

## PAST OFSAA FOOTBALL BOWL CHAMPIONS

As compiled by Campbell Blake and John Metcalfe

### *Northern Bowl*

Year	Champ	Runner Up	Score
2023	Assumption College (Brantford)	Hammarskjold HS (Thunder Bay)	21-4
2022	Korah CVS (Sault Ste Marie)	Jacob Hespler SS (Cambridge)	52-14
2021	Korah CVS (Sault Ste Marie)	St, Ignatius HS (Thunder Bay)	35-7
2020	Covid 19 - no games		
2019	Korah CVS (Sault Ste Marie)	Holy Cross CSS (Peterborough)	31-21
2018	Holy Names CHS (Windsor)	Huron Heights SS (Newmarket)	24-12
2017	Sir Winston Churchill CVI (Thunder Bay)	West Ferris SS (North Bay)	36-14
2016	Etobicoke CI	Superior Heights CVS (Sault)	30-18
2015	Westdale SS (Hamilton)	St. Ignatius HS (Thunder Bay)	26-17
2012	St. Mary's College (Sault)	Sir Winston Churchill CVI (Thunder Bay)	47-28
2011	Superior Heights CVS (Sault)	Sir Winston Churchill CVI (Thunder Bay)	34-28
2010	Superior Heights CVS (Sault)	Westgate CVI (Thunder Bay)	17-3
2009	Sir James Dunn CVS (Sault)	Sir Winston Churchill CVI (Thunder Bay)	34-7
2008	St. Mary's College (Sault)	Hammarskjold HS (Thunder Bay)	31-8
2007	Westgate CVI (Thunder Bay)	St. Mary's College (Sault)	21-16
2006	St. Mary's College (Sault)	Westgate CVI (Thunder Bay)	52-10
2005	Hammarskjold HS (Thunder Bay)	Widdifield SS (North Bay)	17-3
2004	West Ferris SS (North Bay)	Hammarskjold HS (Thunder Bay)	27-22

### *Golden Horseshoe Bowl*

Year	Champ	Runner Up	Score
2023	Huron Heights SS (Newmarket)	Corpus Christi CSS (Burlington)	37-2
2022	Bishop Tonnos CSS (Ancaster)	A N Myer SS (Niagara Falls)	30-3
2021	Westmount SS (Hamilton)	Chaminade College (Toronto)	17-7
2020	Covid 19 - no games		
2019	St. Thomas More CSS (Hamilton)	W F Herman SS (Windsor)	27-0
2018	Lorne Park SS (Mississauga)	St. Paul CHS (Niagara Falls)	21-3
2017	St. Thomas More CSS (Hamilton)	Notre Dame College School (Welland)	57-7
2016	Nelson HS (Burlington)	St. Marcellinius SS (Mississauga)	27-6
2015	St. Thomas More CSS (Hamilton)	Chaminade College (Toronto)	49-8
2012	Lakeshore Catholic HS (Port Colborne)	M.M. Robinson HS (Burlington)	29-28
2011	Nelson HS (Burlington)	St. Paul CHS (Niagara Falls)	37-0
2010	Notre Dame CSS (Burlington)	Lakeshore Catholic HS (Port Colborne)	16-14
2009	Notre Dame CSS (Burlington)	Lakeshore Catholic HS (Port Colborne)	33-10
2008	Lakeshore Catholic HS (Port Colborne)	Notre Dame CSS (Burlington)	8-7
2007	St. Thomas More CSS (Hamilton)	Bishop Ryan CSS (Hamilton)	14-7
2006	St. Thomas More CSS (Hamilton)	Lakeshore Catholic HS (Port Colborne)	39-33 (3ot)
2005	Nelson HS (Burlington)	Notre Dame College School (Welland)	14-9
2004	Assumption CSS (Burlington)	St. Jean de Brebeuf CSS (Hamilton)	35-32
2003 East	St. Andrew's College (Aurora)	Markham DHS	7-6
2003 West	Lakeshore Catholic HS (Port Colborne)	Waterdown DHS	24-22
2002	De La Salle College (Toronto)	Nelson HS (Burlington)	21-14
2001	St. Andrew's College (Aurora)	St. Mary CSS (Pickering)	35-21

