal College
2015	Madeline Ghazarian	CWOSSA	Preston HS
2014	Branna McDougall	EOSSAA	Regiopolis Notre-Dame
2013	Charlotte Prouse	WOSSAA	London Central SS
2012	Gabriela Stafford	CISAA	Toronto French School
2011	Jamie Phelan	CWOSSA	St. Mary's HS



OFSAA CROSS COUNTRY

PAST CHAMPIONS - GIRLS

SENIOR INDIVIDUAL CONT'D

YEAR	STUDENT ATHLETE	ASSOCIATION	SCHOOL
2010	Jaclyn White	WOSSAA	Mother Teresa
2009	Joanna Brown	NCSSAA	All Saints CHS
2008	Jessica Parry	WOSSAA	Catholic Central
2007	Keesha Danso-Dapaah	ROPSSAA	St. Aloysius of Gonzaga CHS
2006	Danelle Woods	NCSSAA	Hillcrest H.S.
2005	Kate Van Buskirk	ROPSSAA	Turner Fenton S.S.
2004	Tarah McKay	CWOSSA	Elmira D.S.S.
2003	Tarah McKay	CWOSSA	Elmira D.S.S.
2002	Diane Nukuri	LOSSA	E.C. Saint C. Garnier
2001	Amy Kohlmeier	SWOSSAA	St. Patrick's H.S.
2000	Carol Henry	GBSSA	Parry Sound D.H.S.
1999	Carol Henry	GBSSA	Parry Sound D.H.S.
1998	Jennifer Handley	GBSSA	Barrie Central C.I.
1997	Emily Tallen	EOSSAA	Frontenac S.S.
1996	Rebecca Stallwood	WOSSA	St. Mary's D.C. & V.I.
1995	Andrea Johnson	TSSAA	Lawrence Park C.I.
1994	Julie Froud	WOSSA	St. Mary's D.C. & V.I.
1993	Angela Graham	DYSSAA	Dunbarton H.S.
1992	Angela Graham	DYSSAA	Dunbarton H.S.
1991	Kathy Butler	CWOSSA	Waterloo C.I.
1990	Angela Schwan	CWOSSA	Waterloo C.I.
1989	Jennifer Armstrong	WOSSA	Saunders S.S.
1988	Carolina Velson	GHAC	White Oaks S.S.
1987	Leanne McVey	IAGB	New Liskeard S.S.
1986	Carole Trepanier	IAGB	E.S. Theriault
1985	Brenda Steenhof	PHSSAA	Milton D.H.S.
1984	Tammy Roberts	COSSA	Pickering D.H.S.
1983	Lisa Reed	WOSSA	London Catholic
1982	Heidi Gerum	TDIAA	Burnhamthorpe C.I.
1981	Louise MacKenzie	PHSSAA	The Woodlands
1980	Kate Wiley	TDCAA	Branksome Hall
1979	Veronica Porychj	NOSSA	Lockerby C.S.
1978	A.M. Malone	TSSAA	North Toronto C.I.
1977	Nancy Rooks	NYSSAA	G.S. Henry S.S.
1976	W. Van Mierlo	NOSSA	West Ferris S.S.
1975	A. Watkins	OVHSAA	J.C. Mackenzie H.S.
1974	A. Watkins	OVHSAA	J.C. Mackenzie H.S.
1973	I. Barnes	IAGB	Roland Michener

PARA INTELLECTUAL DEVELOPED – 3 KM

YEAR	STUDENT ATHLETE	ASSOCIATION	SCHOOL
2022	Cassie Kemp	SOSSA	St. Catharines
2021	Kealyn Cherwaiko	GHAC	Georgetown D.H.S.
2020	No Event Held		
2019	Cassie Kemp	SOSSA	St. Catharines
2018	Paige Heffernan	EOSSAA	Sydenham HS

OFSAA CROSS COUNTRY

PAST CHAMPIONS - GIRLS



PARA INVITATIONAL - 3KM

YEAR	STUDENT ATHLETE	ASSOCIATION	SCHOOL
2018	Paige Heffernan	EOSSAA	Sydenham HS
2017	Clarista Ardiel	GBSSA	Almaguin Highlands
2016	Sarah Gillies	CWOSSA	Orangeville HS
2015	Julianne Misk	SOSSA	St. Michael CHS
2014	Julianne Misk	SOSSA	St. Michael CHS