### *National Capital Bowl*

<b>Year</b>	<b>Champ</b>	<b>Runner Up</b>	<b>Score</b>
2023	Frontenac SS (Kingston)	St Joseph CHS (Nepean)	27-7
2022	St Matthew HS (Orleans)	Northern SS (Toronto)	24-15
2021	Covid 19 - no game		
2020	Covid 19 - no games		
2019	Westmount SS (Hamilton)	Ashbury College (Ottawa)	44-6
2018	Korah CVS (Sault Ste Marie)	St. Peter HS (Orleans)	45-12
2017	Arnprior DHS	Nantyr Shores SS (Innisfil)	28-10
2016	Crestwood SS (Peterborough)	Frontenac SS (Kingston)	19-18
2015	W.F. Herman SS (Windsor)	Frontenac SS (Kingston)	56-3
2012	Frontenac SS (Kingston)	St. Joan of Arc CHS (Barrie)	37-30
2011	Frontenac SS (Kingston)	Crestwood SS (Peterborough)	49-11
2010	Crestwood SS (Peterborough)	Sydenham HS	16-13 (ot)
2009	St. Peter HS (Orleans)	Crestwood SS (Peterborough)	37-22
2008	Frontenac SS (Kingston)	Crestwood SS (Peterborough)	36-1
2007	Frontenac SS (Kingston)	Crestwood SS (Peterborough)	15-10
2006	St. Mark HS (Manotick)	Frontenac SS (Kingston)	10-8
2005	St. Peter HS (Orleans)	Sydenham HS	24-10
2004	Crestwood SS (Peterborough)	Almonte DHS	23-5
2003	Almonte DHS	Crestwood SS (Peterborough)	17-2
2002	Frontenac SS (Kingston)	Ashbury College (Ottawa)	56-6
2001	Frontenac SS (Kingston)	St. Mark HS (Manotick)	29-20
2000	Centennial SS (Belleville)	Ashbury College (Ottawa)	43-7

### *Western Bowl*

<b>Year</b>	<b>Champ</b>	<b>Runner Up</b>	<b>Score</b>
2023	South CI (London)	St Mary's College (Sault)	33-0
2022	Sir Wilfrid Laurier SS (London)	Huron Heights SS (Newmarket)	13-12
2021	Covid 19 - no game		
2020	Covid 19 - no games		
2019	Huron Heights SS (Newmarket)	A B Lucas SS (London)	41-19
2018	St. Thomas More CSS (Hamilton)	Catholic Central HS (London)	26-9
2017	Holy Names CHS (Windsor)	South CI (London)	21-17
2016	W.F. Herman SS (Windsor)	Huron Heights SS (Newmarket)	13-7
2015	Catholic Central HS (London)	St. Peter HS (Orleans)	40-7
2012	W.F. Herman SS (Windsor)	Assumption College (Brantford)	36-22
2011	A. B. Lucas SS (London)	Northern CI & VS (Sarnia)	24-6
2010	W.F. Herman SS (Windsor)	Assumption College (Brantford)	48-23
2009	Mother Teresa CSS (London)	Northern CI & VS (Sarnia)	10-0
2008	Resurrection CSS (Kitchener)	W.F. Herman SS (Windsor)	21-14
2007	Mother Teresa CSS (London)	Holy Names CHS (Windsor)	30-7
2006	St. Thomas Aquinas CSS (London)	Guelph CI	40-7
2005	Catholic Central HS (London)	Sandwich SS (Lasalle)	45-6
2004	Catholic Central HS (London)	Bluevale CI (Waterloo)	33-27
2003	Sandwich SS (Lasalle)	A.B. Lucas SS (London)	27-4
2002	Sandwich SS (Lasalle)	Northern CI & VS (Sarnia)	42-7
2001	Sandwich SS (Lasalle)	South CI (London)	24-10
2000	W.F. Herman SS (Windsor)	Catholic Central HS (London)	26-0

### *Metro Bowl*

<b>Year</b>	<b>Champ</b>	<b>Runner Up</b>	<b>Score</b>
2023	Richview CI (Toronto)	Holy Trinity CSS (Coutrice)	22-7
2022	Resurrection CSS (Kitchener)	Chaminade College (Toronto)	56-14
2021	St. Roch CSS (Brampton)	St. Michael's College (Toronto)	48-0
2020	Covid 19 - no games		
2019	Chaminade College (Toronto)	Notre Dame College School (Welland)	47-6
2018	St. Ignatius HS (Thunder Bay)	Northern SS (Toronto)	17-10
2017	Richview CI (Toronto)	Michael Power St. Joseph (Etobicoke)	52-0
2016	St. Matthew HS (Orleans)	Michael Power St. Joseph (Etobicoke)	28-7
2015	Resurrection CSS (Kitchener)	Etobicoke CI	31-8
2012	Huron Heights SS (Newmarket)	Don Bosco CHS(Toronto)	28-14
2011	Donald A. Wilson SS (Whitby)	St. Andrew's College (Aurora)	21-14 (ot)
2010	Holy Trinity CSS (Courtice)	King City SS	28-3
2009	Markham DHS	Birchmount Park CI (Scarborough)	19-0
2008	St. Michael's College (Toronto)	Donald A. Wilson SS (Whitby)	42-12
2007	St. Michael's College (Toronto)	Huron Heights SS (Newmarket)	16-14
2006	St. Michael's College (Toronto)	Pickering HS (Ajax)	18-0
2005	Pickering HS (Ajax)	Huron Heights SS (Newmarket)	24-19
2004	St. Michael's College (Toronto)	Pickering HS (Ajax)	22-15
2003	Cedarbrae CI (Scarborough)	Northern SS (Toronto)	20-14
2002	St. Michael's College (Toronto)	Etobicoke CI	42-6
2001	Richview CI (Toronto)	Central Technical School (Toronto)	37-0
2000	Lorne Park SS (Mississauga)	Notre Dame CSS (Burlington)	11-0
1999	Nelson HS (Burlington)	Central Technical School (Toronto)	22-20
1998	St. Michael's College (Toronto)	Agincourt CI (Scarborough)	43-6
1997	Nelson HS (Burlington)	Cedarbrae CI (Scarborough)	14-7
1996	Clarkson SS (Mississauga)	St. Michael's College (Toronto)	27-0
1995	St. Patrick CHS (Sarnia)	Mayfield SS (Brampton)	37-34 (ot)
1994	Northern SS (Toronto)	St. Patrick CHS (Sarnia)	30-21
1993	St. Patrick CHS (Sarnia)	St. Michael's College (Toronto)	20-5
1992	West Hill CI (Scarborough)	Markham DHS	24-6
1991	Richview CI (Toronto)	Central Technical School (Toronto)	42-24
1990	Northern SS (Toronto)	Markham DHS	14-11
1989	Sir John A MacDonald CI (Scarborough)	Michael Power St. Joseph (Etobicoke)	27-8
1988	Central Technical School (Toronto)	Pickering HS (Ajax)	21-12
1987	Central Technical School (Toronto)	Monsignor Paul Dwyer (Oshawa)	20-14
1986	Victoria Park CI (Toronto)	Markham DHS	21-12
1985	Woburn CI (Scarborough)	Victoria Park CI (Toronto)	36-7
1984	Georges Vanier SS (North York)	Northern SS (Toronto)	36-5
1983	Woburn CI (Scarborough)	East York CI	21-14
1982	St. Michael's College (Toronto)	Woburn CI (Scarborough)	13-0

### *Eastern Bowl*

<b>Year</b>	<b>Champ</b>	<b>Runner Up</b>	<b>Score</b>
2023	St Roch CSS (Brampton)	Thomas A Stewart SS (Peterborough)	20-7
2022	Frontenac SS (Kingston)	Belle River DHS	15-9
2021	Frontenac SS (Kingston)	Centennial SS (Belleville)	37-7

<b>2020</b>	Covid 19 - no games		
<b>2019</b>	Holy Cross CSS (Kingston)	Richview CI (Toronto)	20-18
<b>2018</b>	Holy Cross CSS (Kingston)	Thomas A Stewart SS (Peterborough)	26-8
<b>2017</b>	Holy Trinity CSS (Courtice)	Crestwood SS (Peterborough)	28-23
<b>2016</b>	St. Thomas More CSS (Hamilton)	Monsignor Paul Dwyer (Oshawa)	38-15
<b>2015</b>	Monsignor Paul Dwyer (Oshawa)	St. Joan of Arc CHS (Barrie)	35-7

### *Central Bowl*

<b>Year</b>	<b>Champ</b>	<b>Runner Up</b>	<b>Score</b>
<b>2023</b>	A.N. Myer SS (Niagara Falls)	Ursuline College (Chatham)	38-21
<b>2022</b>	St. Patrick HS (Thunder Bay)	St Roch CSS (Brampton)	24-13
<b>2021</b>	Notre Dame College School (Welland)	North Park CVS (Brantford)	50-7
<b>2020</b>	Covid 19 - no games		
<b>2019</b>	St Marcellinius CSS (Mississauga)	Monsignour Paul Dwyer (Oshawa)	48-0
<b>2018</b>	Jacob Hespeler SS (Cambridge)	Gananoque SS	48-0
<b>2017</b>	Lorne Park SS (Mississauga)	Jacob Hespeler SS (Cambridge)	29-25
<b>2016</b>	A.N. Myer SS (Niagara Falls)	Jacob Hespeler SS (Cambridge)	50-7
<b>2015</b>	St. Roch CSS (Brampton)	Adam Scott CVI (Peterborough)	20-7