PARA VISUAL -3KM

YEAR	STUDENT ATHLETE	ASSOCIATION	SCHOOL
2021	Mia Biancaniello	SOSSA	Saint Francis C.S.S.
2020	No Event Held		
2019	Monica Girn	ROPSSAA	St. Roch- Brampton W. Ross Macdonald School
2018	Ashley Eddy	CWOSSA	
2017	Kealyn Cherwaiko	CWOSSA	Georgetown DHS

PARA AMBULATORY -3K

YEAR	STUDENT ATHLETE	ASSOCIATION	SCHOOL
2022	Trinity Albrecht-Weese	GBSSA	Bracebridge & Muskoka Lakes SS
2020	No Event Held		
2019	Lillias Culham	GBSSA	Stayner
2018	Sarah Gillies	CWOSSA	Orangeville DSS
2017	Sarah Gillies	CWOSSA	Orangeville DSS



OFSAA CROSS COUNTRY

PAST LEADERSHIP IN SPORTS AWARD WINNERS

YEAR	RECIPIENT(S)	SCHOOL	ASSOCIATION
1991-92	Dave Knox	Collingwood CI	GBSSA
1992-93	Ron Hungerford	Thousand Islands SS	EOSSAA
1993-94	Paul Barry Karen Cosgrove Donna Metcalfe	St. Michael's College Georgetown DHS Georgetown DHS	CISAA GHAC GHAC
1994-95	Maureen De St-Croix Roland Samur	Colonel By SS E.S. Theriault	NCSSAA IAGB
1995-96	Russ Evans Maureen Lisle	Barton SS Madill SS	GHAC WOSSA
1996-97	Sue Tripp Bill Hammond	Trenton HS North Toronto CI	COSSA TSSAA
1997-98	Joan Millard John Murphy	Ancaster H&VS Sir Frederick Banting SS	SOSSA WOSSA
1998-99	Shirley Gravel Rick Bower	Timiskaming DSS London South SS	NEOAA WOSSA
1999-00	Ed Raposa Steve Masterson Maureen Morrison Gerry Bellmore	Michael Power/St. Joseph Jean Vanier SS Bishop Reding SS Holy Name of Mary	TDCAA TDCAA GHAC ROPSSAA
2000-01	Jonathon Boyd Jody Miller	Chinguacousy SS Cawthra Park SS	ROPSSAA ROPSSAA
2001-02	Ed Dedecker Freddie Thompson	Catholic Central	WOSSAA NCSSAA
2002-03	Jackie Trudeau John Ward	London Central SS East Northumberland SS	WOSSAA COSSA
2003-04	Julie Green Jack Westrate	North Dundas DHS Thousand Islands SS	EOSSAA EOSSAA
2004-05	Albert Tschirhart	Our Lady of Lourdes	CWOSSA
2005-06	Dave Grant Rina Rode	Frontenac SS Grimsby SS	EOSSA SOSSA
2006-07	Kim House Bryan Nunan	Hammariskjold HS Westgate CVI	NWOSSAA NWOSSAA
2007-08	Gerry Hinton Cindy Crosbie	Sir Winston Churchill Laura Secord SS	SOSSA SOSSA
2008-09	Janet Takahashi Gary Malloy	Catholic Central HS Assumption College	SWOSSAA CWOSSA
2009-10	Chris Deighan	Cardinal Carter	YRAA



YEAR	RECIPIENT(S)	SCHOOL	ASSOCIATION
2010-11	Paul Craig Anna Patterson	Crescent School Vincent Massey	TDSSAA SWOSSAA
2011-12	Sean Clancy Tania Asseltine	Carine Wilson SS Lisgar SS	NCSSAA NCSSAA
2012-13	Paul Carter Marcia Baker	Turner Fenton SS Mayfield SS	ROPSSAA ROPSSAA
2013-14	Dave Gallant Laura Stanyon	Espanola HS Lockerby Composite School	NOSSA NOSSA
2014-15	Ian Clancy Candy Adam	Sir John A MacDonald Forest Heights SS	CWOSSAA CWOSSAA
2015-16	Al Coukell Kairy Loucks	Collingwood CI Bear Creek SS	GBSSA GBSSA
2016-17	Tim White Denise Steadman	Trinity College Country Day	CISAA CISAA
2017-18	Gary Serviss Karen Kennedy	Valour JK-12 Thousand Islands SS	EOSSAA EOSSAA
2018-19	Michael Smith Barbara Celestini	Dundas Valley SS St. Ignatius of Loyola	SOSSA GHAC
2019-20	Karen Passi Kerry Abols	Lasalle SS Lockerby SS	NOSSA NOSSA
2020-21	No Event Held		
2021-22	Ashley Masterson Steve Patterson	Neil McNeil HS Trinity College	TDCAA CISAA
2022-23	Michel Pichette Amanda Miles-Berry	ÉSC Saint-Charles Garnier Pine Ridge SS	LOSSA LOSSA



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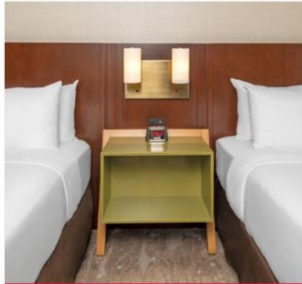
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Comfort Inn Cobourg	905-372-7007	Marriott Ottawa	613-238-1122
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Comfort Inn Hamilton	905-560-4500	Comfort Inn Parry Sound	705-746-6221
Comfort Inn Kapuskasing	705-335-8583	Comfort Inn Pembroke	613-735-1057
Comfort Inn Kenora	807-468-8845	Comfort Inn Pickering	905-831-6200
Comfort Inn Kingston 401	613-546-9500	Comfort Inn Sault Ste. Marie	705-759-8000
Holiday Inn Kingston Waterfront	613-549-8400	Comfort Inn Simcoe	519-426-2611
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Comfort Inn Newmarket	905-895-3355	Comfort Inn Sudbury 2nd Ave	705-560-4502
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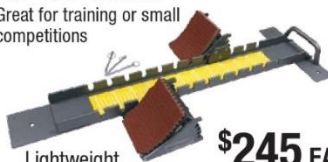
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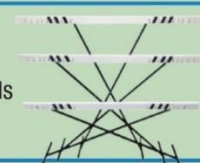
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THE BRIAN MAXWELL MEMORIAL SCHOLARSHIP

Be sure to nominate worthy student-athletes from track & field and cross country for the 2023-24 **Brian Maxwell Memorial Scholarships** [HERE](#).



Brian Maxwell was a successful distance runner and entrepreneur, as co-founder of Power Bar with his wife Jennifer. He attended Victoria Park Secondary School from 1968-72. As a distance runner, basketball guard and wrestler at Victoria Park, Brian had a determined focus and dedication to be the best at his chosen sport.

Brian excelled in Track & Field, long distance, and Cross-Country running. He was an OFSAA champion and Canadian junior, juvenile and senior champion. While on scholarship at University of Berkeley, Brian attained a degree in Architecture. He was the winner of many international marathons (third place in Boston Marathon and twice at Ottawa) and a member of the 1980 Canadian Olympic Marathon team. Later in life he found out that a defective heart valve had been robbing him the entire time of an estimated one to three per cent of aerobic power. This would have translated his best marathon at Seaside of 2:14.43 (fifth fastest ever Canadian) to a handicap of close to four minutes, thus making him a 2:10.43 marathoner (only Jerome Drayton was faster at 2:10.06).

Tragically, Brian suffered a heart attack in 2004 that took his life. The Brian Maxwell Memorial Scholarship is awarded each year to six student-athletes that will be continuing their post-secondary education at a Canadian College or University.

Three males and three females will each be awarded a scholarship of \$5,000.

Preference shall be given to a student whose character is reflective of qualities that Brian Maxwell demonstrated in his life: honesty, integrity, compassion and an unwavering quest to accomplish the best they can, academically and athletically, while supporting his fellow team members.