### *Simcoe Bowl*

<b>Year</b>	<b>Champ</b>	<b>Runner Up</b>	<b>Score</b>
<b>2023</b>	Bear Creek SS (Barrie)	Chaminade College (Toronto)	25-0
<b>2022</b>	Holy Trinity CSS (Courtice)	Bear Creek SS (Barrie)	26-24
<b>2021</b>	Covid 19 - no game		
<b>2020</b>	Covid 19 - no games		
<b>2019</b>	Westgate CVI (Thunder Bay)	St. Joan of Arc CHS (Barrie)	28-13
<b>2018</b>	Holy Trinity CSS (Courtice)	St. Joan of Arc CHS (Barrie)	38-21
<b>2017</b>	Huron Heights SS (Newmarket)	St. Matthew HS (Orleans)	40-6
<b>2016</b>	St. Ignatius HS (Thunder Bay)	Bear Creek SS (Barrie)	29-16
<b>2015</b>	Huron Heights SS (Newmarket)	Superior Heights CVS (Sault)	48-0

### *Independent Bowl*

<b>Year</b>	<b>Champ</b>	<b>Runner Up</b>	<b>Score</b>
<b>2023</b>	W.F. Herman SS (Windsor)	St Michael's College (Toronto)	35-0
<b>2022</b>	Thomas A Stewart SS (Peterborough)	St Michael's College (Toronto)	48-7
<b>2021</b>	Huron Heights SS (Newmarket)	St. Thomas More CSS (Hamilton)	14-6
<b>2020</b>	Covid 19 - no games		
<b>2019</b>	Nelson HS (Burlington)	Assumption College (Brantford)	35-14
<b>2018</b>	Ashbury College (Ottawa)	Chaminade College (Toronto)	24-21
<b>2017</b>	St. Michael's College (Toronto)	Cardinal Newman CSS (Stoney Creek)	21-18
<b>2016</b>	South CI (London)	McKinnon Park SS (Caledonia)	64-0
<b>2015</b>	A.N. Myer SS (Niagara Falls)	Cardinal Newman CSS (Stoney Creek)	16-14

### *2014 at McMaster University - Hamilton*

<b>Game</b>	<b>Champ</b>	<b>Runner Up</b>	<b>Score</b>
<b>1</b>	Chaminade College (Toronto) TDCAA	Sir Allan MacNab SS (Hamilton) SOSSA	35-7
<b>2</b>	A.N. Myer SS (Niagara Falls) SOSSA	Adam Scott CVI (Peterborough) COSSA	39-31

3	Frontenac SS (Kingston) EOSSAA	Richview CI (Toronto) TDSSAA	24-20
4	Superior Heights CVS (Sault) NOSSA	St. Joan of Arc CHS (Barrie) GBSSA	26-7
5	Holy Trinity CSS (Oakville) GHAC	St. Peter HS (Orleans) NCSSAA	50-16
6	A.B. Lucas SS (London) WOSSAA	Monsignor Paul Dwyer (Oshawa) LOSSA	35-28
7	Lorne Park SS (Mississauga) ROPSSAA	St. Ignatius HS (Thunder Bay) NWOSSAA	37-25
8	Assumption CSS (Burlington) GHAC	Assumption College (Brantford) CWOSSA	28-9
9	W.F. Herman SS (Windsor) SWOSSA	Bill Crothers SS (Markham) YRAA	29-14

***2013 at Centennial Stadium - Etobicoke***

<b>Game</b>	<b>Champ</b>	<b>Runner Up</b>	<b>Score</b>
1	Lorne Park SS (Mississauga) ROPSSAA	Frontenac SS (Kingston) EOSSAA	32-1
2	Crestwood SS (Peterborough) COSSA	Sir Wilfrid Laurier SS (Orleans) NCSSAA	17-13
3	Richview CI (Toronto) TDSSAA	West Ferris SS (North Bay) NOSSA	12-10
4	Assumption College (Brantford) CWOSSA	Westdale SS (Hamilton) SOSSA	24-13
5	W.F. Herman SS (Windsor) SWOSSA	Upper Canada College (Toronto) CISAA	42-7
6	St. Mary CSS (Pickering) LOSSA	Westgate CVI (Thunder Bay) NWOSSAA	20-13
7	Huron Heights SS (Newmarket) YRAA	Catholic Central (London) WOSSAA	29-9
8	Don Bosco CHS (Toronto) TDCAA	Cardinal Newman CSS (Stoney Creek) GHAC	21-11
9	St. Joan of Arc CHS (Barrie) GBSSA	Central Technical School (Toronto) TDSSAA	35-1

**Most years qualified (minimum of 5)**

<b>School, City/Town, Association</b>	<b>Years qualified</b>	<b>#</b>
Frontenac SS, Kingston, EOSSAA	01,02,06,07,08,11,12, 13,14,15,16,21,22,23	14
St Michaels College, Toronto, TDCAA & CISAA	82,93,96,98,02,04,06, 07,08,17,21,22,23	13
Huron Heights SS, Newmarket, YRAA	05,07,12,13,15,16,17, 19,21,22,23	11
W F Herman SS, Windsor, SWOSSAA	00,08,10,12,13,14,15, 16,18,23	10
Crestwood SS, Peterborough, COSSA	03,04,07,08,09,10,11, 13,16	9
Nelson HS, Burlington, GHAC	97,99,02,05,11,16,19	7
St Thomas More CSS, Hamilton, GHAC	06,07,16,17,18,19,21	7
Richview CI, Toronto, TDSSAA	91,01,13,14,17,23	6
Holy Trinity CSS, Courtice, LOSSA	10,14,17,18,22,23	6
Lakeshore Catholic HS, Port Colborne,	03,06,08,09,10,12	6

SOSSA

Sir James Dunn CVS/Superior Heights CVS, Sault Ste Marie, NOSSA	09,10,11,14,15,16	6
Assumption College School, Brantford, CWOSSA	10,12,13,14,19,23	6
St Joan of Arc CHS, Barrie, GBSSA	12,13,14,15,18,19	6
Lorne Park SS, Mississauga, ROPSSAA	00,13,14,17,18	5
A N Myer SS, Niagara Falls, SOSSA	14,15,16,22,23	5
Catholic Central HS, London, WOSSAA	00,04,05,15,18	5
St Mary's College, Sault Ste Marie, NOSSA	06,07,08,12,23	5
St Ignatius HS, Thunder Bay, NWOSSAA	14,15,16,18,21	5

**Most games won (minimum of 4)**

<b>School, City/Town, Association</b>	<b>Games won (see glossary at bottom)</b>	<b>#</b>
Frontenac SS, Kingston, EOSSAA	01 NC,02 NC,07 NC,08 NC,11 NC 14 Mac, 21 EB, 22 EB, 23 NC	10
St Michaels College, Toronto, TDCAA & CISAA	82 MB,98 MB,02 MB, 04 MB, 06 MB, 07 MB,08 MB,17 IB	8
W F Herman SS, Windsor, SWOSSAA	00 WB,10 WB,12 WB,13 Cen,14 Mac, 15 NC,16 WB,23 IB	8
Huron Heights SS, Newmarket, YRAA	12 MB,13 Cen,15 SB,17 SB,19 WB, 21 IB, 23 GB	7
Nelson HS, Burlington, GHAC	97 MB,99 MB,05 GB,11 GB,16 GB,19 IB	6
St Thomas More CSS, Hamilton, GHAC	06 GB,07 GB,16 EB, 17 GB,18 WB,19 GB	6
Lorne Park SS, Mississauga, ROPSSAA	00 MB,13 Cen,14 Mac,17 CB,18 GB	5
Richview CI, Toronto, TDSSAA	91 MB,01 MB,13 Cen,17 MB,23 MB	5
Holy Trinity CSS, Courtice, LOSSA	10 MB,14 Mac,17 EB,18 SB,22 SB	5
A N Myer SS, Niagara Falls, SOSSA	14 Mac,15 IB,16 CB,23 CB	4

Korah CVS, Sault Ste Marie, NOSSA	18 NC,19 NB,21 NB,23 NB	4
Crestwood SS, Peterborough, COSSA	04 NC,10 NC,13 Cen,16 NC	4

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|----------------------------|-------------------------------------|
| CB = Central Bowl          | Cen = Centennial Stadium unassigned |
| EB = Eastern Bowl          | GB= Golden Horseshoe Bowl           |
| IB = Independent Bowl      | Mac = McMaster Ron Joyce unassigned |
| MB = Metro Bowl            | NB = Northern Bowl                  |
| NC = National Capital Bowl | SB = Simcoe Bowl                    |
| WB = Western Bowl          |                                     |

If you feel there is an error, please contact John Metcalfe at [jdmzeus@gmail.com](mailto:jdmzeus@gmail.com) to clarify and/or rectify